# ANTIOCH OURNALL

#### LAKELIFE

Let's

talk toys

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#### WEEKLYJOURNALS.COM

#### LOCAL NEWS

A community partnership will help residents stay warm this winter.

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#### **COMMUNITY NEWS**

District 117 is still on the look for a new business manager.

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#### LAKE COUNTY

Nicasa's chief operating officer reflects on first year.

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#### **SPORTS**

Pageants and even athletics, Warren's Lory Shaw does it all.

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# Holiday treats

Antioch residents get a taste of the holidays at United Methodist Church



Kristen Stahl, 20 months, peeks at the cookies during United Methodist Church's holiday bake sale.

The edition of December 15-21, 2006

Newsstand price 50 cents



No. 42



# Round Lake Area Proposition Park District

# The Nutcracker A dance theatre production

Round Lake High School Theater 800 N. High School Dr.

Friday, Dec. 15 at 7:30 p.m.
Saturday, Dec. 16 at 2 p.m. and 7:30 p.m.
Sunday, Dec. 17 at 2 p.m.

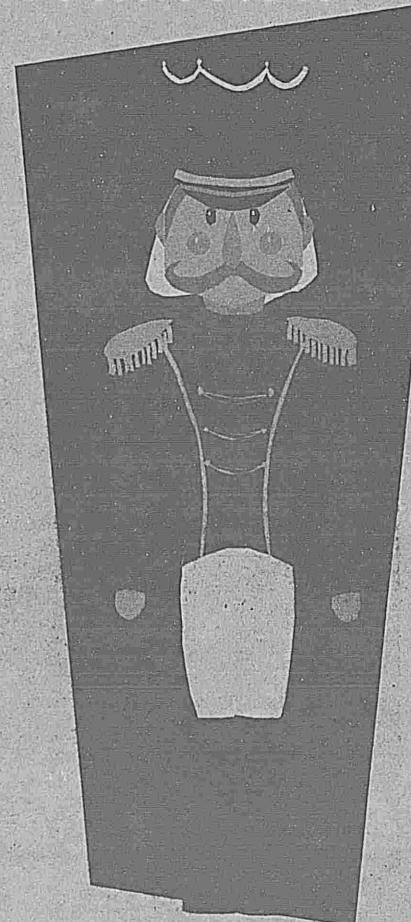
Tickets: \$6 in advance/\$7 at the door

A special gift for Clara from Godfather Drosselmeyer sets off a series of events that take her and her Nutcracker Prince through a dreamland filled with excitement, adventure, enchantment and beauty.

For those who have never experienced the Nutcracker, or for those who see it as an annual tradition, come see this special adaptation of this timeless classic.

Affordable, close and beautifully performed, it's a great way to celebrate the holiday season.

Tickets are on sale now. For more information contact the Round Lake Area Park District.



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LAKE COUNTY

# Agencies help people stay warm during winter

By EMILY PREVITI

epreviti@nwnewsgroup.com

waiting.

of her living room. She has paign. stacked videotapes that contain 16 years' worth of Jerry Springer coordinator Lucy Sanchez said Needy Families, Medicaid and episodes on shelves in her base- Poindexter should get a letter Food Stamp recipients. ment. A spicy scent - "Glade can- informing her of acceptance to dles," she explained on Dec. 11 - LIHEAP any day now. tickles visitors' noses when they enter the house.

The home is Poindexter's first walls of her house. She bought it in July 2005.

for acceptance to Low Income anticipates a six-week wait before Lake County and elsewhere until Energy Home Assistance Pro- she finds out whether she made last year, when her doctor diaggram.

As temperatures drop, applications roll into Department of LIHEAP goes toward the weather- had problems with her eyes and Human Services and Community ization program. Action Partnership agencies throughout the state.

grams, in which clients' homes the cost of changes to improve injury. He awaits the start of dis-

Blagojevich announced that 122 ogy or infrastructure that would Human Services offices would be implemented. ZION - Rebecca Poindexter is also allow people to warm themselves within their doors during Tom Green said the agency dis-Pictures of her dozen brothers business hours. The move is part seminated information about and five children adorn the walls of his Keep Warm Illinois cam- LIHEAP and warming centers

between the doors' edges and the Community Action for assistance

She said she put in a bid for the Last week, she said, she applied weatherization program, too. She worked in various departments in the cut, she said.

About 15 percent of funding for

CAP Director Tom Seno said work. "certified energy experts" do are assessed for energy efficiency. energy efficiency will save more ability benefits.

And, on Dec. 3, Gov. Rod money over the life of the technol-

Human Services spokesperson through foodbanks and mailings Lake County CAP East Lake to Temporary Assistance for

Poindexter, a lifelong resident of Zion, said she found out about Poindexter gestured to gaps LIHEAP when she went to with medical bills.

The former probation officer nosed her as having diabetes.

Ever since, the 55-year-old has feet that have kept her out of

During the same time, her hus-The Human Services Depart- energy audits on applicants' band, Harold, has suffered a major ment and Community Action also homes. They make a heat-loss cal- and two minor heart attacks, a administer weatherization pro- culation that determines whether stroke and a work-related back

#### **Check it out**

Though some states post their applications online, Illinois does not. To apply, make an appointment at a Community Action Partnership office.

· 1200 Glen Flora, Waukegan, (847) 249-4330, 8 a.m. to 4 p.m., Monday through Friday.

 213 W. Water St., Waukegan, (847) 623-1256, 8:30 a.m. to 4 p.m., Monday through Friday

• 1305 N. Fairfield Road, Round Lake Beach, (847) 546-1874, 9 a.m. to 4:30 p.m., Monday through Friday

. For a rush appointment if your power has been shut off, go to icaanet.org/board/lakecounty/

#### Who qualifies?

A single-person household can qualify for the energy assistance program if its monthly income does not surpass \$1,225, a two-person household 3425 W. Belvidere Road, Park up to \$1,650, and a family of

four can earn up to \$2,500.

To prove eligibility, potential clients must a Social Security card, proof of income dated within 30 days of presentation, current utility bill(s), a medical card from Public Aid, and a receipt, lease or housing papers that verify one's address.

#### The bottom line

LIHEAP grants in Lake County averaged \$489 during the last heating season, said Tom Seno, CAP director. He said the federal government made a special allotment of \$1 billion, and \$80 million went to Illinois at the end of February 2006.

#### Where to warm

Homeless people and those who want to cut costs and lower the thermostat in their houses during the day can visit the Lake County office of the Illinois Department of Human Services, 9:30 a.m. to 5 p.m., City, or call (847) 336-5213.



# Classified B5 Flavors C14 Fun & Garnes C15

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─ About us

# **ANTIOCH**

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Chris Krug - Group Editor

LAKE COUNTY

Larry Lough -General Manager and Editor

#### - Factual accuracy Did we get it right?

Accuracy is important to us at the Antioch Journal and we want to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention. Call Larry Lough at 847-223-8161 or e-mail him at llough@nwnewsgroup.com

TOP OF SOMEWAY OF BUTTON

Editor's Choice by Larry Lough

## Leave the U.S., gain some perspective

NASSAU, Bahamas - So, sue me. This is my only vacation this year, so I won't apologize for the 80-degree days on the north shore of Providence Island.

The experience is different, of course, being a foreigner in this area, strong with English and African influence. For starters, they drive on the other side of their narrow roads. Fast.

Although U.S. television is readily available and newspapers in English are easy to find, TV stations in Spanish, French and other languages also are offered here. And the perspective of news reporters and commentators has an entirely different context, their not being

terribly concerned with our American ethnocentrism. They have their own.

The Nassau Guardian is printed on the heaviest, whitest paper you can imagine could possibly come off a newspaper press, and it has U.S. news, but not a lot. Americans are, obviously, not the primary audience.

A downtown trip to the Straw Market, with its dozens and dozens of make-mean-offer merchants, permits a mingling with other tourists, most off the cruise ship of the day making its way through the islands. Let the buyer beware - some of that Coach and Louis Vitton and Dolce stuff is the real thing ... we think. And the

bargains are great.

The rum is cheap, and the rum cake so moist you can almost eat it with a straw. The newspaper staff will get a taste of that next week ... the cake, that is.

Such a trip is good to put life into perspective, to understand that a "world test" (or whatever it was that John Kerry called it) is not a bad factor to consider when U.S. leaders make decisions that affect inhabitants of earth who don't live in the States.

They're people, too. And some of them want to make you a great deal.

Enough. The beach calls. Thanks for reading the Journal.

This Week's Highlights



Sandy Bressner - sbressner@nwnewsgroup.com

TOYS COME TO A **ROADSHOW IN** WAUKEGAN

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**CRIMINAL PAST NOT** TO BE CONSIDERED IN LINDENHURST HOMICIDE PAGE A15

**COUNTY HEALTH DEPARTMENT BUILDS NEW TB CLINIC** 

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**UNIVERSITY CENTER SURVEYS COLLEGE OF LAKE COUNTY STUDENTS** PAGE A17

**HOT HOLIDAY GIFT IDEAS** 



PAGE C7



'Serving our communities to make them better places to live"

distribution for the confidence of the confidenc

# COMMUNIT

**Quote of the Week** 

"We're a community bank, and it affects us. We really would like to help." -Karen Kubin, marketing officer for First National Bank Employee Owned in Antioch, on the Fund for Mary Hutchison (see story on A6)

Page A5 LAKE COUNTY JOURNALS Friday, December 15, 2006

WAUKEGAN

# Area felines get a second chance

Organization works to help stray cats

By TARA CLIFTON

tclifton@nwnewsgroup.com

WAUKEGAN - In a back room of the Waukegan Pet Clinic, about eight cats slept on tiny heating pads shaped like little sleeping bags.

The cats, however, weren't exactly sleeping. They were resting from surgery and slow- A stray cat undergoes surgery ly coming out of the fogginess of anesthesia. A volunteer gently stroked each feline and made sure they stayed warm.

Last weekend, Spay and Stay, an organization that works to reduce the feral cat population in Lake County, hosted a Spay Day.

Once a month cats are brought into the Waukegan Pet Clinic to be sterilized, vaccinated, and treated for ear mites and other maladies. They also are implanted with microchips that identify them as Spay and Stay cats in case they wind up in other shelters.

The goal is to stop the cats from breeding to reduce the number of the animals that roam the streets, executive patches. director Sandra Kooper said. alive.

Since Spay and Stay was many people think. formed in 2002, more than 1,681 feral and stray cats have been food and warmth, like a home- become house cats, Cassidy Stay comes in. sterilized, according to the owner who becomes a caretak- said. group's Web site.

Kooper said the trap,



Chris Padgett - cpadgett@nwnewsgroup.com during the Waukegan Pet Clinic's Spay Day, which helped spay stray cats rather than the trap and kill method.

that the group uses not only saves lives but works better than the trap and kill method of animal control.

"They will over-breed to fill the void," made from cats who were euthanized, Kooper said.

And last Sunday, Dec. 10, 38 felines went through the uncomfortable but potentially life-saving process of being spayed and neutered.

Most of them were clean including a tiny four-month-old named Jackie, who sported a white, long coat with gray

Cassidy, Deborah And this way the cats are kept Ingleside, said most feral cats don't have the rough lives that

Often, they find a source of er, Cassidy said.



Chris Padgett - cpadgett@nwnewsgroup.com

Stray cats are passed along from one station to the next during Spay Day at the Waukegan Pet Clinic, 2111 N. Lewis Ave..

ing them.

"Even when you spend a lot caked with dried blood. of time getting them re-accusas she brushed the fur of a gray knocked out right now." cat. "And there are lots of danning into vehicles or natural spayed a tabby cat. predators.

cats become calmer without as through their bodies, Cassidy people keep dumping them." said. Some, especially the good house pet.

been abused too much or have animals. spent too long on their own to

neuter/spay, release method releases the cats back to its be a prime example of this. His sible."

caretakers rather than relocat- white and gray fur was matted and dirty, and his claws were

"This guy's a fighter," said a tomed to their new place, they veterinarian as she prepared tend to go home," Cassidy said him for surgery. "I'm glad he's

At the same time in another gers in the way," such as run- room, Dr. Laurie S. Swanson

"There is always going to be After being sterilized, most an unending cat population," she said as she stitched up the many hormones rushing female's abdomen, "because

For example, Swanson menof younger cats, can become a tioned apartment dwellers who leave their cats when they find However, some cats have out the landlord doesn't allow

And that's where Spay and

"[Volunteers] have taken it One large male who was upon themselves to make sure That's why Spay and Stay neutered that day turned out to these cats have the best life posOur Town

### Structural eye opener

The Antioch Public Library District invites the public to immerse themselves in the world of art and architecture.

At 6 p.m. on Tuesday, Dec. 19, at the library, 757 Main St., architect Frederick Schuster will discuss and display examples of public buildings and art.

Also, the library will display Illinois Libraries' collection of photographs featuring art and



Tara Clifton

architecture. This is a collection that travels to libraries across the country.

Want more information, art buffs? Call Kathy LaBuda at (847) 395-0874 ext. 224.

The Village of Antioch and the Antioch UPS Store are helping the United States Marines with its annual Toys for Tots program.

Now through Dec. 23, customers at the UPS store can buy donation cards for \$1 each or drop off a new toy. The Antioch UPS Store is located on Route 173 near Deep Lake Road. Call (847) 395-4545 for more informa-

The village also is helping out by setting up a donation bin at the Village Hall, 874 Main St. Only new and unused toys will be accepted. Call the village at (847) 395-1000 for more informa-

Also, don't forget to help those overseas. The Antioch Veterans of Foreign Wars is asking students and residents to send Christmas cards and letters to military personnel serving overseas. Many of these will be sent to troops in Iraq and Afghanistan. For more information, call the VFW at (847) 395-5393.

 If you have interesting information or anecdotes to submit for "Our Town," e-mail Tara Clifton at tclifton@nwnewsgroup.com

# Antioch resident, auctioneer passes away

was known across the country as an auc- in 1991, angioplasty in 1997 and 2002, a tioneer, died in late November.

Behm, of 39936 Crabapple Drive in Antioch, was transported from Condell years, Edna, two daughters Connie Harris he conducted thousands of farm auctions Medical Center in Libertyville to Victory and Kay Meisinger, four grandchildren, in Illinois and Wisconsin. Lakes Continuing Care Center in and seven great grandchildren. Lindenhurst for heart failure on Nov. 17.

Department reports, health care workers was 15 he started a milk route in tried to revive him until they received a Do Not Resuscitate order, which was in Behm Milk Services. He later sold his through auctions. accordance with Behm's wishes.

ANTIOCH - Herman J. Behm, 88, who heart problems, including bypass surgery Company. pacemaker, diabetes, and vascular disease.

Behm is survived by his wife of 66

According to Lindenhurst Police large farm in Freemont Center. When he dise. In later years he was made an honor-Grayslake that eventually grew to become business to the Pure Milk Association, The reports detail Behm's history of and managed the company's Trucking more than 10,000 auctions.

In 1948 Behm graduated from the Reich College of Auctioneering in Iowa, and then started making a name for himself as

He started the Antioch Auction Center Behm was born on March 26, 1918, on a in 1952, which sold livestock and merchanable member of the Antioch Rescue Squad for the money he raised for the group

Throughout his life, Behm conducted

# Residents, law enforcement work together

#### County firearms collection program successful

By JESSICA JACOBSEN jjacobsen@nwnewsgroup.com

WAUKEGAN - The magic number this year was 227. That number represents how many firearms were collected during the 2006 Lake County gun buy back program.

It was the fifth year for the program, which was highly praised by those involved.

Lake County Sheriff Mark Curran said the success of the program and the efforts of participants were evident.

That evidence was on display Dec. 11 at the Lake County Sheriff's Office. In the Lake County Sheriff's office. the training room, tables were covered with numerous types of guns that had Dec. 9.

"It's important to emphasize that this executive director." is not directed toward anybody's right to bear arms, but it is unwanted guns," Curran said. "[And] we are getting Group, the Lake County Chief of Police unwanted guns off the street."

back, while receiving manpower contri- County residents. bution from other municipalities and



Annie Christie - achristie@nwnewsgroup.com

A total of 227 guns were collected during the Lake County gun buy back program.

The top two collectors for the program were the Lake Zurich and Gurnee been collected during the buy back on police departments, according to Andy Anderson, Lake County Crime Stoppers

> Anderson praised the efforts of the Lake County Metropolitan Enforcement

"They [residents] worked with the



Annie Christie - achristie@nwnewsgroup.com

Lake County Sheriff Mark Curran discusses the results of the Lake County gun buy back program. The Lake County Sheriff's Department, the Lake County Crime Stoppers, the Lake County Chiefs of Police Association and the Lake County Metropolitan Enforcement Group participated in collecting guns at various police departments last weekend.

police and got a little something back," will not be kept, saved, sold [or] given Anderson said.

certificate to a Lake County food or destroyed." department store.

destruction of the guns.

away," Anderson said. " They will all be That little something was a \$50 gift taken to a disposal site and totally

A committee, comprised of Anderson The guns collected, Anderson said, and the chiefs of police from the eight Association, the Sheriff's office, the local will be given to the Northern Illinois collection agencies, will meet at the Eight municipalities hosted the buy law enforcement agencies and Lake Police Crime Lab, which will handle the beginning of next year to determine whether there will be a 2007 Lake County "Every weapon you see here today gun buy back program.

# Bank sets up fund for homicide victim's family

By TARA CLIFTON

tclifton@nwnewsgroup.com

bank is stepping forward to Lindenhurst Police Chief Jack help a family during a tragic McKeever.

National Nov. 27, at the Lindenhurst without bond. Burger King located at Munn Road and Grand Avenue.

Around 5:15 a.m. a day-shift employee arrived to find the store manager lying in a blood-ANTIOCH - An Antioch ied interior office, said

Police charged James "Jim" Bank Ealy, 42, 102 N. Milwaukee Ave., Employee Owned, located at Lake Villa, with first degree 485 Lake St., has set up the homicide in connection with Fund for Mary Hutchison, who Hutchison's death. He is being was found dead on Monday, held in the Lake County Jail

Also, throughout the rest of

Want to help?

Send checks or deposit in person to the Fund for Mary Hutchison at First National Bank Employee Owned, 485 Lake St. The bank can be reached at (847) 838-2265.

will have Casual Because We ed on Route 173. Care days, which allows them to dress casually in exchange ferred to the Lindenhurst for a donation to the fund.

this month, bank employees send donations at any time to restaurant.

the bank.

The fund was established by reached for comment. Tammy Schuster, Burger a friend of Mary.

Karen Kubin, marketing

In February, Mary trans- were chosen for December.

Schuster could not be

Right now, Kubin said the King's corporate manager and bank's Hutchison fund has just more than \$200.

The bank host Casual officer for the bank, said Because We Care days every Schuster worked with Mary at month, choosing a different the Antioch Burger King locat- charity to help each time, Kubin said. The Hutchisons

"We're a community bank, Burger King shortly after an and it affects us," Kubin said of Residents are invited to armed robbery at the Antioch the tragedy. "We really would like to help."

#### Police Beat

People named here have only been charged with these crimes, not convicted. Information in Police Beat comes from local police records.

ANTIOCH Revoked driver's license

Kevin P. Bryant, 39, 100 block of East Shorewood Drive, Round Lake, driving with a revoked driver's license, failure to signal, Dec. 2.

#### DUI

Christine N. Erickson, 38, 26000 block of 106th Street, Trevor, Wis., driving under the influence, improper lane use, Dec. 5.

#### **Disorderly conduct**

Michael B. Johnson, 22, 300 block of Holly Hill Road, Twin Lakes, Wis., disorderly conduct, Dec. 9.

Timothy B. Johnson, 23, 300 block of Holly Hill Road, Twin Lakes, Wis., disorderly conduct, Dec. 9...

#### **Suspended license**

LAME FLORE

Steven P. Dragin, 44, 40000 block of Trinity Terrace, Antioch, driving with a suspended driver's license, speeding, Dec. 3.

#### LAKE VILLA No valid driver's license

Julie A. Ellinger, 20, 1003 Alma Court, Round Lake, driving without a valid driver's license, Dec. 7.

#### **Domestic battery**

Patrick S. Troy, 41, 1310 Benton Road, Lake Villa, domestic battery, Dec. 5.

#### DUI

Darryl F. Campbell, 61, 23512 Townline Road, Lake Villa, driving under the influence, improper lane use, Dec. 5.

Romaine Rivas, 38, 35103 Augustana, Ingleside, driving under the influence, improper display of registration, driving without registration, driving an uninsured vehicle, improper lane use, Dec. 2.

Isabella G. Espino, 39, 25701 W. Hermann Ave., Antioch, DUI, driving with a suspended driver's license, improper lane use, Nov. 25.

#### **Possession**

Ruben Estrada, 23, 1614 North Ave., Round Lake Beach, possession of marijuana, improper lane use, Dec. 4.

#### **Public intoxication**

Stanko S. Manojlovich, 42, 709 Waters Edge Drive, Lake Villa, intoxicated pedestrian, Nov. 30. A STATE OF THE PROPERTY OF THE

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Twin SET \$549 • Full SET \$749 King SET \$1149

Posturepedic Sutton Place Cushion Firm or Plush

QUEEN SET Twin SET \$899 • Full SET \$1099 King SET \$1599

**Backsaver Novak Cushlon Firm** 

QUEEN SET Twin SET \$299 • Full SET \$449 King SET \$699

Posturepedic **Translucent Cushlon Firm** 

QUEEN SET

Twin SET \$649 • Full SET \$799 King SET \$1199

Posturepedie Sutton Place Pillowtop

QUEEN SET Twin SET \$999 . Full SET \$1199 King SET \$1699

**Backsaver Plush or Firm** 

QUEEN SET

Twin SET \$349 . Full SET \$549 King SET \$799

Posturepedic Maybank Pillowtop

QUEEN SET Twin SET \$649 • Full SET \$799 King SET \$1249

Posturepedic Deep River Plush

QUEEN SET Twin SET \$1199 • Full SET \$1399 King SET \$1899

**Grandiose Pillowtop** 

QUEEN SET Twin SET \$449 • Full SET \$649 King SET \$999

Posturepedic Translucent Pillowtop

Twin SET \$699 • Full SET \$899 King SET \$1299

Posturepedie Deep River Euro Pillowtop

QUEEN SET Twin SET \$1299 . Full SET \$1499 King SET \$1999

Posturepedic Notable Firm

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#### - Neighbors



John Miller of Lake Villa

Occupation: Software engineer

Community involvement: Knights of Columbus, Saint Bede Church

> I'm originally from: Rensselaer, Ind.

I graduated from: Illinois Institute of Technology

My family consists of: Wife Linda, daughter Kristina

What I like best about my neighborhood:

Quite good neighbors

Favorite TV programs: "Dirty Jobs," "This Old House" and "American Chopper"

Favorite movie is: James Bond series, Star Wars

> Favorite restaurant: Whistle Stop

Favorite music: Toby Keith, Garth Brooks, Styx

Wy dream job would be: Farming

If you have a "Neighbor" whom we should profile in this column, call the Lake County Journals at (847) 223-8161 or e-mail antioch@weeklyjournals.com.'

# D-117 looking for new administrator

By TARA CLIFTON

tclifton@nwnewsgroup.com

ANTIOCH – School District process is 117 is still on the hunt for a new left to Ray business manager. a n d

Officials hired Iowa-based Associates, Ray and Associates for \$8,500 to and then the find a replacement for Bill company Ahlers, who has been with the district for 13 years.

Associates, and then the gives school officials the

Ahlers is retiring at the end top three or of the school year. four candi-

Superintendent Jay dates to interview.

Sabatino
said that the
search
process is
left to Ray
a n d
Associates,
and then the
company
gives school
officials the
top three or
four candidates to interv



Bill Ahlers District 117 business manager

Sabatino said he hopes a business manager is found by January so the new hire has time to adjust.

Ahlers, who lives in Spring Grove, said he and his wife plan on moving to St. Louis, where they have family.

"I'm going to do nothing," Ahlers said. "Do you realize how hard that actually is to do?"

In between doing nothing, that he is a Cardina Ahlers said he and his wife will could never seem to be volunteer for various charities, of that terrible habit."

Sabatino said he hopes a travel, and spend time with relsiness manager is found by atives.

. Ahlers has a 20-year career in education, and said he is ready to slow his pace a bit.

"It's just that time," he said. Sabatino said he has enjoyed working with Ahlers.

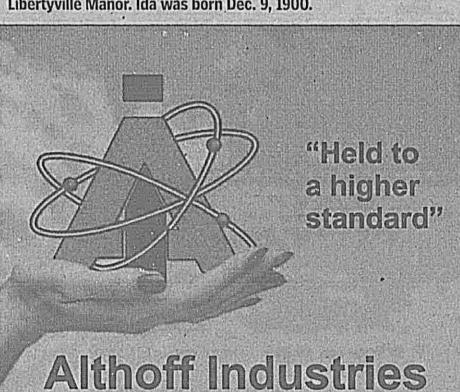
"He is competent, honest, and witty," Sabatino said. "The one thing I have against him is that he is a Cardinals fan. I could never seem to break him of that terrible habit."

#### Aging beauty



Sandy Bressner - sbressner@nwnewsgroup.com

Ida Kufalk, who lived most of her life in Antioch, visits with Janne Topcik of Zion during a celebration for her 106th birthday at Libertyville Manor. Ida was born Dec. 9, 1900.



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#### School notes

SCHOOL DISTRICT 24

Millburn seeks support

Millburn District 24 asks that the
community support its 7th Annual
March Madness Dinner/Auction
Benefit. This event raises funds to
support the district's Cultural and
Fine Arts, Curriculum Enrichment,
Scholarship and Wellness programs. This year's event will take
place on March 10, 2007 at
Midlane Country Club, 18550
Millburn Road, in Wadsworth. Last
year's auction raised \$65,000.

Donations of merchandise, services, event tickets, dinner gift certificates, cash, etc., are greatly appreciated. The auction bid book will acknowledge donors. For information, call Therese Schmidt at (847) 356-5723.

#### SCHOOL DISTRICT 34

#### School board elections

Nominating petition forms are now available at the district office, 800 N. Main St., in Antioch. Four seats on the seven-member board of education are up for re-election on April 17. The terms last four years.

The forms can be picked up from 7:30 a.m. to 4 p.m. on weekdays. Call the district at (847) 838-8400

for more information.

#### SCHOOL DISTRICT 41

#### Toy drive

Martin School is having a toy drive for needy families. New, unused, and unwrapped toys can be donated to the school, 24750 W. Dering Lane in Lake Villa, until Dec. 18. The goal is to collect 200 gifts that will be distributed throughout the area.

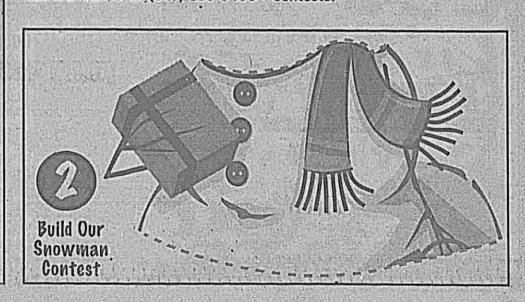
#### **Getting involved**

Hooper School has created a student group, Students Arranging Volunteer Efforts (SAVE).

The group is to teach sixth graders leadership and the value of community service. Teachers have nominated two students for each class to serve on the group, which meets with the principal once a month during lunch and recess to plan service projects. Stay tuned for upcoming events.

#### **Busy bees needed**

Hooper School will host its annual spelling bee for 4th- to 6th-grade students on Jan. 23. Parents are asked to help their kids study spelling in preparation for classroom and school-wide contests.





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whether comments of the state

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#### ANTIOCH

- Antioch Village Board regular meeting. 7:30 p.m., third Mondays. Village Hall, 874 Main St.
- Village of Antioch Park Board meeting. 7 p.m., third Wednesdays. Municipal Building, 874 Main St. For more information, call (847) 395-1000.
- Antioch Community High School Board meeting, 7:30 p.m., third Thursdays.
- · Bingo. 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.
- Bingo. 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.
- Pinochle. 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.
- Lake County Community **Health Partnership Immunization** Clinic. 4-6 p.m., third Wednesdays. VFW Post 4551, 75 North Ave. Call (847) 377-8470 for details.
- Take Off Pounds Sensibly meeting. 6:30 p.m., Wednesdays, weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy Stark at (847) 395-7407 or Betty Muller at (847) 838-3907 for more information.
- Kiwanis Club of Antioch meeting. Noon, Tuesdays. Bacchus Restaurant. The public is welcome to join and share experience, knowledge and service project ideas. Call Melissa at (847) 489-8044 or e-mail at mjrigoni@hotmail.com for more information.
- The Antioch Township Republican Club meeting, 7 p.m., third Wednesdays, Antioch Township offices. Call Brent Bluthardt at (847) 838-0212 for more information.
- Antioch Coin Club meeting. 7:30 p.m., third Mondays. Antioch Library, 757 Main St. Open to the public. Call JoAnne at (847) 395-4738 for more information.
- Lake County Spinner's Guild meeting. 10 a.m., third Thursdays. Call Chris at (847) 840-6464 for
- Lakes Area Community Band rehearsal. 7-9 p.m., Mondays. Antioch Community High School band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.
- Open gym. 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

#### BARRINGTON

 Grandparents Who Are Raising Their Grandchildren support group meeting. 10-11:30 a.m., Thursdays, Call Stephanie Loda at (847) 432-4981 for details.

#### CRYSTAL LAKE

 Crystal Lake Toastmasters Club meeting. 8-10 a.m., first and third Saturdays at Amcore Bank Building, Rt. 14 and Pingree Rd. Develop your presentation and leadership skills. For information, call Steve at (847) 526-1525 or visit http://user.mc.net/-toast1.

#### FOX LAKE

- Bingo. 6:45 p.m.; Thursdays. American Legion Auxiliary Post 703, 703 N. Rt. 12. Call (847) 587-2323 for information.
- Bingo. 7 p.m., Saturdays. Fox Lake Volunteer Fire Department, 114 Washington St.
- · Take Off Pounds Sensibly support group meeting. 6:15 p.m., Tuesdays. Fox Lake Community Center, South St. Call Jan at (847) 587-2727 for information.
- Lakeland Cardinals Coach and Football/Cheerleading Parents meeting. 7:30 p.m., third Wednesdays at Harris Bank, 1310 Rt. 12. For more information, call Dennis Whiton at (847) 587-0070 or visit www.lakelandcardinals.com.

#### GURNEE

- Network Lake County meeting. 8-9 a.m., Thursdays. A business networking group meeting in Gurnee. Call Boyce Buckner at (847) 838-0058 to learn more.
- Lake County Chamber of Commerce networkers group meeting. 7:30 a.m., first and third Fridays. In-Laws Restaurant, 720 N. Milwaukee Ave. Call (847) 249-3800 for information.
- LeTip Networking Group meeting. 7:01-8:31 a.m., Wednesdays. Panera Bread, 6557 Grand Ave. Local business owners promote their businesses and exchange leads. Guests are free. For more information, call Dennis Dean at (847) 587-0544 or mail P.O. Box 224, (847) 231-3009.
- a Blago. 7 p.m., Saturdays. American Legion Hall, 749 Milwaukee
- · Gurnee Jaycees, Gurnee/Lindenhurst chapter, meeting. 7:30 p.m., third Wednesdays. In-Laws Restaurant, 720 N. Milwaukee Ave. Visit www.gurneejaycees.org or write to Jaycees, P.O. Box 465, Gurnee, IL 60031 for more details.
- Daniel Wright Toastmasters Club meeting. 7-9 p.m., first and third Tuesdays. In-Laws Restaurant, 720 Milwaukee Ave. Members meet to come. Call any of these group leaddevelop communication and leadership skills. For more information, call Sam Valenti at (847) 722-2828, or visit http://danielwright.freetoasthost.org.
- Viking Park Singers rehearsals. 7:30-9:30 p.m., Tuesdays, Viking Park Dance Hall.

Interested singers are welcome.

 MOMS Club of West Gurnee (west of Hunt Club Rd.) meeting. 9:45 a.m., third Wednesdays. Warren-Newport Public Library, 224 N. O'Plaine Rd. Covering west of Hunt Club Rd. Call Jen at (847) 231-4130 for details.

**AROUND TOWN** 

- MOMS Club of East Gumee (east of Hunt Club Rd.) meeting. 10 a.m., third Tuesdays. Warren-Newport Public Library, 224 N. O'Plaine Rd. Call Carly at (847) 830-3994 for details.
- Singles (ages 55+) Breakfast Group meeting. 8:30 a.m., Saturdays. In-Laws Restaurant, 720 Milwaukee Ave. Call Chuck at (847) 362-5458 for details.
- Heather Ridge Conservation Club meeting, 7:30 p.m., third Thursdays. Heather Ridge Community Center.
- Gurnee Garden Club meeting. 7 p.m., third Thursdays. Viking Park, 4374 Old Grand Ave. Guests welcome. Call Hilde at (847) 549-0853 for details.
- Lake County Gem and Mineral Society meeting. 7 p.m., third Tuesdays. Warren-Newport Public Library, 224 N. O'Plaine Rd. For more information, call Rachel Schreiner at. (847) 973-1808.

#### INGLESIDE

- Grant Township Board meeting. 7 p.m., first and third Tuesdays. Administration Center, 26725 W. Molidor Rd. Call (847) 740-2233 to learn more.
- Fox Lake/Round Lake Area Rotary meeting. Noon, Fridays at Za Za's, 69 Washington.
- Grant Hall Museum. 1-4 p.m., Sundays. Fox Lake-Grant Township Area Historical Society, 411 Washington St. Admission free, donations accepted. For information, call Ingleside, IL 60041.

#### LAKE VILLA

- Weigh to Win meeting. 7-8 p.m., Tuesdays. Calvary Christian Center, Monaville Rd. Call (847) 356-6181 to learn more.
- La Leche League of Central Lake County meeting. 10 a.m., third Wednesdays. Lake Villa United Methodist Church on Sherwood. No fee or registration required to attend. La Leche League is dedicated to support for women who choose breastfeeding. Children of all ages are welers: Karen (847) 918-1257, Valerie (847) 838-0581 or Chris (847) 367-2536.
- Lake Villa Take Off Pounds Sensibly meeting, 5:30 p.m., Wednesdays. Church of the Holy Family, 25291 W. Lehman. Call Cathy

at (847) 587-7710 or Debbie at (847) 687-5531 for details.

- Chain O'Lakes Model A Ford Club meeting. 7:30 p.m., third Tuesdays. Lake Villa City Park, Fairfield and Grand Avenue.
- MOMS Club of Lake Villa/Lindenhurst meeting. 9:30 a.m., Mondays. Lake Villa District Library, 1001 Grand Ave. Children welcome. For more information, call Erin Bearss at (847) 546-1545.

#### LIBERTYVILLE

 Food Drive. Through Wednesday, Dec. 20. Pets General Store, 432 Peterson Rd. Pets General Store and House of Hope will accept donations of nonperishable food items. For more information, call (847) 249-5630.

#### LINDENHURST

- Lindenhurst Planning Commission meeting, 7:30 p.m., first and third Wednesdays. Village Hall. Call (847) 356-8252 to learn more.
- Free blood pressure screening. 8 a.m.-noon, Mondays. Victory Lakes Continued Care Center, Call (847) 356-5900 to learn more.
- Alzheimer's support group meeting. 4 p.m., third Wednesdays. Victory Lakes Continuing Care Center, 1055 E. Grand Ave. Call (847) 356-5900 to learn more.
- Lindenhurst/Lakes Area Kiwanis Club meeting. 7:30-8:30 a.m., first and third Thursdays. Victory Lakes Continuing Care Center. For information, call (847) 356-7912.

#### MCHENRY

 Tourette Syndreme Assn. of Illinois support group meeting. 7-8:30 p.m., third Fridays. Elm Street Place Office Complex, lower level meeting room, 5400 W. Elm St. For additional information, call (815) 675-0436.

#### MHIBURN

- Northern Lake County Illinois **Compassionate Friends Chapter** meeting. 7:30 p.m., Thursday, Dec. 21. Millburn Church, Grass Lake Rd. and Rt. 45. The mission of TCF is to assist families by providing support following the death of a child at any age. For more information, call (847) 395-8597 or (847) 838-0912, or visit www.iltcf.org.
- Lake County Doll Collectors meeting. 1 p.m., third Saturdays. Millburn Congregational Church, Rt. 45 and Grass Lake Rd. Call (847) 623-2072 for details.

#### ROUND LAKE

 Round Lake Village Board meeting. 7 p.m., Monday, Dec. 18. 442 N. Cedar Lake Rd. For more infor-

mation, call (847) 546-5400.

- District 116 Board of Education meeting. 7 p.m., first and third Thursdays. Round Lake High School Library Media Center, 800 High School Dr. For more information, call (847) 270-9000.
- Bingo. 6:30 p.m. Saturdays. St. Joseph's, Lincoln Ave. Doors open at 3:45 p.m.
- Knights of Columbus Bingo. 3 p.m., Sundays. St. Joseph's Church, 114 N. Lincoln, Round Lake.
- A Safe Place support group meeting. Wednesdays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to asafeplaceforhelp.org for more information.
- Big Brothers, Big Sisters meeting. 6:30-8 p.m., Mondays. Calvary Presbyterian Church, 510 Cedar Lake Rd. Call (847) 360-0770 for information.
- Round Lake Alano Club dances. Fridays. Call (847) 223-9706 for location.
- Saturday Night Drop-In. 5-7 p.m. for middle schoolers; 7:30-9:30 p.m. for high schoolers. Round Lake Area Park District Teen Center. Call (847) 546-8558 to learn more.

#### **ROUND LAKE BEACH**

 Take Off Pounds Sensibly 892 meeting. 6 p.m., Thursdays. Condell Acute Care Center, 2 E. Rollins Rd. Call (847) 587-8091 or (847) 587-7124 to learn more.

#### ROUND LAKE HEIGHTS

 Round Lake Area Community Band rehearsal. 7-9 p.m., Tuesdays. Indian Hill School, 1920 N. Lotus Dr. New musicians and all instruments are always welcome. Call Christi at (847) 546-8558, ext. 422, to learn

#### SPRING GROVE

 Spring Grove Village Board meeting. 6 p.m., first and third Tuesdays. Council Chambers at the Municipal Centre, 7401 Meyer Rd. For more information, call (815) 675-2121.

#### BURLINGTON, WIS.

- Burlington Genealogical Society meeting. 7 p.m., third Wednesdays, Burlington Public Library, Pine and Jefferson St. Call Marion at (414) 763-6981 or Merilyn at (414) 728-2225 to learn more.
- · To submit an item to the Calendar, e-mail to wjcalendar@weeklyjournals.com, phone (847) 223-8161 or fax (847) 223-8810 at least 14 days before the event.

# LAKE COUNTY

Other sections

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Sports ...... A24

Page A11 LAKE COUNTY JOURNALS Friday, December 15, 2006

**ROUND LAKE** 

# Years to remember

Nicasa operating officer reflects on new job, looks toward center's 40th year

> By HELEN MANSFIELD hmansfield@nwnewsgroup.com

ROUND LAKE - Even though he has spent more than 20 years in law enforcement, Bruce Johnson doesn't appear to be worse for the wear. His closely cropped salt and pepper hair gives him an air of maturity and experience. But he has a young, freckled face, with bright eyes, indicating he loves what he does for a living.

After 11 years with the Round Lake Park/Hainesville Police Department, Johnson left his position as chief, a little more than a year ago, to become the chief operating officer for Nicasa. The alcohol and substance abuse prevention and treatment center, located near the intersections of Routes 120 and 12 in Round Lake, is going into its 40th year of operation.

Throughout the years, his local law enforcement position put Johnson in contact with a number of Nicasa employees and their programs.

"I had always been impressed with their staff," Johnson said.

Judy Fried, who was Nicasa's previous COO, said when dealing with young people, it is important to find his or her "passions." Once a person's passions were identified, it is important to find a way to develop them.

Because Johnson worked in the forensic science and investigative fields, Fried thought he'd

"I developed an eight-week curriculum for kids who need additional attention," he said.

Johnson gave was on fingerprinting. He put together a fingerprint kit with powder and showed his students how to take fingerprints and how to recreate latent prints, and to

lift them with fingerprint tape.

"Many would have never considered a career

Johnson in to her office; he assumed she wanted him to do the program again.

See NICASA, page A17



Bruce Johnson Nicasa chief operating officer

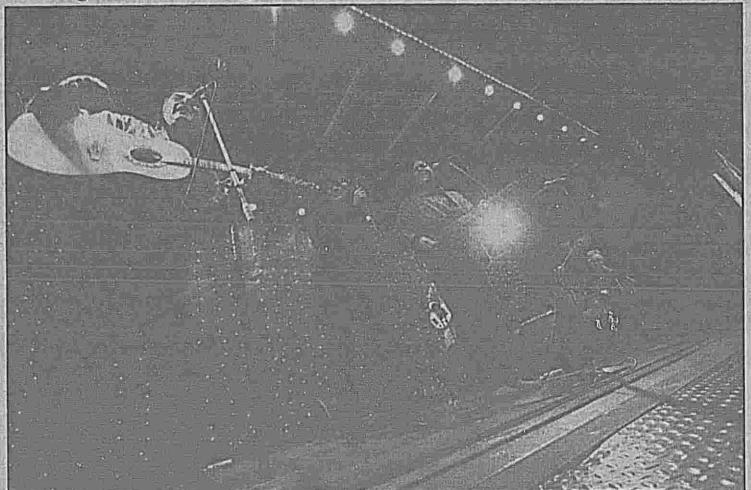
be a natural to teach Round Lake High School young people the importance of studying science and technology.

One of the first lectures

in CSI or science," he said After the program was finished, Fried called

"She asked me if I wanted to take the greatest job ever — her's," Johnson said.

#### Raising more than high notes



Chris Padgett - cpadgett@nwnewsgroup.com

The Canadian Pacific Holiday Train stops in Gurnee during its cross-country trip. Also known as "North America's largest rolling fundraiser," the train will stop in more than 100 cities and villages in the U.S. and Canada from Dec. 1 to 19. During the trip, money will be raised and food will be collected for North American food banks, including the Northern Illinois Food Bank, which has a site in Park City.

#### WAUKEGAN

### Criminal past will not be considered in Lindenhurst homicide

Recent events become main focus for local authorities, prosecutor

By TARA CLIFTON tclifton@nwnewsgroup.com

WAUKEGAN - James "Jim" Ealy's violent criminal past will be overlooked during upcoming trial, Prosecutor Jeffrey J. Pavletic said.

"Right now we're focusing on the facts that apply specifically to what happened in Lindenhurst," Pavletic said on Dec. 6.

Ealy, 42, 102 N. Milwaukee Ave. Apt. C12 in Lake Villa, is being held in the Lake County Jail without bond on a first degree homicide charge in connection with the death of Mary Hutchison.

A Burger King store manager, Hutchison was found dead early Nov. 27, at the fast food restaurant, located at Munn Road and Route 132 in Lindenhurst.

Around 5:15 a.m. that day, a day-shift employee arrived to find Hutchison in an interior office, said Lindenhurst Chief of Police Jack McKeever.

During Ealy's status hearing Dec. 6, Judge Valerie Bottle-Ceckowski gave Ealy's family exactly one more week to gather money to hire an attorney for Ealy.

"My family is working on it," Ealy told the judge. "I feel I'm in particular jeopardy right now."

As of Dec. 12 (pending Ealy's ability to find a lawyer by Wednesday, Dec. 13, his most recent status hearing) Bottle-Ceckowski will assign him a public defender.

Police arrested the 6-foot-2, 220-pound Ealy on Dec. 1, in connection with the killing of Mary Hutchison, a resident of Trevor, Wis.

County State's Lake Attorney



James Ealy

Mike Waller s a i d Hutchison been had strangled and stabbed, with the of cause death being strangulation.

McKeever said police suspect the alleged homicide took place between 4 and 5:15 a.m. on Nov. 27.

Hutchison was at the Burger King to conduct a weekly inventory, he said. Waller said that Ealy was low on cash, and saw Hutchison's car in the parking lot. He then followed her in.



Right now we're focusing on the fact that apply specifically to what happened in Lindenhurst.

> Jeffrey J. Pavletic Prosecutor

Authorities aren't sure yet why the robbery ended in Huthison's death.

Ealy once worked at the same Lindenhurst Burger King that Hutchison did, McKeever said, quitting about a month ago.

This is not the only time Ealy has been arrested for violent crimes.

See HOMICIDE, page A16

# Health department constructs new clinic

#### Medical Building Campus to be home for TB clinic

LAKE COUNTY JOURNALS

The Lake County Health Department/Community Health Center has begun construction on a new Tuberculosis (TB) Clinic, which will be lothe Health on Department's Belvidere Medical Building Campus in Waukegan.

The new clinic is scheduled to open in the spring. Construction of a new clinic was decided upon following a study, which demonstrated that renovating the current building would not be cost effective.

"The Health Department strives to provide excellent care timal care and services. The old dress at 2415 Dodge Ave. for our clients," said Dale written statement. "The design more conducive to providing op- south of the current clinic ad-

#### Health department program provides TB reminders

As winter arrives, the Lake County Health Department/Community Health Center's for the disease People considered at high risk are: County residents about tuberculosis (TB) and others known or suspected to have TB. its symptoms.

"Many Lake County residents are considered at high risk for TB, which is a serious illness," said Dale Galassie, the health department's executive director. "We want to make sure highsymptoms and what to do if they are ill."

dents to increase their awareness of the differences between influenza and TB symptoms.

cough. People with TB disease often feel weak or users sweats.

If their TB disease is in the lungs, they might cough up blood.

Persons considered high-risk for TB should be tested

Tuberculosis Program is reminding Lake • People who are have been in close contact with

· Foreign-born persons from areas of high TB, such as Asia, Africa, Latin America, and Eastern Europe

· Residents and employees of high-risk congregate settings i.e. homeless shelters, correctional risk groups are reminded about what TB is, its facilities, alcohol and drug treatment centers and others

The Health Department encourages resi- . Health care workers who serve high-risk clients · Medically underserved, low-income populations,

and high-risk minority populations Symptoms of both illnesses can include . Persons who inject illicit drugs or substance

sick, lose weight, and have fever and night . Persons with certain chronic medical conditions, i.e. diabetes, HIV/AIDS, immuno-suppressing illnesses and other diseases

also cough and have chest pain, and they might . Children exposed to adults in high-risk categories

#### What is TB?

Tuberculosis (TB) is a disease that usually affects the lungs and sometimes affects other parts of the body, such as the brain, kidneys or the spine. The disease can cause death if untreated.

Nine million people are diagnosed with TB worldwide and two million die from TB each year. The health department's TB clinic diagnosed and treated 30 cases of TB in Lake County in 2005. For more information regarding TB, call the health department's TB Clinic at (847) 377-8700.

Although similar in size to the existing clinic, the new 2,500-square-foot facility will feature a more efficient floor plan.

The building plans include a signed to fit in with the other new air filtration system, to

The clinic will continue to several large trees on the is completed, the old building offer TB education and commuwill be demolished to make nity outreach, screening and treatment for Lake County residents.

was allegedly used to strangle

of the appellate court's deci-

sion. "It just doesn't hold

Lake and Cook county court

records are riddled with multi-

ple charges of armed robbery,

robbery, domestic battery, bat-

tery, kidnapping, and rape dur-

facility, and has gone through

tions, according to Cook

And now he is accused of

Ealy is married and has two

County documents.

killing once more.

Ealy also has spent court-or-

Since Ealy was released, his

"A reversal, frankly, that's hard to explain," Pavletic said

the four victims.

water."

ing the 1990s.

building was basically a remod-Galassie, the health depart- eled residence and had signifi- ning, care was taken to preserve Campus. When the new building ment's executive director, in a cant infrastructure problems."

The new building will be loof our new TB clinic is much cated at 515 Keller Road, just health department officials.

Belvidere Campus, according to

The building also was de- sion.

LAKE COUNTY CHAMBER OF COMMERCE

PROSPERITY THROUGH BUSINESS GROWTH

Garrett McKenzie

Abbott

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**\_** Garrett McKenzie

strip of khaki material that 'City as a shelf stocker,

# Suspect's record shows list of criminal charges

#### • HOMICIDE

Continued from A15

In 1982, a jury convicted Ealy of killing a woman and three children in Chicago, Pavletic said, on Aug. 16 of that year. He was 18.

The victims were Christine Parker, 33, and her children Mary Ann, 15, Cora, 13, and Jontae, 3.

All four were strangled, but Pavletic said that Jontae was raped before he was murdered.

Ealy was dating Mary Ann dered time in a mental health at the time, Pavletic said.

An appellate court over- several psychological evaluaturned Ealy's conviction in 1986, saying that police did not have probable cause to hold him, Pavletic said.

Pavletic said that hours after police arrested Ealy in stepchildren, according to Lake 1982, he gave them permission County court documents. to search his Chicago apartment.

He worked at a local McDonald's and before his ar-Officers found a part of a rest was employed at Value **GRAYSLAKE** 

## In tune with higher education

University Center receives input from College of Lake County students

**By KATHY GRESEY** kgresey@nwnewsgroup.com

GRAYSLAKE - Students at couraging. College of Lake County are interested in earning locally of- turn," she said. "More work fered bachelor's degrees.

During the fall 2006 semester, the community college and University Center of Lake County surveyed the students to find out what they want in education.

The goal was to obtain information about students' plans to transfer to a bachelor's completion program after they graduated from the two-year school.

According to the co-sponsered survey, 72 percent of CLC students would like to earn a four-year degree while remaining in Lake County.

The survey was e-mailed to 2,324 students who have completed at least 30 credit hours of course work. A total of 357 students (15 percent) completed the survey.

Hilary Ward Schnadt, associ-

ate dean for academic services Need to know more? and programs at University Center, said the results were en-

"Overall, we got a good reneeds to be done."

A stronger connection with that individual student is important. It has to be a different relationship than just a pure recruiting relationship.

Richard Fonté College of Lake County president

ating programs based on what grees, as well as professional was indicated on the surveys development opportunities. It would take time.

"How do we start working Grayslake.

University Center of Lake County is located at 1200 University Drive, in Grayslake. For more information, visit ucenter.org.

with [these students] now?" she asked.

Richard Fonté, president at College of Lake County, said it was important to interact with potential University Center students, adding that he was committed to growing the colleges' relationship.

"A stronger connection with that individual student is important," he said. "It has to be a different relationship than just a pure recruiting relationship."

CLC has no plans to become a four-year college, according to

University Center offers se-Schnadt explained that cre- lect bachelor's and graduate deis located on the CLC campus in

### Homicide suspect receives more charges

Man awaiting trial for September killing

By EMILY PREVITI

epreviti@nwnewsgroup.com

KENOSHA - The Kenosha man who was charged in the homicide of Lake County resident Carmen Barranco has racked up more charges while awaiting trial for her murder.

Authorities say Anthony P. Heard Jr., 18, choked, beat and threatened his cell mate in the Kenosha County Pre-Trial were black. Facility during a four-day span last month.

Barranco was beaten to death in September.

On Nov. 14, Heard used a plastic bag to throttle Joshua Denio until the 19-year-old gasped for air, according to a report from the Kenosha County Sheriff's Department.

Heard told Denio, "This is Reports what white people did to my ancestors," according Denio's statement.

Denio with a broomstick. Heard also slammed him into the wall and threatened to "smoke him like a Garcia Vega [a cigar]" if Denio "snitched" Kenosha, said Heard "continually harassed" him by calling him a "racist bigot."

doing. Each of Denio's accusaleast one other prisoner.

drew from his case, citing con-tion of their stays. flict of interest.

the new charges: two counts of Heard. "I guess he's trying to battery by prisoners and one establish a reputation before of intimidating victim/ he goes to state prison." threaten force. They were filed System.

According to Wisconsin plex in Kenosha. state law, hate crimes are select a target because of the crack cocaine from Heard, actarget's race, religion, national cording to police. origin, sexual orientation, disability or ancestry.

of charges related to drugs Gurnee.

By the numbers

 Racial bias accounted for 53.9 percent of hate crimes reported to the FBI in 2004.

 Nearly 68 percent of victims of hate crimes were the object of an anti-black bias; just more than 20 percent were victims of an antiwhite bias.

 About 60 percent of offenders were white, and close to 20 percent

·Of hate crimes committed in 2004, 54 were committed in a jail or prison; 39 of these were motivated by racial bias.

 Racially motivated hate crimes took place most often in the home, with 1,320 incidents happening in residential settings.

\* Data from the 2004 Uniform Crime

and theft. He said he had tried to avoid the 300-pound Heard, The next day, Heard choked who has been charged with first-degree murder, first-degree sexual assault, armed robbery and burglary. His trial starts in January.

In the past, Heard has been on him. Denio, also of convicted of battery, criminal damage to property, and theft.

According to Sgt. Horace Staples, public information of-Heard admitted no wrong- ficer in Kenosha County's sheriff's department, neither tions was corroborated by at man had been involved in similar incidents during their Less than two weeks after time in jail. Staples said that Heard committed the hate the jailed population does not crimes, public defenders John typically exhibit such behav-Moyer and Vincent Rust with- iors because of the short dura-

"He knows he's going away Moyer denied awareness of for a long time," Staples said of

Heard turned himself in Dec. 5, according to the for Barranco's killing Sept. 28, Wisconsin Court Access four days after her body was found in the basement of a du-

At the time of her killing, those in which perpetrators Barranco was trying to buy

Barranco, 38, lived in Lake County most of her life, most Denio, who weighs 120 recently in Antioch. Her relapounds, has a criminal record tives live in Lake Villa and

### Operating officer misses aspect of old job

#### NICASA

#### Continued from A15

Johnson said so far, the first year has been great. He said it has been a constant learning experience, "because I'm smart enough to know what I don't know."

It is Johnson's responsibility to oversee Nicasa's five sites in Lake County, all their programs, and a staff of 100 to 130 people. As a nonprofit organization, Johnson said it's been a challenge to get grants for funding.

As for leaving the police department, Johnson said he doesn't miss the overwhelming sense of worry that he used to carry for all the residents in Round Lake Park and Hainesville, and the phone calls he used to get when something happened.

"I always had my cell phones and pagers for those calls," he said. "When I pray, I still pray for both of them [Round Lake Park and Hainesville residents] like I did when I was chief."

Today, if you were to call the village of Round Lake Park, or end up in the police department's voice mail system, you will still hear Johnson's voice, letting callers know what extensions to dial. He even says the instructions in Spanish. He said it wasn't an easy decision to leave his post as police chief.

George [Filenko, current Police Chief of Round Lake Park/Hainesville]," Johnson said. "He does a lot of things I couldn't."

#### **More about Bruce Johnson**

Born: Chicago

Family: Married eight years with three children Education: Attended the police academy while living in Chicago

Experience: Started police career in Morton Grove; served as the Round Lake Park Police Chief for 11 years Became chief of the Round Lake Park/Hainesville Police Department when the departments merged five years ago

#### Look it up

Nicasa has five locations

Administrative offices in Round Lake

Counseling services in Buffalo Grove

Women's services in North Chicago

 Counseling services in Waukegan and Bridge House, which is a residence for men and women recovering from chemical dependency.

Johnson still belongs to the Lake County Police Chief's Association, and misses a lot of aspects of his old job. He said he misses going to Murphy Elementary, doling out high-fives to the students on their first day of school.

"I miss the small, family-oriented community "I have a lot of faith and appreciation for and those related experiences," he said. "I miss the people and their stories, along with the opportunity to make positive changes in their lives; I'm still doing it, but in a different way."

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- Our View

# Ryan should be in prison

When most people are convicted of a felony, they go to prison.

But former Gov. George Ryan is not most people. He is a former governor, and he is 72. Last month a federal appeals court ruled that Ryan does not have to go to prison and begin serving a 6 1/2-year prison sentence. Instead, Ryan will remain free on bond until his appeals are resolved.

Ryan's appeals are focusing on the fact that two jurors were replaced after it was discovered during deliberations that they had criminal records. Perhaps the tumultuous jury deliberations will be enough for Ryan to win a new trial.

There are plenty of criminals sitting in prison with appeals pending. And that is where Ryan belongs.

Ryan was convicted last April on racketeering and fraud charges related to the licenses for bribes scandal.

In some respects, Ryan can be viewed in a sympathetic light. He was nominated for the Noble Peace Prize for placing a moratorium on Illinois' death penalty after it was found that 13 men had been wrongfully convicted. Ryan eventually commuted the sentences of 167 prisoners who had been sentenced to die.

Ryan spent his life in public service, only to be ruined by a corruption scandal. No one wants to spend their golden years behind bars. Given Ryan's age, the prison sentence might very well be a death sentence. It is likely that

the strategy of Ryan and his

Despite all of this, Ryan belongs in prison.

The appellate court's decision is a slap in the face to the residents of Illinois and undermines the legal system. Ryan has the right to appeal his sentence, but for now he is a convicted felon who should be serving time. Any mitigating factors - such as Ryan's age and public service - already were considered in his sentencing. And despite those facts, the judge in the criminal case handed down a stiff sentence.

should remain free on the offis absurd. In the eyes of the law, he's guilty. The appellate pends the sentence for an indefinite period of time. Some lar criminals have remained out of prison after being convicted, such as former Enron chief Ken Lay. However, Lay sentenced.

Decisions such as this one simply reinforce the public's jaded view of the legal system. The appearance is that connected people like Ryan live by rest of us.

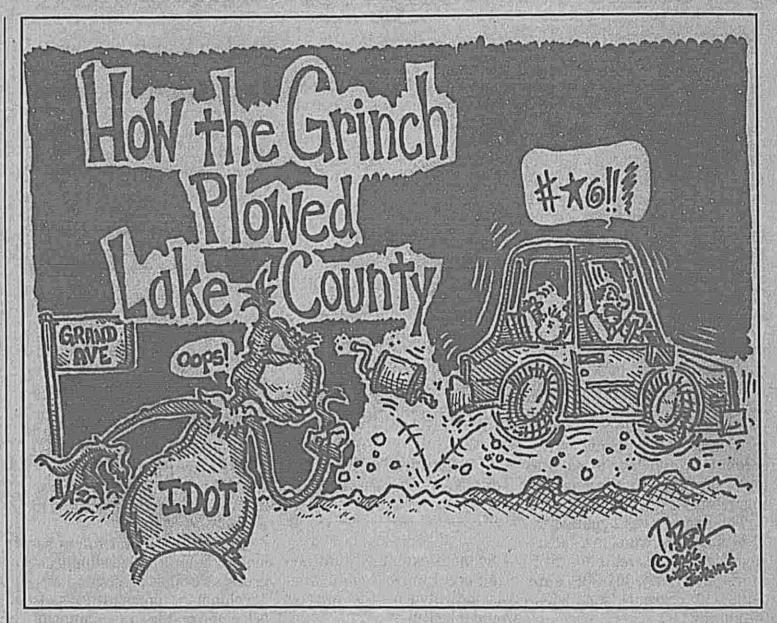
And that's a double standard that should not be toler-

lawyers simply is to drag out the process long enough that Ryan never has to serve any time.

The notion that Ryan chance his appeals are granted court decision essentially susmight say that other white colwas out on bond awaiting sentencing. Ryan already has been

a different set of rules than the

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#### Seeing it Through

### Political party switching is nothing new

Larry TenPas, longtime Waukegan alderman, caused a political stir when it was found that he was circulating petitions for re-election, but as a Democrat.

For the many years that TenPas has served as the alderman representing the near northeast side, he always won as a Republican.

He even ran twice, though unsuccessfully, for mayor as a Republican.

When passing his petitions, I had heard that he told friends, that he didn't leave the Republican party; the party left him.

TenPas has served as an alderman under the old tradition of personal service.

If a constituent called him with a problem, TenPas would come to the house to pitch in and help almost before you hung up the phone.

He believed that type of service transcends political party lines.

Party-switching isn't a recent phenomenon in Lake County.

Because of the huge strength of the Republicans in the county,

switching went from Democratic to Republican, but the doors can swing in either direc-

most of the

tion. Everyone remembers the late

Waukegan Mayor Robert Sabonjian. His party-switching went the full cycle. In 1957, he was elected mayor of the city as a Democrat.

John S.

Matijevich

His ties with local Democratic leaders were sometimes strained, particularly with John Balen (who is still around, running for re-election in the city as an alderman).

In the early '60s, Sabonjian went to some Democrats suggesting that he could beat the Republican incumbent congressman.

Balen, ever his adversary, said nothing doing. We're supporting the same candidate who lost two years ago.

Rebuffed by those Democrats, the next time Sabonjian ran for mayor, he won as an Independent.

County Republicans, seeing Sabonjian's disenchantment with local Democrats, then talked him into heading a slate of Republicans in his next mayoral victory.

Alderman Balen is no stranger to party-switching, either.

The longtime union leader and Democrat surprised many in the '60s, when he made a stab at running in a primary election for state representative as a Republican.

See MATIJEVICH, page A19

Snapshot

Your thoughts on this week's hot topic

"The Iraq Commission says we need a political solution, not a military solution for the war in Iraq. Do you agree or disagree? Why?"



'Political, considering my son is in the National Guard."

> Pam Goldbogen Antioch



"We need a political solution. I never thought we should be there." Carol Cichlnski Round Lake Beach



"I agree. All the killing isn't solving anything."

> Kathie Tratnik Woodstock



"I am not into it."

Tony Mueller Fox Lake

Partylines

compiled from staff reports

# Union president applauds state for wage increase

Maragret Blackshere, president of the wage increase." Illinois American Federation of Labor of Congress Organizations (AFL-CIO) praised the rewritten statement late last month.

today will help raise the lowest wage dents prick up their ears. workers in our state and help them provide necessities for their families,". during the public com-Blackshere said. "It was the right and ment portion of a remoral thing to do."

Legislation to increase the minimum meeting, to ask how wage to \$7.50 an hour in July 2007 and to much of that figure \$8.25 an hour by 2010 won final legislative had been used to reapproval, passing in the state senate, 40 votes to 17.

The minimum wage increase will to the village's ongoing boost the average annual income for litigation with former nearly 650,000 full-time minimum wage police chief Charles workers and their children from \$13,520 Foy. to \$15,600 next year.

By 2010, the yearly salary for a full- nance \$17,160.

raise standards on the job for working in front of her. She and trustee Jerry men and women," Blackshere said in Shaw estimated the village spent roughly the written statement. "That includes \$13,000 for special council. Molidor said giving workers a voice, improving she believed the payment was for several safety standards and pay standards. We months of legal advice, not just one applaud Gov. Blagojevich for champi- month. oning this legislation and the lawmakers who voted in favor of this important figure included three payroll cycles for

Industrial Figure it out

cent minimum wage increase that was usually dole out several hundred thouimproved by the state legislature in a sand dollars each month to pay bills and cover payroll, but a figure of almost \$1.8 "The minimum wage bill that passed million was enough to make several resi-

A member of the audience stood up

cent village board tain special council. The man was alluding

She added that the nearly \$1.8 million ity benchmarks.

village employees, a payment for the gent commissions encouraged brokers to usual.

Commission crackdown

Illinois Attorney General Lisa Madigan recently announced that her office, under agreements reached earlier tion's largest insurance companies that beginning Jan. 1, 2007, they can no longer pay contingent commissions to agents and brokers that sell certain types of insurance to consumers.

Zurich American Insurance Company, ACE and St. Paul Travelers, each of lations and minor misdemeanors. which settled with Madigan and the Connecticut earlier this year.

The settlements resolved the states' investigations into bid-rigging and the steering of insurance business by insurance brokers. It resulted in combined restitution and penalty payments of \$310 million.

The investigations specifically targeted the insurers' practice of paying contingent commissions, which are additional commissions based on the brokers attaining volume, renewal and profitabil-

The investigations found that contin- located in Beach Park.

water reservoir project, and workers steer business to the insurers paying the from the recent special census were paid, largest contingent commissions, even if A village the size of Round Lake will which made the figure higher than it was not in the best interests of the brokers' clients.

"Through aggressive investigations and settlements, we are making sure that insurance customers are not subject to unfair practices," Madigan said.

The Attorneys General of New York this year, has notified three of the na- and Connecticut also are sending notice letters to the same insurers.

#### Court-tet

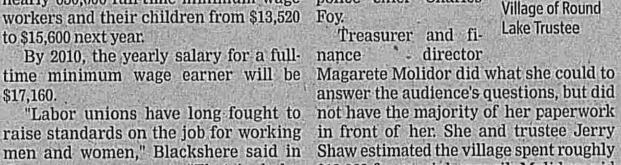
The villages of Wadsworth, Old Mill Creek, Beach Park, and Winthrop Harbor Madigan's office is sending notices to have decided to establish an adjudication court system to prosecute ordinance vio-

Wadsworth's mayor Ken Furlan said Attorneys General of New York and the system will save the villages court costs, an estimated \$3,000 to \$4,000 per

> Furlan anticipated that the new court will expedite the prosecution of low-risk violators, and also free the judges of the Lake County 19th Judicial Circuit Court to address more pressing problems.

> "They have more important things to do," Furlan said after a meeting of Wadsworth's board of trustees Dec. 5.

> That evening, Wadsworth became the final village to officially agree to the establishment of the court, which will be



Jerry Shaw

### As the county changes, so has political party switching techniques

#### • MATIJEVICH

Continued from A18

He came close, but lost, and returned home permanently with the Democrats, winning at both the Lake County Board and as alderman in Waukegan.

Circuit Court Judge Charles Scott started in the Democratic Party, losing first for state representative and then for circuit court judge.

I remember when he came to me a couple of years later and said that he was going to switch to the GOP for two reasons.

He said that he couldn't win as a Democrat, and the judiciary should be non-partisan, anyway. He switched. He won and served admirably.

Circuit Court Clerk Sally Coffelt won her position as a Democrat when she unseated incumbent Republican Dawn Marie Mardoian.

After four years, she switched. Democrats never forgave her for her change of parties. They will target her again in the 2008 election.

Another notable who had one episode with switching was the venerable F.T. "Mike" Graham.

As a County Board member, he was always fighting with the GOP hierarchy.

And when they once deposed him, he tried a one-election

switch, to no avail. He redeemed himself again as a Republican.

County Board member David Stolman got his start as a Democrat.

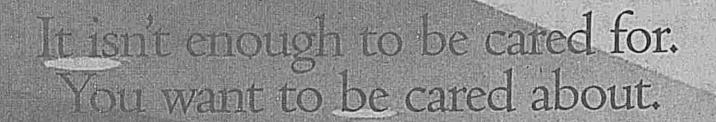
After one term, he abandoned the Democrats, and he has since served under the GOP label.

Most of the political party switching was because a candidate thought that the chances of victory were greater in the "other party."

Believe me, running as a Democrat in Lake County years ago could be a very lonely ride.

In those days, the saying was "you could put Mickey Mouse on the Republican ballot in Lake County, and he'd win in a landslide." How things have changed.

And that's why the partyswitching has changed, too. There's more balance and parity in the political parties, and that's good.



Stephen Ganshirt, MD. FACS, General Surgery, Co-Director Breast Center

Beth Anne Sylvester Cook Mil



Jennifer Tepper RN, MSN, APN, Aurse Navigato Vicki Berg-Russell RN, MSN, APN Nuise Naviguto

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The following childbirth courses and related educational programs are open to the community. Call (847) 535-6182 or send e-mail to mrieber@LakeForestHospital.com for additional information, class schedules, fees or a complete childbirth course listing.

- Yoga Baby
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- Preparation for Breastfeeding
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- Sibling Preparation
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## Protecting children with quick diagnosis

With cough and cold season back in swing, parents with infants and small children should be on the lookout for a common virus that may lead to potentially serious complications-RSV (respiratory syncytial virus). Nearly half of all children are infected during their first year of life, and almost all children get an RSV infection by the age of two. According to the American Academy Pediatrics, RSV is the leading cause of bronchiolitis and pneumonia among children under two years old.

RSV is a virus that causes acute respiratory illness in patients of all ages. While symptoms usually resemble the common cold and are fought off in a matter of days, cold-like symptoms accompanied by wheezing or difficulty breathing may be indicative of RSV. Among those at greatest risk from RSV are babies born prematurely, as well as children with lung or heart disease. Infants that attend child care or day care, to aid clinical diagnosis and and those with school-age siblings also have an increased risk for RSV infections.

RSV is highly contagious. It can be spread when a person coughs or sneezes, and it can live on surfaces such as toys, countertops or doorknobs, and on hands and clothing.

It is important for RSV to be from other, similar illnesses with similar symptoms-so that Ask your doctor about this.



A new diagnostic test for RSV can help children get proper medical attention, quickly, in the same office

proper medical attention can be administered to minimize infection and risk to the patient. Healthcare professionals including physicians, caregivers and laboratories, recognize the benefits of utilizing rapid RSV tests management of patient care.

The new test allows for the rapid, qualitative detection of RSV directly from specimens from symptomatic pediatric patients 18 years of age and younger. The test is intended for use as an aid in the rapid diagnosis of acute RSV viral infections.

The test, which offers high diagnosed-and- distinguished accuracy, gives results in 15 minutes in the same office visit.

# Will a ban on trans fats lower your cholesterol?

trans fats, also known as partially throughout New York City. It is anticipated that such a ban will have a ripple effect across the conducted on this subject, and country and spark other cities, like Chicago, to sit up and take notice of the health implications rendered by trans fats.

tractive to restaurants because erate cholesterol levels. they don't spoil, are partially solid why trans fats are found in many foods, including cookies, cakes, candy bars and fried foods. Check in and out of a restaurant) and you're bound to find trans fats.

ago as a replacement to saturated fats, which were commonly used and other problems, including rated fats elevate the LDL, or "bad" cholesterol levels, in the body, trans fats do even more damage. In addition to raising LDL, they also lower the HDL, or body at a greater risk for heart problems - raising it four to five times faster, according to widespread research. Walter Willett, chairman of the department of heart disease.

In recent months there has nutrition at Harvard University's been talk of an imposed ban on School of Public Health, says, "we calculate that tens of thousands of hydrogenated oils, in restaurants people are dying every year because of trans fats."

While research is still being many restaurants are removing trans fats from their menu items voluntarily, there are steps the general public can take to im-Trans fats are particularly at- prove their heart health and mod-

· Consume healthy fats whenand best of all ... are tasty. That is ever possible: Cooking oils that are healthier alternatives include canola and olive oil. These oils offer low levels in unsaturated the labels of the foods you eat (both fats, making them very hearthealthy. Research also indicates that they have antioxidant prop-Trans fats were created years erties, helping to boost the immune system.

 Exercise: Not only does modand known to cause heart disease erate exercise strengthen the heart and improve circulation, it obesity. However, while satu- also helps to keep weight in check. Those of a healthy weight are less likely to suffer from diabetes and other ailments attributed to obesity.

 Visit your doctor: It is impor-"good" cholesterol. This puts the tant to maintain regular physical checkups to ensure heart health. Doctors will run routine blood tests to check cholesterol levels and gauge your susceptibility to



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#### Letters to the Editor

#### In defense of arms

To the Editor:

In 1972 I worked in a carpet retail store [in the back room] preparing pieces for installation. My employer had a revolver on the top shelf next to the doorway leading out to the front. He came in, gathered all four employees, and explained the procedure [of using it]. When a robber would come in, any of us were to pull the handgun down, aim toward the front of the store and pull the trigger.

This store was in a tough, gang ridden neighborhood (three quarters of a mile up the same street as the police department). I once called that department to file a complaint about gang members vandalizing my dad's store three doors [away] from the station. I was told there was nothing the police could do until I, personally, came into the police station and filed a written complaint.

We read and hear now of [more families] destroyed by a violent murder in the retail industry. A single mom delivering pizza, and a Burger King manager murdered

while alone at night. When will we in Illinois wake up to the realization we are on our own, the police can seldom protect us.

I am not proposing vigilantism or that our police do not serve. I plainly state personal safety and family defense are the natural right of humanity denied us by paranoid, greedy, power hungry politicians, who themselves use armed bodyguards. In both these instances, concealed carry would have saved a good life. It has been stated: Let 10 criminals free [rather] than allow one innocent person be jailed.

It is better to have the one in two hundred bystanders accidentally suffer a wound, than the loss of one innocent to ruthless murderers because they could not defend themselves with a firearm.

John H. Nickels Libertyville

#### You made a difference

To the Editor:

Our family was overwhelmed by the support of our friends and our community at the Turner Family

Fight Against Cancer benefit on Oct. 22 at MIII Creek Banquet Hall.

We wanted to personally thank you for making a donation to the benefit and to let you know that you have helped make a difference in our lives.

#### The Turner Family

#### Obama - '08 presidency? To the Editor:

Barack Obama was on the campaign trail this year, although he' wasn't running for re-election. The news reporting, or rather the drooling, has gushed with garish speculation that Obama could be our next president. And Obama lends credence to the claim, admitting he's thinking about it. Even his new book appears to mimic an early campaign tactic used by JFK. Though I doubt JFK would've agreed with Obama on the horrendous act of partial-birth abortion.

Obama, with only two years in public office, already has the liberally biased mainstream media endorsing him for the White House in 2008. Granted, Obama, who

can speak like Clinton, has yet to makes a presidential candidate.

As the only black member of the U.S. Senate (because Maryland refused to send Michael Steele to D.C.) he seems to be trying to portray himself a centrist. Yet he exhibits a noticeable inability to grasp the tough issues. But stay tuned, Obama is still the left's work in progress and with the Dem's weak field of contenders for '08, he might get lucky. After all, he's not Hillary.

#### Tim Rand Chicago

#### Can't afford him

To the Editor:

Alderman Tenpas has finally had a new idea. He wants to raise our taxes another 2 percent on top of the 5 percent increase we see every year.

Our taxes have already gone up 25 percent since 2002.

We've had a 1 percent sales tax increase and a 150 percent increase for city stickers. We just had an increase to the ambulance Waukegan

tax. The cost of business licenses show a trace of the right stuff that and every other tax, fee or permit in the city of Waukegan have gone

After more than 30 years in office, Tenpas has lost touch. Taxes have gone up 175 percent since he was elected. The 2 percent Tenpas tax will be even more of a burden on top of what we already pay. This will not just hurt the elderly, but all home owners. No wonder so many people are moving out. We can't afford the taxes.

You'd think that Tenpas would care more about the people he's supposed to represent. He's been collecting a salary from the taxpayers since 1972, and he gets health insurance and a retirement fund they we pay for.

Now he wants to take even more money from our families. How much and how long is he going to keep taking from us?

People are saying it is time for him to retire (on the taxpayer's dime). I think they're right. We can't afford him or his taxes.

#### **Faith Hurst**

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#### MARILYN L. COUCH (nee FOLEY)

Born: July 30, 1937 Died: Dec. 5, 2006 Was part of the first graduating class of Round Lake High School

FOX LAKE—Marilyn L. (nee Foley) Couch (formerly Wicinski), age 69 of Fox Lake, and longtime resident of Round Lake, died Tuesday, Dec. 5, 2006, at her home. Born in Menominee, Mich., on July 30, 1937, to Glen and Doris (nee Caulk) Foley, Marilyn was part of the first graduating class of Round Lake High School.

Survivors include her children Fred (Valerie) Wicinski, Brenda (Chris) Chibucos, Leonard (Katherine) Wicinski, and Joey (Michelle) Wicinski; her grandchildren; her great-grandson; her siblings; and brother-in-law; her numerous nieces and nephews; and her special friends Wendy Blue and Russell Scurto. Her first husband Norbert Wicinski, her second husband James Couch, a granddaughter, her siblings, and her aforementioned parents precede her in death. A Funeral Mass was held at 10:30 a.m., Dec. 7, at St. Bede Catholic Church, in Ingleside. Interment followed at Avon Centre Cemetery in Grayslake. Friends of the family visited from 4 to 9 p.m., on Dec. 6, at Strang Funeral Chapel and

Crematorium in Grayslake. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### ARLENE L. REED

Born: June 17, 1940 Died: Dec. 6, 2006 Was an Avon Representative for 22 years

LAKE VILLA—Arlene L. Reed, age 66 of Lake Villa, died Wednesday, Dec. 6, 2006, at Lutheran General Hospital in Park Ridge. Born June 17, 1940, in Chicago to the late Edward and Lottie Rutkowski, Arlene was an Avon Representative for 22 years.

Survivors include her husband of 41 years, Henry J. Reed; her daughter, Michelle Perski; her grandsons; her brother; her niece and nephew; and her cousin. Her aforementioned parents and a brother precede her in death.

A memorial service was held at 7 p.m., on Dec. 8, at Strang Funeral Chapel & Crematorium in Grayslake. Friends of the family visited from 5 p.m., until the time of service at the funeral chapel. In lieu of flowers, memorial contributions may be made to the American Heart Association, 208 S. LaSalle St., Chicago, IL 60604. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### **OBITUARIES**

#### GERTRUDE B. TEGELMAN

Born: Dec. 17, 1917 Died: Dec. 6, 2006 Will be remembered as the Rug Lady at many craft shows

ANTIOCH—Gertrude B. Tegelman, age 88 of Antioch, passed away Wed. Dec. 6, 2006, on arrival at Condell Medical Center, Libertyville, from an apparent heart attack. She was born Dec. 17, 1917, in Omro, Wis., the daughter of the late Irving and Pearl (Cross) Hanson, moving to Antioch in 1940. On March 14, 1936, she married John Tegelman in Oshkosh, Wis. She will be remembered as the "Rug Lady" at many craft shows.

She is survived by her husband of 70 years, John; her children, Jean (Ed) Haling, Sandra (Russell) Gilday and Peggy Madden all of Antioch and John (Deborah) Tegelman of Wilmot, Wis.: 10 grandchildren and eight greatgrandchildren. In addition to her parents she was preceded in death by a brother, three sisters and two grandchildren.

The funeral was held at 11 a.m., Dec. 11, at the Strang Funeral Home of Antioch, with burial following in Hillside Cemetery. Visitation was from 3 until 5 p.m., Dec. 10. In lieu of flowers donations may be made, in her memory, to the American Cancer Society or the Antioch Fire Department. Please

sign the Guest Book at www.WeeklyJournals.com/obits

#### EDMUND A. DARCY

Born: Jan. 28, 1918 Died: Dec. 5, 2006 He was an accomplished

musician



McHENRY—Edmund A. Darcy, 88, of McHenry, formerly of Fox Lake, passed away at his home on Tuesday, December 5, 2006. He was born in Chicago, on Jan. 28, 1918, the son of the late Albert and Helen Dyderski. He was a veteran of WWII, serving in the U.S. Army. He was a design engineer and worked for a number of manufacturing companies. An accomplished musician, he played the accordion in bands throughout the area.

He is survived by his wife, Kay, and many nieces and nephews. He was preceded in death by his wife, Lorraine, and two sisters.

The funeral was held at 10:30 a.m. on Dec. 8, at Ringa Funeral Home, in Lake Villa. Interment was at All Saints Cemetery in Des Plaines. Visitation was held on Dec. 7, from 3 to 8 p.m. In lieu of flowers, memorials would be appreciated to Alzheimer's Association,

4709 Golf Rd. Suite 1015, Skokie, IL 60076. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### **MARGARET E. 'PEGGY'** ZOLLER

Born: Dec. 16, 1942 Died: Dec. 6, 2006 She loved teaching and chil-

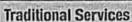
dren, books,

the Cubs and golfing



ANTIOCH—Margaret E. "Peggy" Zoller, age 63 of Antioch, passed away Wednesday, Dec. 6, 2006, in Antioch. She was born Dec. 16, 1942, in Chicago, the daughter of the late Raymond and Emilie (Eckart) Melchin. Peggy moved to Round Lake, as a young girl graduating from Round Lake High School. She received her degree in education from Northern Illinois University and her Masters Degree from Concordia. In 1969 after moving to Antioch she taught first grade for District 34 for 39 years, retiring in 2005. She was a member of the Retired Teachers Association and the Friends of the Milwaukee Zoo. Peggy loved teaching and children, books, the Chicago Cubs,

See OBITUARIES, page A20





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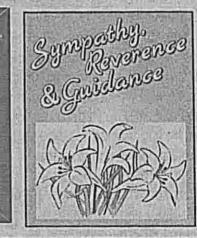
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#### OBITUARIES,

golfing and especially her children and grandchildren. During her many months of illness she was grateful for the excellent care and compassion the received from the nurses, doctors and staff at Northwestern Memorial Hospital in Chicago especially, Kathy Ward and Lynda Chick.

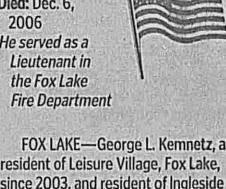
continued from page A19

Her survivors include her daughters, Kathy (Steve) Schoenfelder of Antioch and Nan (Jeff) Anderson of Davenport, Iowa; two brothers, Ed (Barbara) and Steve Melchin and her six grandchildren, Erin, Patrick, Niall, Madison, Luke and Drew.

Memorial Services will be held at 10 a.m., Saturday, Dec. 16, at the Oakland Elementary School, 22018 W. Grass Lake Rd, Antioch, In lieu of flowers donations in her memory may be made to the Hillcrest School Library, 433 W. Depot St., Antioch, IL 60002. Arrangements are entrusted to the Strang Funeral Home. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### **GEORGE L. KEMNETZ**

Born: Feb. 11, 1929 Died: Dec. 6, 2006 He served as a Lieutenant in the Fox Lake



resident of Leisure Village, Fox Lake, since 2003, and resident of Ingleside for 42 years, died Wednesday, Dec. 6, 2006, at his home. He was born in Chicago, on Feb. 11, 1929, to Peter and Josephine (nee Kansbaj) Kemnetz. He was a veteran of the Korean Conflict having served in the U.S. Army in Germany. He was a former 43-year employee of Sola Electric as Foreman in Elk Grove Village before his retirement. George was a longtime member of the Fox Lake Fire Department where he had formerly served as Lieutenant. He also was a former member of the ACES in Chicago.

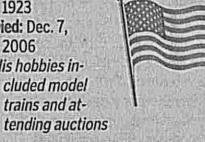
He is survived by his wife: Barbara (nee Krabec) with whom he was united to in marriage on April 24, 1954; his daughter: Dolores "Dee" (Robert) Ferrigan of Lake Villa; his grandson: Matthew Reynolds of Pell Lake, Wis; his granddaughter: Christine Reynolds of Altamonte Springs, Fla.: his great grandson, Trey Reynolds of Pell Lake, Wis. He was preceded in death by his parents; his son, Bruce P. Kemnetz on Dec. 21, 1974; by his brother: Chester Kemnetz and sisters: Mildred Merrick, Jean Thompson and Bertha Schulte; and his

brother-in-law, Stanley Merrick.

Visitation was held on Dec. 8, from 4 to 8 p.m., at K. K. Hamsher Funeral Home, in Fox Lake. The funeral service was conducted at 10 a.m. on Dec. 9, with Deacon Larry Spohr officiating. Interment followed at Grant Cemetery in Ingleside. Memorials to the family will be appreciated. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### JAMES D. CARY

Born: Dec. 31, 1923 Died: Dec. 7, 2006 His hobbies included model trains and at-



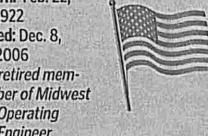
GRAYSLAKE—James D. Cary, age 82 of Grayslake, died Thursday, Dec. 7, 2006, at Oak Ridge Care Center in Union Grove, Wis., after an extended illness. Born in Waukegan on Dec. 31, 1923, to Louis and Katherine Cary, James served his country in the Army and retired from U.S. Steel.

Survivors include his brother, Robert of Safford, Ariz.; and numerous nieces and nephews. His wife Margaret (nee Obenauf), aforementioned parents, and siblings, William, Marjorie Wuorenma, Ruth Vioski, and Grace Peterson all precede him in death.

The funeral was held at 11 a.m., Dec. 13 at Strang Funeral Chapel & Crematorium in Grayslake. Interment was held privately. Friends of the family visited from 10 a.m., until the time of service at the funeral chapel. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### JOHN G. RATAJCZYK SR.

Born: Feb. 22, 1922 Died: Dec. 8, 2006 A retired member of Midwest Operating Engineer



FOX LAKE-John G. Ratajczyk Sr., 84, of Fox Lake, passed away on Friday, Dec. 8, 2006, at Victory Lakes Continuing Care Center in Lindenhurst.\*

He was born in Gross Point, on Feb. 22, 1922, the son of the late Mary and John Ratajczyk. He was a veteran of WWII, serving in the U.S. Army. He was a retired member of Midwest Operating Engineer, Local 150. On Aug. 4, 1945, he married his wife, Betty.

He is survived by his wife and best friend of 61 years, Betty; his children, Jim (Barb) of Long Lake, Russ (Dian) Fox

#### **OBITUARIES**

Lake, Debbie of Las Vegas, Nev., George (Heather) of Las Vegas, Nev., Mary Lou (Hank) Leidecker of Lake Villa; his grandchildren; great-grandchildren. He was preceded in death by his parents, son, John, Jr. and brother and sisters.

The funeral was held at 11 a.m on Saturday, Dec. 6, at St. Bede Catholic Church in private at Ascension Cemetery, Libertyville. No visitation. In lieu of flowers, memorial masses appreciated at St. Bede Church. Funeral arrangements were handled by Ringa Funeral Home in Lake Villa. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### MARY K. BERG

Born: July 14, 1922 Died: Dec. 7, 2006 Was married on Nov. 11, 1950

GRAYSLAKE—Mary K. Berg, 84, of Gravslake, passed away on Thursday, Dec. 7, 2006, at Victory Lakes Continuing Care Center, Lindenhurst.

She was born in Chicago, on July 14, 1922, the daughter of the late Annie and John Sugrue. She was a member of Prince of Peace Catholic Church in Lake Villa. On Nov. 11, 1950, she married her husband, Robert.

She is survived by her husband, Robert; her daughters, Kathy (Jerry) Sullivan of Crystal Lake and Barbara (Rick) Didier of Buffalo Grove; and her grandchildren. She was preceded in death by her brothers and sisters.

A Memorial Mass will be at 10 a.m. on Tuesday, Dec. 19, at Prince of Peace Catholic Church, 135 S. Rte. 83, Lake Villa, IL 60046. Interment will be private at All Saints Cemetery, in Des Plaines. Visitation will be on Tuesday, Dec. 19, at Prince of Peace Church from 9 a.m. until the time of service. In lieu of flowers, memorials appreciated to Masses at Prince of Peace Church or the Alzheimer's Association, 4709 Golf Rd., 1015, Skokie, IL 60076. Funeral arrangements were handled by the Ringa Funeral Home, in Lake Villa. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### JOSEPH 'LEFTY' BANDA Born: Oct. 12, 1917

Died: Dec. 6, 2006

GURNEE—Joseph "Lefty" Banda, age 89 of Gurnee and formerly of Waterbury, Conn., and Margate, Fla., died Wednesday, Dec. 6, 2006, at the home he shared with his daughter. He was born in Waterbury, Conn., on Oct. 12, 1917, to the late Domenic and Anna (nee Filosima) Banda.

Survivors include his children, Ferdinand A. (Barbara) Banda of Bristol, Conn., and Anna (Mark)

Taylor of Gurnee; his seven grandchildren; and his many nieces and nephews. His aforementioned parents and wife, Helen (nee Ricchezza) Banda precede him in death.

The funeral was held in Waterbury, Conn. A local memorial service was held at 7 p.m., on Dec. 12, at Living Waters Church, in Grayslake, Please sign the Guest Book at www.WeeklyJournals.com/obits

#### LOIS J. ZEMAN

Born: May 16, 1927 Died: Dec. 9, 2006 Was a Eucharistic minister and minister of care

LIBERTYVILLE—Lois J. Zeman, age 79, of Libertyville passed away Saturday Dec. 9, 2006, at Libertyville Manor Care. She was born May 16, 1927, in Chicago, to the late Earl and Lydia Anderson. Lois was a member of the St. Joseph Catholic Church in Round Lake, where she was a Eucharistic minister and minister of

Lois is survived by her children, Judy (Leroy) Nordlund of Round Lake Beach, Roberta (Ray) Zuchel of Harvard, Timothy (Crystal) Zeman of Marengo, and Ronald Zeman of Carpentersville, her grandchildren; and 15 great-grandchildren. She was preceded in death by her husband, Donald Zeman and her sons, Oliver and William.

A Funeral Mass was held at 11 a.m., Dec. 13, at St. Joseph Catholic Church, in Round Lake. Interment was privately held. Friends of the family visited from 10 a.m., until the time of the service at St. Joseph Catholic Church. Funeral arrangements were entrusted to Strang Funeral Chapel & Crematorium, in Grayslake. In lieu of flowers donations may be made to the American Heart Assoc. 208 S. LaSalle St., Ste 900 Chicago, IL 60604 or the American Diabetes Assoc. 30 N. Michigan Ave., Ste 2015 Chicago, IL 60602. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### RICHARD 'TRICKY DICK' D. RAMLOW

Born: Sept. 15, 1930 Died: Dec. 7, 2006 Was the proprietor/contractor of Tricky Dick Masonry

ROUND LAKE PARK - Richard "Tricky Dick" D. Ramlow, age 76, of Round Lake Park, died Thursday, Dec. 7, 2006, at the Pavilion of Waukegan. He was born Sept. 15, 1930, in Lincoln to John and Katherine (Stuan) Ramlow. Formerly of Island Lake,

Richard had lived in Round Lake Park since 1967. He was the proprietor/contractor of Tricky Dick Masonry for over 50 years in Lake and McHenry counties. He was a perfectionist at his trade and enjoyed artistic stonework Richard also enjoyed gardening and good food.

He is survived by six children, Richard (Gail) Ramlow of Waukegan, Jerry (Paula) Ramlow of Lake Villa, Lynn (Virgil) Baxinette of Ishpening, Mich., Patti (Mike) Bruenning of Grayslake, Jeff (Lisa) Ramlow of Burlington, Wis., Lisa (George) Papandreou of Waukegan; 17 grandchildren; 13 great-grandchildren; and three brothers, Emil Ramlow of Decatur, Ralph Ramlow of Michigan, Virgil (Judy) Ramlow, Beaver Creek, Ohio. He was preceded in death by his parents.

Visitation was from 2 to 6 p.m on Dec. 10, at Justen's Round Lake Funeral Home, 222 N. Rosedale Ct... (at Cedar Lake Road), Round Lake. The funeral service was held at 10 a.m., on Dec. 11, at the funeral home. The Rev. Zak Turner officiated. Interment was in Avon Centre Cemetery, in Grayslake. Memorial to the American Diabetes Association, 30 N. Michigan Ave., Suite 2015, Chicago, IL 60602. Online condolences may be sent to the family at www.iustenlh.com. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### CATHERINE BOTH

Born: Feb. 1, 1920 Died: Dec. 8, 2006 Worked for the Cook County Illinois Juvenile Court and Adult Probation Dept.

ANTIOCH - Catherine Both, age 86 of Antioch, passed away Friday, Dec. 8, 2006 at the Aurora Lakeland Medical Center, Elkhorn, Wis. She was born Feb. 1, 1920, in Taylor, Pa., the daughter of the late Robert and Anne (Gibbons) Doyle. Before her retirement she worked for the Cook County Illinois Juvenile Court and the Adult Probation Department. On June 23, 1939, she married Arthur Both in Chicago and he preceded her in death in 1965.

Survivors are her four children, Patricia A. (Paul) Martin of Elkhorn, Wis., Robert A. (Lorrie) Both of Bellevue, Iowa, Sheryl A. (Joseph) Perminas and James D. Both, both of Antioch, 10 grandchildren, 19 greatgrandchildren and two great-greatgrandchildren. In addition to her husband, she was preceded in death by her brother, Robert Doyle and a grandson.

The funeral was held at 11 a.m., on Dec. 12, at Peace Evangelical

#### **OBITUARIES**

Lutheran Church, in Wilmot, Wis., with Pastor James Fischer officiating. Cremation followed. Visitation was from 4 to 8 p.m., Dec. 11, at the Strang Funeral Home of Antioch and at the church Dec. 12, at 10 a.m., until the time of services Friends desiring may make contributions, in her memory, to the Muscular Sclerosis Foundation, National Headquarters, 6350 N. Andrews Ave, Fort Lauderdale, FL 33309-2130. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### **CATHERINE LACHMAIER**

Born; March 12, 1915 Died; Dec. 10, 2006 Was a seamstress, avid card player and homemaker

LONG GROVE - Catherine Lachmaier, age 91 of Long Grove and formerly of Massillon, Ohio, was born in Massillon, Ohio, and passed away of natural causes on Sunday, Dec. 10, in Libertyville.

She was the loving mother of Mary Lou (the late Roger) Ward of Phoenix, Ariz., Ruth Ann (James) O'Hara of Plano, Texas, Jane (Kenneth) Wittig of Long Grove, Robert Lachmaier of Massillon and Kathryn (Enos) Farnsworth of Evergreen, Colo. Also surviving are nine grandchildren, 14 great-grandchildren and a sister. She was preceded in death by her parents, Karl and Marie Heimann, by her husband, Carl Lachmaier in 1971 and two sisters.

The funeral was held on Dec. 16 at St. Mary's Catholic Church in Massillon, Ohio with interment in the church cemetery. Arrangements were handled by the Burnett-Dane Funeral Home in Libertyville and the Heitger Funeral home in Massillon, Ohio. in lieu of flowers, donations can be sent to the Reed-Turner Woodland Trust, 3853 Old McHenry Rd., Long Grove, IL, 60047. Please sign the Guest Book at www.WeeklyJournals.com/obits

MICHAEL J. KNUTH

Born: Jan. 20, 1961 Died: Dec. 7, 2006 Loved to ride his motorcycle, hunting and playing his guitar

VERNON HILLS—Michael J. Knuth, age 45 of Vernon Hills, died Thursday, Dec. 7, 2006, at his home. he served in the U.S. Army and worked as a tool and die maker.

Survivors include his sons, Craig Hundley of Lake Villa, Chris and Chad Knuth of Vernon Hills, and Casev Knuth of Lake Villa; his parents, Frank and Peggy Knuth of Lindenhurst; his sisters; brothers; and many other relatives and friends.

A memorial visitation will be held from 3 to 7 p.m. on Friday, Dec. 15, at the Strang Funeral home of Antioch. In lieu of flowers donations may be made in his memory to Toys for Tots. Please sign the Guest Book at

www.WeeklyJournals.com/obits

#### HELEN R. WALKER

Born: Dec. 20, 1917 Died: Dec. 10, 2006 Worked for the Waukegan School District

WAUKEGAN-Helen R. Walker, age 88 of Waukegan, died, Sunday, Dec. 10, 2006, at Rolling Hills Manor in Zion. She worked for the Waukegan School District as a secretary in the athletic department for 18 years.

Helen is survived by her children, James (Claudette) Walker of Lake Bluff, Fritz (Mary) Walker of Waukegan, Bill (Carol) Walker of Waukegan and MaryLou (John Courney) Walker of Oak Forest; grandchildren; three great-grandchildren and many other relatives and friends. She was preceded in death by her husband, James Walker in 1999; and her parents, Frank and Anna Jonaitis.

A Funeral Mass was celebrated at 10 a.m., Dec. 14, at Immaculate Conception Church in Waukegan. Interment was in Ascension Cemetery in Libertyville. Friends called from 4 to 8 p.m., Dec. 13, at Peterson & Patch Funeral Home in Waukegan. Donations in her memory may be made to the American Heart Association or to Immaculate Conception Church. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### **ELEANOR MEYER**

Born: Nov. 19, 1928 Died: Dec. 9, 2006 Worked as a kitchen helper at Terrace Nursing Home in Waukegan

KENOSHA, WIS.—Eleanor Meyer, age 78 of Kenosha, Wis., formerly of Waukegan, died Saturday, Dec. 9, 2006, at Hospitality Nursing Home in Kenosha, Wis.

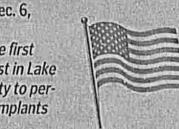
She is survived by her children, Michael (Brenda) Meyer of Pleasant Prairie, Wis., Ron (Mary) Meyer of

Zion, Sandy (Pete) Morrison of Lake Villa; her grandchildren; three sisters and many other relatives and friends. She was preceded in death by her husband of 29 years, Almer Meyer in 1982; her parents; three sisters and one brother.

The funeral was held at 11 a.m., Dec. 13 at Peterson & Patch Funeral Home in Waukegan. Interment was at Highland Memorial Park in Libertyville. Friends called at the funeral home from 10 a.m. until the time of services on Dec. 13. In lieu of flowers, the family requests that donations be made to Alzheimer's Association, Southeastern Wisconsin Chapter 6130 W. National Ave., Suite 200, Milwaukee, WI 53214. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### DR. LEO G. JANKS

Died: Dec. 6. 2006 Was the first dentist in Lake County to perfect implants



WAUKEGAN-Dr. Leo G. Janks, age 81 of Waukegan, died peacefully in his sleep at home. At one time, he was a dentist for the Chicago Cardinals (pre White Sox) baseball club. Leo served in the Army Aircorp and was honorably discharged.

He is survived by his two daughters, Mary G. Janks, who was his caregiver for the past 10 years, and Pamela (James) Byrne; four grandchildren; two great-granddaughters; and many nieces and nephews. He was preceded in death by his wife, Lois in 1997; and his daughter, Patricia Janks in 1988.

Visitation took place Dec. 11, from 5 to 8 p.m. at at Marsh Funeral Home in Gurnee. The Funeral Mass was held at 10 a.m., Dec. 12, at St. Anastasia Church. Interment was at Ascension cemetery. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### JAMES HENRY KRAUSE SR.

Born: Aug. 10, 1934 Died: Dec. 10, 2006 Worked for OMC in Waukegan

WINTHROP HARBOR—James Henry Krause Sr., age 72 of Winthrop Harbor, died Sunday, Dec. 10, 2006, at Vista Medical Center East in Waukegan.

Survivors include his children Tracy (Stephen) Townsend of Wabasha, Minn., Holly (Tom) Szostak of Lindenhurst, Kim Krause of

Winthrop Harbor, James (Ginny) Krause of Zion and Delbert (Leann) Krause of Kenosha, Wis.; seven grandchildren; five great-grandchildren; two brothers and several nieces and nephews. He was preceded in death by his wife, Joy Krause in 1999; one sister; and by his parents, Delbert August Krause and Almeta Krause (nee Meyer).

The funeral was held on Dec. 12 at 7 p.m. at the Congdon Funeral Home in Zion. Visitation was on Dec. 12 from 4 p.m. until the time of service at the funeral home. Please sign the Guest Book at

www.WeeklyJournals.com/obits

#### **CLINTON L. DAVIS**

1932 Died: Dec. 7, 2006 Owned and operated Clint Davis construction Inc. of Zion

Born: Nov. 20,

ZION—Clinton L. Davis, age 74 of Zion, died on Thursday, Dec. 7, 2006, at home following a lengthy illness. He served his country for eight years with the U.S. Navy.

Survivors include his wife of 54 years, Barbara (nee McCulloch) Davis; children, Doug (Judy) Davis of Zion, Susan (Michael) Wimmer of Bristol, Wis., Jeff (Linda) Davis of Brookfield, Wis., and Sharon (Leigh) Harrison of Champlin, Minn.; grandchildren; one great-grandson and a sister. He was preceded in death by his grandson; one sister; and his parents, charles and Esther Davis.

Visitation was on Dec. 13 from 5 to 9 p.m. at the Congdon Funeral Home in Zion. A memorial service was held on Dec. 14 at 11 a.m. at Lakeview Church in Zion with Pastor Les Martin officiating. Memorial donations to either Camp Zion, a ministry of Christ Community Church, 2500 Dowie Memorial Dr., Zion, IL 60099 or ZEMA, P.O. Box 727, Zion, IL 60099 have been suggested. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### HELEN M. BELEC

Born: Jan. 10, 1912 Died: Dec. 8, 2006 A member of St. Paul Lutheran Church

WAUKEGAN-Helen M. Belec, age 94 of Waukegan, died Dec. 8, 2006, at Vista East Medical Center.

She is survived by one sister, Bernice (Harold) Gelden; one nephew,

William (Dawn) Gelden; one niece, Shirley (Vernon) Cook; many great nieces and nephews, along with many great-great nieces and nephews; and a dear friend, Lucille Robinson. She was preceded in death by her husband, Leo Belec; and her parents, John and Margaret Sarvela of Waukegan; a brother-in-law; and four nephews.

Visitation was on Dec. 12 from 1 to 2 p.m. at St. Paul Lutheran Church in Waukegan with funeral service following at 2 p.m. Burial was private. In lieu of flowers donations may be made to St. Paul Lutheran church in her name. Arrangements were handled by the Marsh Funeral Home. Please sign the Guest Book at www.WeeklyJournals.com/obits

#### Recent Deaths

MARY E. HUTCHISON, 45 of Trevor, Wis., Nov. 27, 2006. Arr: Strang Funeral Home of Antioch

FRANK J. ALEX JR., 63, of Ingleside, Nov. 28, 2006. Arr: K. K. Hamsher Funeral Home of Fox Lake

LADDIE A. KORECEK SR., 81 of Antioch, Nov. 21, 2006. Arr: Strang Funeral Home of Antioch

JOSEPH P. SABAR, 71 of Antioch, Nov. 28, 2006. Arr: Strang Funeral Home of Antioch

JOHN T. MOORE SR., 73 of Grayslake, Nov. 29, 2006. Arr: Strang Funeral Chapel & Crematorium in Grayslake

ALEKSANDAR ANTONIJEVIC, 74 of Chicago, Nov. 29, 2006. Burnett-Dane Funeral Home in Libertyville

DOUGLAS E. BURKE, 60 of Waukegan, Nov. 29, 2006. Arr: Strang Funeral Home of Antioch

SUSAN LYNN KRUEGER, 48 of Gulf Port, Miss., formerly of Zion, Nov. 26, 2006. Arr: K. K. Hamsher Funeral Home in Fox Lake

FRANK J. MITCHELL, 88, of New Hope, Minn., formerly of Waukegan, Nov. 30, 2006. Arr: Strang Funeral Chapel & Crematorium in Grayslake

DR. ALFRED J. DOWE, 81 of Waukegan, Dec. 2, 2006. Arr: Strang Funeral Chapel & Crematorium in Grayslake

HARRY OTTO REUSE, 90 of McHenry County, Dec. 2, 2006. Arr: Strang Funeral Chapel & Crematorium in Grayslake

To submit an obituary, please call Nancy Thielsen at (847) 223-8161, ext. 143, or e-mail wjobits@weeklyjournals.com. Obituaries must be received by noon on Tuesday.

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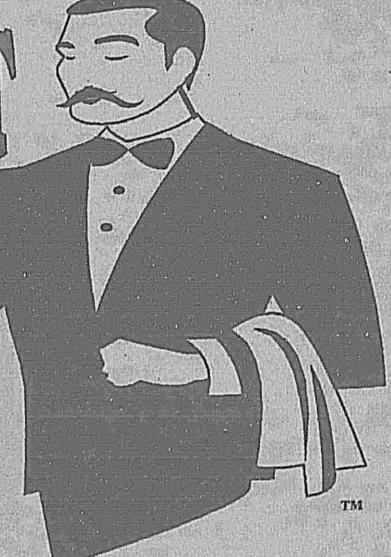
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Pruit and pork are a classic pairing. You will enjoy the simplicity and great flavor of this lean and delicious cut of pork. Apricot ginger mixture is brushed on pork which is then rosated for a sweet and savory combination.

#### Chicken Enchilades

Seasoned chicken, onlons, peppers, and a cheesy filling wrapped up in a com torulla. Topped off with a creamy cumin cheese sauce.

- what could be better on a cold chilly night? White beans, carrots, celery, onions, partie and spices bathed in chicken broth and flavored with a ham



#### Tuscany Tomato Beef Stew

The taste and aroma of the sunny lialian countryside — all in your crockpot. Loaded with big chunks of beef, onlons, tomatoes and carrots and a
variety of seasonings. Just thicken with a little flour and serve in soup
bowls over toasted Italian bread. Buon apetito!

#### Mediterranean Stew

\$23.00/\$11.50

Fabulous flavors from across the region simmer together for a hearty, deli-cious and healthy meal. Onlon, peppers, artichoke hearts, capers, olives, tomatoes and a variety of seasonings—and since the Medherranean is a sea-we add chunks of Tilapla fish to finish it off. Serve over rice or couscous,

#### \$28.75/\$14.37 Cranberry Chicken Pot

An easy crock-pot ment for a busy night. Chicken pieces cook slowly in a savory mix of our homemade BBQ sauce, homemade crunberry sauce, celery and onlons.

with sayory spices. Serve over buttered noodles or mashed potatoes a great weeknight dish. Absolutely wonderfull.

#### Mahi Mahi ala Romana

Thick fillets of Mahi Mahi bathed in a Caesar-Inspired marinade and cook quickly in the broiler, Appropriate for dinner guests. Serve with a Cue-

#### sar salad (of course), brend, and a crisp white wine.

#### \$29.50/\$14.75 Moroccan Pork Loin

Travel to Marrakech without leaving your kitchen! Pork loin marinated in and cooked with a source of spices, honey, onions . and fruit! Lemons, dried apricots and plums add a slightly exotic and oh-so delicious flavor to the meat. Serve with couscous or rice (you will want lots to sonk up the source) and green beans.

marinade - sweet and savory - along with our Gartic Mashed Potatoes this dish is a winner!



#### \$36.00/\$18.00 Chesapeake Crab Soun

A spick and hearty soup chock full of tomatoes, corn, carrots, onion and loaded with real lumped blue crab meat. Simmers on the stove in less than 30 minutes. Serve with whole grain rolls or crackers for a healthy mid-winter supper.

#### Caraway Roast

\$30.00/\$15.00

\$26.00/\$13.00



A sirioin tip reast that stews in your crock-pot all day with pearl onlons, stone-ground mustard, dark beer and caraway seeds. We suggest stirring in flour for a simple gravy and serving over noodles or mashed putatoes with lima beans and carrots on the side. The leftovers are perfect on tye bread!

#### Chicken Pot Pic

Fender chunks of chicken carrots, pens, and onlons mingling in our home-made creamy white sauce. Made in the traditional way between two flaky nie crusts, but with a twist. The crust is a colory seed crust. Delicious!



BUSCH SERIES

### Nextel Cup drivers 'Buschwhack' another awards banquet

Kevin Harvick won his second Busch Series championship, and Richard Childress claimed his third as an owner. Those were the big win-ners when the series' standouts were honored on Dec. 8 in an Awards Banquet held at the Grand Floridian Ballroom in Orlando, Fla.

Also honored were the drivers who also finished in the top 10 in series points. They were, in order, Carl Edwards, Clint Bowyer, Denny Hamlin, J.J. Yeley, Paul Menard, Kyle Busch, Johnny Sauter, Greg Biffle and Reed Sorenson.

Danny O'Quinn Jr. earned the Raybestos Rookie of the Year award and was honored, as was series veteran Kenny Wallace, who received a special award for his career achievements.

"Racing with these guys teaches you discipline on when you need to go hard and how to race somebody," said O'Quinn, a 21-year-old driver from Coeburn, Va. "There's a lot you can pick up by watching these guys drive and being out there on the track with them."

The championship crew chief was Shape Wilson. He, along with Menard and Sauter, took batting practice at The Ballpark of Disney's Wide World of Sports Complex, home of the Atlanta Braves' spring training camp. Chicago Cubs catcher Michael Barrett, a NASCAR fan, was on hand to give pointers.

Childress and Bowyer took part in a fishing trip held in conjunction with the banquet, while Yeley and Hamlin led a group in a nine-hold golf scramble held at Osprey Ridge Golf Course, one of five courses at the Walt Disney World complex.

#### CRAFTSMAN TRUCK

Todd Bodine waited years — two decades to be exact — to win a NASCAR national touring series championship. The 42-year-old Bodine, of Chemung, N.Y., set a NASCAR Craftsman Truck Series single-season winnings record, earning \$1,046,60 when his race win-nings (\$604,310) and other awards were totaled up.

Bodine and the rest of the top 10 - in order, Johnny Benson, David Reutimann, David Starr, -Jack Sprague, Ted Musgrave, Ron Hornaday, Ter-ry Cook, Rick Crawford and Mike Skinner – earned recognition at the series' banquet, also held at the Grand Floridian Hotel at Walt Disney World, on Dec. 10.

The championship team was headed by Bodine, Germain Racing co-owners Bob, Steve and Rick Germain, and crew chief Mike Hillman Jr.

The previous record for season earnings, \$1,002,510, had been established in 2000 by Greg Biffie. For the first time in series history, 10 drivers won more than a half-million dollars during the season. Benson wound up second on the money list with \$770,157 and was named Most Popular Driver, becoming the 11th different recipient of that award, which, in the Truck Se-

ries, is voted on by NASCAR's membership.

The Raybestos Rockie of the Year was Erik
Darnell, 23, of Beach Park, III. Darnell is the fifth representative of Roush Racing to receive the award in the Truck Series.

Wonte Dutten

#### HE SAID WHAT?

- "Sometimes we had to write notes to each other because you couldn't hear their lips move." --Fox analyst Larry McReynolds, at Bristol.
- m "The reason I went to Evernham is not how my car's going to run now. It's how we will run next year and the year after." - Elliott Sadler, after switching teams' during the season.
- "We're all human beings. We're not computers or machines. We're human beings with human emotions, and we all have tempers at some point. We all find ways to make up for it and make things right going down the road." - Tony Stewart
- "No dust. Multi-groove racing. Done by 10:30." - Ken Schrader's three rules for running a local short track.
- "Now that he's leading, it's going to be hard for Matt Kenseth to pick up many positions on pit road." - Fox analyst Larry McReynolds
- a "Darlington is kind of like our Lambeau Field." - Matt Kensoth

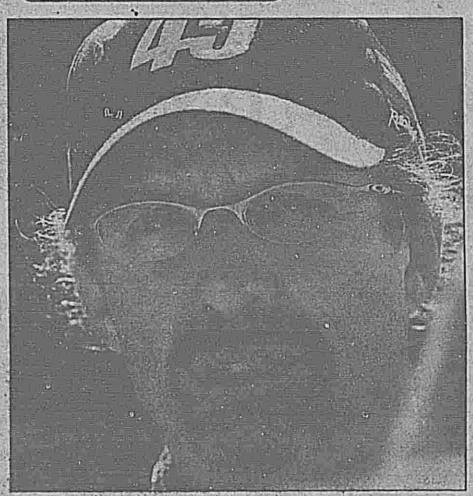
#### Trivia time

#### Questions

- 1. Where did Lee Petty win his first (now) Cup race?
- 2. Where did Richard Petty win his first (now) Cup race?
- 3. Where did Kyle Petty win his first Cup race?
- 4. Where did Bobby Allison win his first (now) Cup race?

- Pittsburgh, Pa. (1949)
   Charlotte, N.C. (1960)
- 3, Richmond, Va. (1986)
- 4. Oxford, Maine (1966)

#### LEGENDS AND LORE



John Clark/NASCAR This Week

Ayle Petty's first NASCAR win was in Alchmond in 1986.

#### YOUR TURN LETTERS FROM OUR READERS

#### I just can't afford to go to races

am a 46-year-old father of two. ... I wanted to chime in on why I feel the ratings and attendance are down in the Nextel Cup events. First, and foremost, I can no longer afford to go alone, never mind bring the family, to a Nextel race. The ticket prices are outrageous, and the hotel rates are pure highway robbery. Even on the local scene, tickets for the Fall Finale at Stafford (Speedway) were going for \$35 for an adult (while the purses have barely increased). I just cannot justify spending that kind of money.

As for the televised races, there is far too much commercial interruption. I really try to watch some of every event, but the commercials always seem to be interrupted

by a single lap of racing.

One other thing. The TV announcers are not that good. Too much "Hollywood" and not enough nuts and bolts. The broadcasts are produced like a Broadway play. Cut to the chase and show us a good race. Man, think of the racing they could show us instead of "If the race were to end now, here's what the points standings would be."

I have rambled on long enough. ... Joe Atspla Torrington, Conn.

Thanks for letting us know how you feet. We hear a lot from fans who have grown disillusioned by "the new NASCAR."

### Golf injury forces Johnson out of Paris competition

By Monte Dutton NASCAR This Week

00

.00

.75 ne-ky

the Nextel Cup championship with nary a scratch, fractured his left wrist in a golfing accident and had to pull out of the Race of Champions, scheduled for Dec. 16 at Stade de France comment Monday, but a in Paris.

rus County (Fla.) Chronicle, cart when The Associated which had a reporter at the Press asked for clarification. Black Diamond Ranch who wit-Pitching In Celebrity tourna- woman Kristine Curley said. track on the newly reconfig- assessment of the injury." ment, detailed the accident. "He wasn't trying to deceive ured LVMS layout, with Biffle hit the wall between out."

#### ( NUTS AND BOLTS )

The newspaper said Johnson Jimmie Johnson, who won was sprawled across the top of the cart Friday as it headed toward the 16th hole when his ing Johnson said he could be playing partner hit a berm, cleared to drive again in four fying speeds might reach 190 throwing Johnson several feet.

Johnson was unavailable for spokeswoman for the driver Monday's edition of The Cit- confirmed he was on top of the

"Jimmie was horsing around nessed Johnson horsing around and was on top of the golf cart last week. during the Mike Hampton when he fell off," spokes-

NASCAR career. Doctors treatweeks.

And that's not all - Greg Biffle suffered a dislocated Speedway tire-testing crash

believes he was being untruth- exceeding 187 mph on a track knocked the fuel pump loose where the existing track and caused his Ford to burst The injury won't affect his record is 174.904 mph, set by into flames. Kasey Kahne in 2004.

> mph. Initially, it was thought the crash.

anyone and is sorry if anyone Chevrolet driver Kyle Busch turns one and two. The impact

LVMS now has graduated Biffle said he thought quali- banking - peaking at 20 degrees - in the turns.

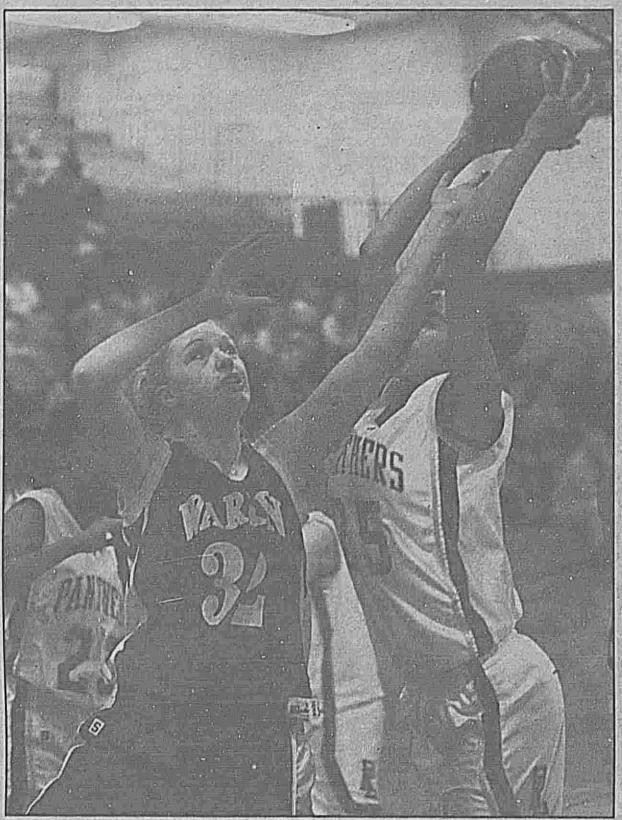
"There are a lot of neat charhe had only been shaken up in acteristics to the track," said Busch, a Las Vegas native. "It's "I cut a right-front tire and still pretty wide and a great made heavy contact with the racing surface. It's wide wall," he said. "As a result of enough that we'll be able to run shoulder in a Las Vegas Motor the incident, I dislocated my two and three wide. The transishoulder and have been ad- tions from the corner to the vised by my doctors to remain straightaways and then the Speeds were high at the in Mooresville ... for further straightaways to the corners are awesome. It's a great lay-

# SPORTS

Other sections

Our Town A5 | Calendar A10 | Pro Football Weekly A29 Neighbors A8 NASCAR A23

Page A24 LAKE COUNTY JOURNALS Friday, December 15, 2006



Chris Padgett - cpadgett@nwnewsgroup.com Warren's Lory Shaw (left) attempts to block a shot from Round Lake's Amber Phillips.

# Warren's jack of all trades

From Miss Illinois Teen USA to athletics, Shaw caught up in whirlwind of opportunities

By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

This season, Lory Shaw had more than just basketball

on her mind. Sure, she's a veteran forward on one of the premier girls basketball teams in the area. Sure, she will have a lot more work to do on a top-tier soccer program in the spring. But for one weekend



**Lory Shaw** 

things in the Miss Illinois. Teen USA while. But when she first got wind of Pageant.

Shaw, a 6-foot-2 junior at Warren, is a presence to behold on the athletic field. From her work on the Blue ing for a couple of years, but it hasn't Devils soccer team to serving as a forward on the girls basketball team, flicts with basketball," Shaw said. "But Shaw definitely has been used to winning at Warren. While she didn't win the pageant, she faced tough odds to wanted me to get into it." just get in as she was chosen from more than 1,200 applicants to become

one of 175 contestants from around the

However, you'd never think she had done so much when you talk to the humble junior. Shaw's basketball coach, John Stanczykiewicz, said she's a "dream" to work with, both on and off the court.

"Lory is always joking around, she's always got a smile on her face and she's always having a good time," Stanczykiewicz said. "That's really great; she really lightens the mood in a game.

"She's just a great kid."

Ask Lory, and the pageant is just a November, she had to work on the finer small part of a plan she has had for a the competition, she was reluctant to enter the pageant.

"I've been trying to get into modelbeen my thing because it always conover the summer, they sent me something in the mail and my mom really

See SHAW, page A26

**GIRLS BASKETBALL: WARREN 49, ROUND LAKE 27** 

### Boothe celebrates millennium bash

Blue Devils center reaches 1,000 points; Warren wins fifth straight

By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

ROUND LAKE - One look at win. Warren star center Sarah Boothe after her team's 49-27 win against Round Lake, you would think it was her birthday. With balloons and her family huddled around her, there definitely was a celebration on hand, but on this day, she wouldn't be blowing out any candles.

Despite limited playing time, Boothe finished with 14 points and three blocks. However, it stone, and consequently become

Round Lake that was the real Christmas gift. story as the star center finally

points after scoring 17 in the we win, that's all that matters. If Blue Devils' previous game I score a point and we still win, against Lake Zurich. Facing I'm happy with that and I'm just Round Lake, Boothe's 14 finally put her over the millennium mark.

the Lake Zurich game, it didn't Shepherd take her long (roughly 10 sec- Heneghan finished with six onds) to finally reach the milewasn't Boothe's scoring against the owner of a nice pre-

"It's good because now I get hit 1,000 career points in the an iPod, so I'm really happy about that," Boothe said. "I don't Boothe was hanging on to 999 really think about it. As long as glad that I got it."

Warren's Melanie Duplessis scored 10 points and hauled in After coming so close after seven rebounds, and Shana and Brelynn points piece.

See BASKETBALL, page A26



Chris Padgett - cpadgett@nwnewsgroup.com

Warren's Sarah Boothe (middle) hurls a pass over a crowd of Round Lake players during last Saturday's game, Boothe has surpassed 1,000 career points for the Blue Devils. CONTROL DESCRIPTION TO BE SEED OF

#### **SPORTS**

**BOYS BASKETBALL ROUNDUP** 

## Blue Devils rout Hoffman Estates

LAKE COUNTY JOURNALS

Last Saturday, it was double' loss. the fun for Warren as the Blue Devils routed Hoffman Estates points, Chuck Kempf chipped in 13 for a 62-31 victory. Warren's defense suffocated the opponents to the tune of only four fourthquarter points.

Senior guard Ceola Clark led NSC-Prairie, with the loss. all scorers with 16 points to go with Shannon Adams' 13, while Logan Derrick finished with 11.

point as Warren out-rebounded Hoffman 38-15.

Estates falls to 3-4.

Clay Henricksen turned in an impressive performance for the Knights, scoring more than half of North's points with 18 in the game. Despite Henricksen's bright spot, Cary-Grove was too much for the Knights in the 47point loss.

#### North Chicago 57, Lakes 52

The old coaching adage goes that basketball games should be played for all fourth quarters. Well, the Eagles are about to hear that again and again as Lakes blew a seven-point lead in

the fourth quarter and was outscored, 25-9, to lead to the

Sean Hertz led Lakes with 19 and Trey Williams finished with 10. Kevin Guirand was the top rebounder with nine boards in the game. Lakes drops to 3-4, 1-1

#### Vernon Hills 59, Antioch 42

The Cougars scored their sea-Rebounding also was a strong son high as senior guard Kevin Hencier finished with 20 points, while Tommy Bahnick added 15 to With the win, Warren lead the Vernon Hills Cougars (2improves to 5-0 while Hoffman 4, 1-1) over the Antioch Sequoits (1-6, 1-1).

While 10 Sequoits were able C-Grove 82, Grayslake North 35 to score in the game, only Brett McKenzie was able to make it to double-digits with 12 points in the NSC-Prairie loss.

#### Zion-Benton 82, Libertyville 59

In the beginning, it was a competitive game as Zion-Benton and Libertyville battled to a 22-21 Zion lead after one stanza. In the fourth quarter, it was competitive again with Zion edging the Wildcats, 22-19. But in the middle, it was all Zee-Bees.

Senior Nick Wilcox and Ryan Jennings led Libertyville with 13 points apiece in the loss.



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#### WRESTLING: WAUCONDA TRIPLE DUAL

### Mundelein tops Wauconda, Lakes

LAKE COUNTY JOURNALS

Wauconda might have hosted the meet, but from the final scores, it could have been Mundelein that called last week's triangular meet home.

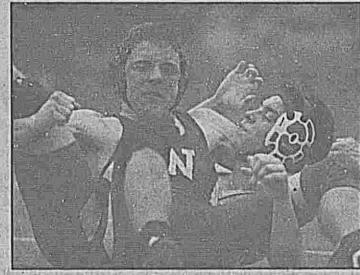
The Mustangs dominated all comers, defeating host Wauconda, 52-21, and beating Lakes, 48-15.

Against Wauconda, Mundelein 103-pound grappler Brad Miller scored the decisive pin in 1:31, while teammates Eduardo Dominguez (119), Tanis Arcos (125) and Adam Avalos all scored pins. The Mustangs' Devin Ringwald (140) won a 4-2 decision while Eric Krause won a 10-5 decision over his opponent.

While Mundelein wrestlers had the majority of the pins, Wauconda heavyweight Scott Hoy returned the favor for the Bulldogs as he took all of 39 seconds to pin Mundelein's Fredy Martinez. Bulldog veterans Rob Champion (215), Scott Carlson (152), and Nick Swanson (145) were the only Wauconda winners against the Mustangs.

Mundelein's meeting against Lakes brought more of the same with the Mustangs victorious in all but four weight classes. Only Lakes' Grant Franzen (103), Matt Holmes (119), Ben Rehm (189) and Tyler Hall (heavyweight) were victorious in the Mundelein matchup.

Lakes coach Curt Onstad blamed the disappointing performance against Mundelein on nagging injuries. However, Onstad found bright spots on heavyweight Hall's pin victory, freshman Franzen's 10-6 win against Miller and Rehm's 9-7 overtime decision



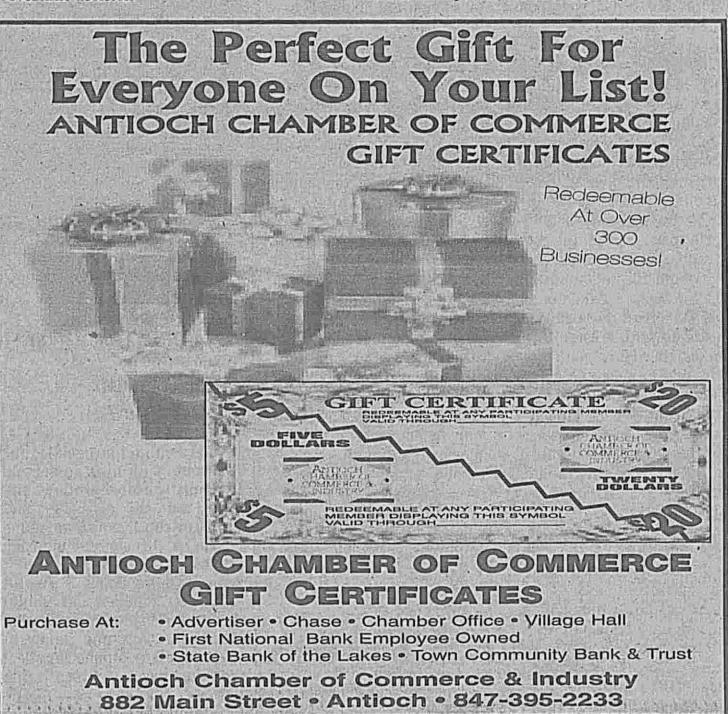
Sandy Bressner - sbressner@nwnewsgroup.com

Wauconda's Tom O'Driscoll goes for a win against Lakes' Tony Bean in the 140-pound weight class in Wauconda.

"Lakes [was] plagued with injuries and did not wrestle as tough as they needed to beat Mundelein," Onstad said.

But the coach reversed his decision in the Eagles' close 39-37 win against Wauconda. One wrestler in particular, 152-pounder Damien Brown came up big for Lakes, and his match could have been the difference between a win and a loss for the Eagles.

"LCHS wrestlers stepped up and wrestled Wauconda extremely tough," Onstad said. "Damien Brown stopped himself from being pinned and prevented Wauconda from getting more team points, which really helped us win."



-O On the Sidelines

# She's got game, too

When I was in college, I deliberately chose to cover as many women's sports as possible, working with everything from the softball team, to the women's basketball team, to women's volleyball.

Why? Because I found the women's competition at a the D-I level much more pure, and not corrupted by millions

of dollars from sponsors. However, I also was appalled by the lack of attention that the women's teams got.

In the



Daniel J. **Patrick** 

heart of Indiana, the supposed basketball state, at Indiana University where the men's basketball team attracted

17,000 to 17,500 fans a game, the women's teams' average attendance numbers ranged from 1,000 to 1,500 people.

Fast forward a couple of years and I am pleased to see that our area does pay attention to the finer side of the sports spectrum and the competition is just as strong.

I couldn't be any happier with the state of Lake County girls basketball these days. Up and down the roster of schools, there is a lot of good hoops action to behold.

From the usual juggernauts Grant, Libertyville and Warren, to up-and-coming teams like Grayslake Central and Round Lake, this should make for one of the most interesting playoffs in recent memory.

Round Lake's Panthers, in particular, displayed a drive that is refreshing to see. Despite spending much of the game facing 20-plus point deficits against Warren, Round Lake guards such as Amber Phillips continued to drive and fast break as if it

were a tied game. As an athlete, that's one of the hardest things to do when facing a deficit - hustle.

Warren and Grant are, well, Warren and Grant, steamrolling opponents while giving reserves valuable playing time early in the season. Libertyville also has built a winning reputation and is off to a great 8-1start after a tough loss to Zion-Benton, so the juggernauts are juggernauting their way to a combined 22-6 record.

What makes the trio of teams so good? That's easy centers.

Among Warren's star Sarah Boothe, Libertyville's Carol Kruckman and Grant's Becka Gonyo, there is an amazing amount of talent, not to mention an average height of 6'3"!

As for the up-and-comers, Grayslake Central's girls stand at 4-6, yet three of the Rams' losses are by five points or less. Round Lake has started out with a respectable 5-4 record, only three wins away from matching last year's win total.

Now I don't know about the rest of you out there, but listening to Tony Kornheiser's commentary on Monday Night Football was like listening to a bad Dennis Miller impression - all the talk, none of the wit.

When Miller's gums were flapping, it sounded as if your history teacher was a color man, but with Kornheiser, he sounds more like someone's crazy uncle. As my old friend so eloquently put it, "Someone [broke wind] in his breath of fresh air."

I couldn't have said it better myself.

 Daniel J. Patrick is sports editor for the Lake County Journals. E-mail him at dpatrick@nwnewsgroup.com.

### 'We're less of a team without [Shaw]'

· SHAW

Continued from A24

Lory's mother, Gwen, would like to make a few revisions to that story. While she acknowledges a passing interest in all things beautiful in her daughter, athletics still reigns supreme.

"Everyone kept telling us that she should get into modeling because she's so tall," Gwen said. "But she was always just playing sports. I think if you asked her to choose between sports and modeling, she'd still choose sports, but the pageant was great fun."

Not only did her mother give her the gentle nudge she needed to enter the competition, Shaw's pageant turned out to be a family affair.

"My grandma [Delores] made my dress for me because I can't really buy a dress because they're not long enough," Shaw said. "She also made my interview outfit and my mom [Gwen] and I practiced my doing things on the hardwood, 5-1. interview answers."

Make no mistake, Lory might as well have been wear- lete; she has great size, she's a once-in-a-lifetime opportunity ing professional clothing as her grandmother is a professional. But it wasn't just the clothing that made Lory the basketball player into Lory the contestant.

"My mother-in-law [Delores Shaw] is a seamstress and she ended up doing all of her clothes," Gwen said. "She just player like her." stuck out, not just because of her height, but she had a pres- of Shaw's briefly living the general, she's hooked. ence about her. We even saw that and we're novices in these New Trier, one of only two it was so much fun," Shaw said. pageants."

Regardless of what she does the season. As it turns out, time; I loved it."



Chris Padgett - cpadgett@nwnewsgroup.com

Lory Shaw talks with her Warren teammates during a basketball game against Round Lake.

as well.

everyone has that mix of size. less of a team without her." and really good athleticism.

· An unfortunate byproduct as for modeling or pageantry in high life was a loss against

off the court, Stanczykiewicz without Shaw, the Blue Devils said Shaw is plenty capable of stand at 1-1. With her, they are

"It's tough to lose a player of "Lory's a tremendous ath- Lory's abilities, but it was a legitimate 6-2, she has a good that happened to fall in the floor sense, and she's just a middle of basketball season," very versatile ballplayer," Stanczykiewicz said. "When it's Stanczykiewicz said. "That's a an opportunity like that, it's unique player to have, not hard to say no to a kid. We're

Shaw said she probably We're very fortunate to have a wouldn't compete in the Miss Illinois Teen USA Pageant, but

"The girls were so nice and Warren miscues at this point of "It was the experience of a life-

### Warren coach sees improvement in Round Lake

BASKETBALL

Continued from A24

Labrenthia Murdock led the ished with six.

With the loss, Round Lake game 2003-04, eight games last sea- talented team here." son, and have a 5-4 record this season.

Despite the big margin of wicz's respect. Even with the hard all game."

over the last two seasons.

"Our bench players were Panthers with nine points and able to get in some significant only four points of offense in teammate Amber Phillips fin- minutes, and we were able to rest our starters for our big against Loyola," snaps a three-game winning Stanczykiewicz said. "I'm defi- drove to the basket in an streak. The Panthers' recent nitely happy with the win, attempt to erase a double-digit run underscores overall because it's kind of tough to deficit. improvement for the Round play here for us. There's always Lake girls program as the that element of the unknown they are one of the top teams in Panthers won one game in here. They've got a very good, the state," Edge said. "We just

victory, Warren coach John 22-point margin of victory, Round Lake's growth as a team the his team displayed against the stifling Blue Devils defense.

The Panthers were held to the first quarter and 12 field goals for the game. However, Round Lake guards continually

"Warren just showed why couldn't do anything to score Round Lake coach Gary against their defense, but I am Edge returned Stanczykie- proud that our team played

#### ROUNDUP

# Wildcats gymnasts takes 2nd at Glenbrook

#### **LAKE COUNTY JOURNALS**

In a field of nine teams, Libertyville was able to defeat all comers, save one, the host Glenbrook North Spartans.

While only 2.400 points separated second place from fourth place, Glenbrook North was able to put almost four full points between the Spartans and the Wildcats.

Though the Wildcats weren't able to win outright, Libertyville did get quality performances from a number of three all-around spots as Kim competitors.

34.850 in the all-around, good for a second-place finish overall, while gaining third in the floor exercise, fourth in the balance beam and fifth in the uneven bars.

Amanda Winn also turned in a fine performance, finishing second in the vault with a 9.550, missing out on top honors by

with a third-place finish on the balance beam. Winn captured fifth in the all-around.

ninth-place finishes in both the beam (8.150) and all-around (32.875).

#### **GYMNASTICS**

#### Warren 179.050 Vernon Hills 138.050

Blue Devils took the top Gotlund (37.750), Kacie Holop exception. Megan Stubbs finished with a (36.800), and Lindsey Jindra (35.700) led Warren to a win. Alison Nardini led the way for Vernon Hills with a 35.550 overall score, while Fallon Faia took 0-10 on the season. fifth with a 34.950.

#### **GIRLS BASKETBALL**

#### Vernon Hills 40, Antioch 16

only 0.05 points, to go along scored more than three points, by only one point against North WOMEN'S from balanced scoring as the Division foe Zion-Benton. Cougars cruised to a 24-point Brittany Tazzioli also placed in victory. Vernon Hills forward Kruckman led the team with 10 the top 10 individually, with Amy Burton led the way with 13 points, while Ally Yarc chipped points while seven other Cougars found the basket in the

#### Woodstock 67, Lakes 25

Lakes' Mandy Schellinger has emerged as the Eagles' top scorer this season, and with 12 of her team's 25 points, Monday's loss against Woodstock was no

Vichnick, Woodstock's reboundthe Eagles as Lakes dropped to victory.

#### Zion-Benton 37, Libertyville 36

Libertyville absorbed its first loss of the season, but the Wildcats proved they would not No individual Sequoits go down without a fight, losing looked strong in the dual meet.

while Vernon Hills benefitted Suburban Conference Lake

Wildcats center Carol in eight.

With the win, the Zee-Bees improve to 7-3 and 2-2 in the Lake, while Libertyville drops to 8-1 and 1-1.

#### WRESTLING

#### Crystal Lake South 39 **Grayslake Central 30**

According to coach Eric match as the Rams won six of 13 matchups against Crystal Lake ing prowess was the downfall of South to fall nine points shy of

> With wins from Justus Depke (119), Drew Stephans (125), Ryan Lund (135), Tad Vela (140), Nick Jauquette (152), Brian Valdivia (189) and Nick Jeppeson-Kirkpa (heavyweight), the Rams

### **COLLEGE BASKETBALL**

#### Illinois Valley 77 College of Lake County 68

The Lancers' Tiffany Lehner scored 27 points and grabbed 16 rebounds, but it wasn't enough against Illinois Valley.

Jae-La Williams and Cassie Newton added 11 points apiece to lead CLC.

#### South Suburban College 63 CLC 50 (OT)

Despite a 19-point and a six-It all came down to one rebound repeat performance from Lehner, the Lancers were unable to snap a four-game losing streak against South Suburban College.

CLC (3-7) was led in scoring by Lehner and Denise Duplessis with 14 points, while Patti Grant finished with seven points and nine rebounds, and Cassie Newton turned in eight rebounds and seven steals.







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One Man's Opinion

# Saints march in as NFL's most pleasant surprise

I have an expression that I'm sure I've beaten to death through the years. But in spite of that, it only seems to get more accurate. It goes something like: "Predictions are like rear ends; everybody's got one, and they're only good for two things."

Now, I'm more than confident each of you can figure out what your behind is good for, and so the point here is that, while the overwhelming majority of the predictions that are made have virtually no redeeming qualities, we all seem to enjoy making them and hearing them. So we continue making them

constantly.

How good have our predictions been this year?

The biggest surprise of the 2006 NFL season has to be the Saints.

Coming off a disastrous 3-13 season that included the worst natural disaster Americans have seen in ... maybe forever, the Saints had a rookie head coach, spent \$60

million on a free-agent QB with a bum throwing shoulder, lost their best offensive lineman and best defensive lineman to free agency, and despite a defense that was 28th in the league last year in points allowed, used their first draft choice on a running back.

Hub

Arkush

Having spent the last 14 weeks basically dismissing them, I am now here to tell you that the Saints are not only going to be in the playoffs, but they'll be the one club none of the NFC's big boys will want to face. Drew Brees, the best quarterback in the NFL this year on a week-in, week-out basis; Deuce McAllister; Reggie Bush; Joe Horn; Marques Colston; and Devery Henderson easily give the Saints the most fire-power in the NFC.

The defense struggles against the run but appears to be getting better. It doesn't make many big plays in the secondary but should be good enough to keep the Saints on the plus side of high-scoring games. And if Sean Payton isn't the NFL Coach of the Year, it will only be because Eric Mangini and Jeff Fisher have been brilliant, as well.

Which I guess tips off my pick as the biggest surprise in the AFC. While not nearly as legitimately competitive with the big boys as the Saints are, the Jets are going to win at least nine, possibly even 10 games and just might find themselves in the playoffs, as well.

Based on their 25th ranking in total offense and 27th position in total defense, and the fact they are pretty unremarkable at almost every position, I can't really tell you how they're winning all the games they've won, which perhaps seals the argument for Mangini as NFL Coach of the Year.

While the Jets' rookie boss has done an outstanding job, don't discount the performance of Jets QB Chad Pennington. Along with rookies D'Brickashaw Ferguson, Nick Mangold, Leon Washington and young veteran defenders Jonathan Vilma, Victor Hobson and Kerry Rhodes, these guys have made just enough plays to turn PFW's 3-13 prediction into a playoff run that just might make it to the finish line.

Without a doubt in my mind, the Panthers are the biggest disappointment in the league this year.

I have no idea how the club that went to the NFC title game last year, added Keyshawn Johnson, DeAngelo Williams, Maake Kemoeatu and Shaun Williams and got back a healthy Kris Jenkins has been so bad.

In the AFC, the Broncos are an easy choice for me as the junior circuit's biggest disappointment. I was never as high on this club as many of you, but like the Panthers, the Broncos were in a conference title game last year. And unlike Carolina, they did race out to a 7-2 start this year before losing their last four.

Why the sudden collapse? In all fairness, a brutal schedule is part of the answer, but the rest of the reason is that Mike Shanahan became so infatuated with first-round pick QB Jay Cutler that he allowed himself to enter the season without a veteran to bridge the gap between the rookie and Jake Plummer when the Snake's very predictable malaise arrived. The Broncos' playoff run is now going down the drain in a hail of rookie QB mistakes. I'm a huge Shanahan fan, but he clearly should have known better.

As far as individual players go, I can't imagine any more pleasant surprises than Colston, Frank Gore, Damon Huard, Tony Romo and Jerricho Cotchery. And please don't tell me you saw Vince Young coming this far, this fast!

. Hub Arkush Is the publisher of Pro Football Weekly:

Bears Analysis

# Offense needs to pick up slack

ST. LOUIS – The Bears, of course, cannot afford woeful games from Rex Grossman of the sort he had been serving up all too frequently in recent weeks.

The fact is that they also might no longer be able to get by with just so-so play from their quarterback, not with their banged-up defense looking rather vulnerable Monday night.

The St.
Louis Rams
totaled 433
yards and 27
points
Monday
night. Their
offense is
pretty good,
but it probably is not as
good as New
Orleans,

Orleans,
Dallas, Seattle and other
potential playoff foes.

With neither Tommie
Harris nor Mike Brown available for the postseason, the
Bears' defense might have to
settle for being above-average
rather than awesome.

In that case, simply managing the game and avoiding mistakes – the way Brian Griese would be expected to do – would not suffice. The Bears would have to light up an opponent offensively to advance.

Their running game will be a big help in that aspect.
Thomas Jones and Cedric
Benson both looked capable of doing whatever they wanted against the Rams – who, to be sure, have one of the worst run defenses in the league.

But to be a truly complete offense, the Bears need Grossman to be the playmaking force he was through the first five games and against San Francisco and the New York Giants.

That Grossman returned Monday night. He not only avoided mistakes and played efficiently throughout, he also burned the Rams with crisp, big-time throws – not to mention a 22-yard run up the middle on third down in which he showed off his dormant scrambling ability.

"I just played poised,"
Grossman told ESPN. "I just tried to take what they gave me. I was able to calm down early and see the field and just distribute the ball by just taking what they gave me."

Down, 13-7, near the end of the first half, the Bears faced third-and-6 at the St. Louis 34. Perhaps Griese simply would have settled for an 8- or 9-yard completion and a first down, and that would have been OK,

Only then, maybe the Bears do not ultimately score a touchdown the way they did in one fell swoop. Grossman zipped a pass to Bernard Berrian in stride on a perfectly-executed slant pattern, and the receiver dashed into the end zone.

If Grossman – 13-of-23 for 200 yards and two touchdowns, with no turnovers – can make those plays and still avoid costly mistakes, he is the ideal quarterback for the Bears or just about any team.

That is a big "if." But with three lowly opponents still to come in Tampa Bay, Detroit and Green Bay, he should be able to build confidence and momentum in time for the door-die atmosphere of the playoffs.

• Nick Hut is a sportswriter for the NorthWest News Group. He can be reached at nhut@nwnewsgroup.com.



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Views

# Bears bite back after tough week

ST. LOUIS - Like the earlyseason games before it, the Bears' Monday night date against the Rams was full of highlights you wouldn't mind seeing again.

Return specialist Devin Hester, as is becoming his custom, was responsible for two of them - kickoff returns that saw him touched less than your mother's fine china.

Quarterback Rex Grossman,

as has lately not been his custom, surprisingly provided two of his own touchdown passes that were the equivalent of lifting two baby grands off his back.



Kevin Kaduk

Yet one of the only plays you needed to see in order to understand the raucous 42-27 victory was a simple 7-yard run near the end of the third quarter.

That was when fullback Jason McKie took a handoff, rushed to the sideline and hit defensive back Tye Hill so hard that his helmet popped off and rocketed down the field.

On the scale of cathartic actions, it was like shooting off a cannon. The Edward Jones Dome crowd, full of noisy orange-and-blue raiders from across the Mississippi River, roared its approval.

After a week of being besieged by public quarterback debates and playoff doubts, the play was indicative of the Bears biting back with a forceful step toward reasserting their hopes of taking the NFC.

It was a performance Grossman and the Bears needed to have, and they earned it, with a contrasting mix of brute force and style points.

Those who clamored to see Brian Griese (i.e. everyone in the lower 48 states and most Hawaiians) get his turn were disappointed as much as Republicans must have been to see Barack Obama get some early and free campaign time.

"Why would I make a quarterback change?" coach Lovie

Smith wondered after being asked if he even considered playing Griese.

Grossman momentarily quelled the calls for his job with a performance that started slowly but ended with a line you'd be happy seeing at the end of a playoff game - 13-of-23 passing for 200 yards, two touchdowns and no interceptions.

More importantly, his quarterback rating resembled a Death Valley temperature (114.4) instead of a car interest rate (1.3). Say this for Grossman - he responded to pressure in a way most of us did not expect.

"It does feel good to play well again and get out of the slump and play efficiently," Grossman said. "This is what I tried to do from the get-go."

The rushing game, more than any other team aspect, seems to resemble a unit hitting its stride at the optimum time. Thomas Jones had 11 rushes for 76 yards and Cedric Benson carried the ball 16 times for 64 yards. Even Grossman got into the act, scrambling in the first quarter for 22 yards to move the chains on third down.

None of this mentions Hester's ascension to the Bears' biggest weapon and an eventual video game cover subject with returns that look easier each time he reaches the end zone.

When playoff time comes and Soldier Field turns into a hard-to-navigate icebox, the field position or easy points that Hester can provide could well spell the difference.

All that said, there's still no reason to get overly excited or declare the Bears' problems solved. The Rams are a broken team who have lost seven of their last eight games after a 4-1 start to the season.

Marc Bulger thinks that some of his teammates don't care if they win or lose and in the second half, it looked like the St. Louis quarterback was right.

 Kevin Kaduk is the Lake County Journals sports columnist. Write to him at kkaduk@nwnewsgroup.com.

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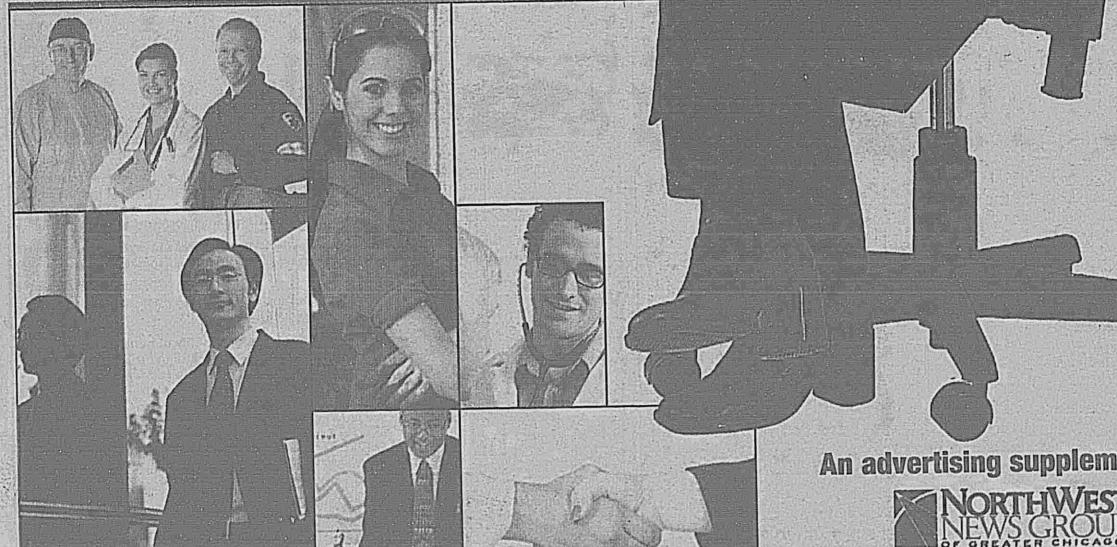
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#### Network.

Recognizing you're not the only one looking for a job is essential to finding one you really want. Recruiters' inboxes are overflowing with the resumes of potential applicants, so you need an edge. Where most job seekers find the most success is through word-of-mouth. Family, friends, former co-workers or anyone else you have regular contact with outside of your current office can all be great sources of information when looking for a job.

Get organized.

Keep track of your job-searching efforts. Finding a job can be a drawn out process, as recruiters typically must sift through large applicant pools before setting up any interviews. Keep a separate file on all jobs you've applied to, complete with a job description and copy of the cover letter and resume you sent to that particular job. Keep these files easily accessible and organized, as you never know when you might be contacted by a prospective employer.

#### · Know what you have to offer.

Examine your strengths and work on communicating those strengths. Effectively explaining what you do best is your best chance of landing that dream job, so practice illustrating how your skills apply to each position you're seeking and how those skills can benefit the company.

#### Customize your letters and resumes.

No two jobs are the same, so no

two sets of cover letters and resumes should be the same, either. Tailor each letter and resume to the specific job you're applying to. In particular, cover letters should emphasize specific skills that might apply to each job. Save all cover letters and resumes under different filenames as well, as you'll want extra copies of each should you be granted an interview.

Stay motivated.

Particularly if you're unemployed or working part-time until you can get back into your field, the process of looking for a job can be defeating. Tales of finding a job early on in the process do exist, but more often than not the process requires sending out plenty of resumes and dealing with lots of rejection. It's a process that everyone goes through, not just you. Keep working hard and you'll find that, in due time, opportunity will come knocking. Following all of these tips will make sure that once that knock does come, you'll be prepared to answer the call.

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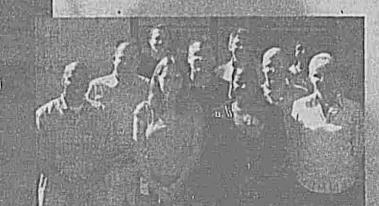
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## Delnor-Community Hospital: Smart medicine. Better Care.

Delnor is a leader in the Fox Valley in providing advanced, comprehensive medical care within a culture that fosters some of the highest patient, physician and employee satisfaction scores in the nation. The hospital has achieved Magnet Nursing Designation, the American Nurses' Association's highest honor for nursing excellence. Delnor was the first non-academic hospital in Illinois to achieve the prestigious designation, and is among the one percent of hospitals nationwide who have earned the right to be called Magnet.

As a Level II Trauma Center, Delnor's new Emergency Department offers the expertise and resources to treat people with severe or life-threatening illnesses and injuries. That same level of service is also available for children, as part of the hospital's state designation as an Emergency Department Approved for Pediatrics. Housed in a new state-of-the-art 28,500 square foot facility, the Emergency Department offers all private rooms including 19 standard care rooms, two trauma rooms and six minor care rooms. The unit also includes a dedicated radiology suite so emergency patients do not have to leave the unit for x-rays.

Connected directly to the Emergency Department is Delnor's new, Cardiac Catheterization Laboratory, Utilizing advanced new technology, physicians are able to evaluate and treat critical cardiac blockages faster and more accurately while exposing patients to far less radiation. Delnor "cardiac cath" patients benefit from fast treatment times (also known as "door to balloon" times) that are far better than the national average.

Delnor's NewLife® Maternity Center recently opened a new wing featuring beautifully-appointed private suites. In addition, the Special Care Nursery (Level II with Extended Capabilities) is equipped to care for babies with special needs, including low birth weight infants, premature infants,

and infants on ventilators. Delnor's neonatalogists are available 24 hours-a-day. The center also offers maternal-fetal medicine services for women experiencing high risk pregnancies including multiple births, and 24-hour obstetric physician coverage in the event of an emergency.

The hospital recently opened a new, state-of-the-art, 10-bed medical unit on the hospital's second floor to enable Delnor to meet the growing need for inpatient care in the rapidly growing Central Fox Valley area. The unit expands the hospital's capacity from 118 to 128 inpatient beds.

Revolutionary technology, privacy, peace of mind and answers – that's what women will find at Delnor's Women's Imaging Center. The center offers digital mammography, the most advanced equipment available for the early detection of breast abnormalities. For women needing a diagnostic mammogram (versus the yearly screening mammogram) because an abnormality has been found, Delnor offers a dedicated radiologist who will read the mammogram immediately. These patients will know their results before they leave the center.

Delnor also offers:Cancer care services

- Cardiac and pulmonary rehabilitation services
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- · A center for diabetes management
- Home health services
- · A kidney dialysis center
- · A lymphedema treatment and management program
- •An outpatient infusion center
- · A pain management center
- Physical rehabilitation services
- · A pelvic pain program · A urinary incontinence program
- · A wound treatment center
- · A sleep disorders center
- •Senior Vitality Program (free membership program for adults 55-plus)

Delnor's Community Education Department offers a wide variety of educational programs, screenings and support groups to help individuals maintain their good health or manage a diagnosis. And the hospital's Medical Staff features some of the region's finest physicians in a wide range of specialties. To assist area residents in finding the right physician, Delnor offers a free Physician Finder service at 630/208-3993. You may also access information about doctors and hospital services and programs by visiting www.delnor.com.

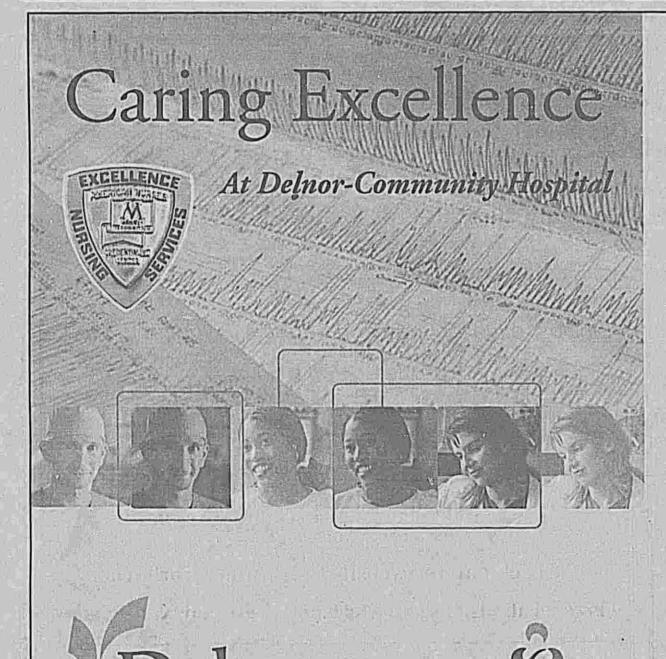
Delnor Hospital is part of Delnor-Community Health System, which provides a broad range of health care and wellness services for the community. Other components of the system include the Delnor-Community Health & Wellness Center, one of the area's premier medically-based fitness facilities; Delnor Glen, an assisted living facility; the Townhomes of Delnor Glen, independent living for seniors; and our new LivingWell Cancer Resource Center, offering education and support to individuals and their families living with cancer.

Our new Medical Office Building immediately west of the hospital is now open, housing additional physician offices as well as outpatient services. We also recently opened our new outpatient surgery center on the hospital campus.

Planning continues for a three-story addition to the southwest side of the hospital to increase Delnor's inpatient bed capacity to 159 to meet the health care needs of our growing service area.

Delnor-Community Hospital is committed to meeting the ever-changing healthcare needs of our community and we are proud to be both a Provider and Employer of Choice in Kane County.

For more information on Delnor, please visit our website at www.delnor.com.



## A Great Place to Work

Delnor-Community Health System is proud to be serving Kane County for the past 65 years! In meeting the ever changing needs of the community, we provide a broad range of health services to residents in the Central Fox Valley: Hospital Care, Community Education Programs, Health & Wellness Center, Home Health, Physician Practices, LivingWell Cancer Resource Center, Delnor Glen Senior Living and a variety of Support Groups.

Now's the time to learn what Delnor has to offer you in the way of exciting career opportunities!

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Support Services

Delnor-Community Hospital is proud to be a Magnet Hospital, recognized for embracing the highest standards of both patient care and employee development. We are ranked #1 in the nation for employee satisfaction and in the top ten percentile for patient satisfaction! Visit www.delnor.com for more information on Delnor and a list of current openings.

Delnor employees enjoy our beautiful 87-acre campus, a nationally-respected team approach to caring, competitive wages and a comprehensive benefits package including 403B with company match, on-site BSN completion program, tuition reimbursement, flexible scheduling options and more.

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# Changing Careers Requires a Lot to Consider



Rarely anymore do people stay with the same company for the duration of their careers. Whereas 30 or 40 years with the same company used to be more commonplace, workers now tend to be a little more on the move when it comes to working.

The reasons for changing jobs are many. Oftentimes, employees cite job dissatisfaction as their primary reason for leaving. Feelings of being underappreciated, underpaid and, perhaps most important, unhappy can add up, eventually making going to work a tough sell each morning.

Others, still, credit a lack of challenge as their primary reason for heading on to what they hope are greener pastures. The longer a person's tenure at a specific company, the more routine their job can become, especially if promotions are few and far between. Such routine over time makes the job less challenging, a difficult thing for hardworking, ambitious employees to cope with.

However compelling a reason for leaving can be, the decision to change careers is often difficult. The prospect of leaving a comfortable situation with the security of a steady paycheck can be an agonizing decision to make. With lots at stake, it's good to remember the following before changing careers.

## Patience pays off.

A career change implies you have an existing career, meaning you're currently not in a position where you need to take whatever you can get. That means there should be no great sense of urgency, such as finding a new job by the end of the month or setting other time limits.

Take the time you have to try out any career you're considering. If you're thinking of becoming a writer, for instance, take some freelance writing jobs and see how it feels. The comfort of your current career should be a strong ally, affording you the chance and ability to thoroughly examine and experience what you might want to do next.

## What's important to you.

Many people change careers because they simply don't feel as though they have enough time for what's truly important to them, be it their family, a hobby or other interests. Before changing careers, look into the career you might be changing to and determine if it's going to afford you the opportunities your current career doesn't. There's no use leaving your current job and the salary and seniority you've built up for a career that will be just as demanding but will require you to start anew.

Your qualifications.

A bachelor's degree today is what a high

school diploma was two decades ago. Most applicants have college degrees, which makes candidates with advanced degrees stand out. Know what you'll be going up against and how your qualifications will look when compared to other potential applicants. While past work experience can often make up for lack of education, that's not always true for people making a career change. If your career change is truly a radical one, your past experience might be deemed largely irrelevant by prospective employers. Before making a change, know your qualifications and if they'll make the grade.

## You're starting over.

The longer a person has been with a company, the better the benefits. Extra vacation time, higher pay and more scheduling flexibility are all things most workers earn as they continue to work for one company. A career change, however, can, and likely will, quickly erase all those perks. Workers who have grown accustomed to three or four weeks of vacation per year might find the transition back to the bottom of the totem pole to be more difficult.

In addition, make sure that you can financially handle such a restart. Career changes often result in pay cuts. Know how steep a pay cut you can expect to take and discuss the ramifications with family and your financial advisor before taking the leap. If sacrifices will need to be made, it's best to get your family's input first.

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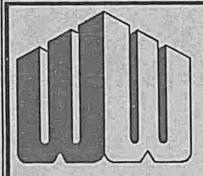
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# Compassionate Care... Progressive Environment ALL IN ONE PLACE!

Kishwaukee Community Hospital, DeKalb, will open a 100-bed replacement hospital in the fall of 2007. The \$102 million project is enabling new technology and processes that will provide an exciting work environment for delivering patient care.

"Design features and technology will improve safety, promote healing and provide more efficient work space for clinical staff," said Cheryl Fisher, RN, MS, Director of Professional Practice.

Features include documentation stations between every two rooms to keep the nurse closer to patients, bedside medication verification, medications and supplies close to patients, electrical outlets at waist level, and equipment locators. "No more searching for IV pumps or other equipment," Fisher said.

All rooms are private, which will help reduce the transmission of infections as will a sophisticated air-handling system within the building.

She added, "The design of the building, lighting, room colors, private rooms, and patient-centered care, including room service and designated rest periods, are all part of the new hospital's healing environment."

A focal point of the healing environment is the healing garden, a beautifully landscaped area that will include water elements, a walking path and places to sit.

Visitors can walk out into the garden through the dining area. Many patient rooms will have a view of the garden as well. Funding for the garden and the hospital chapel are being provided by the hospital's Auxiliary, which is just one example of the community support for the new hospital. A campaign has raised more than \$8.3 million for the project, an unprecedented community response to a need.

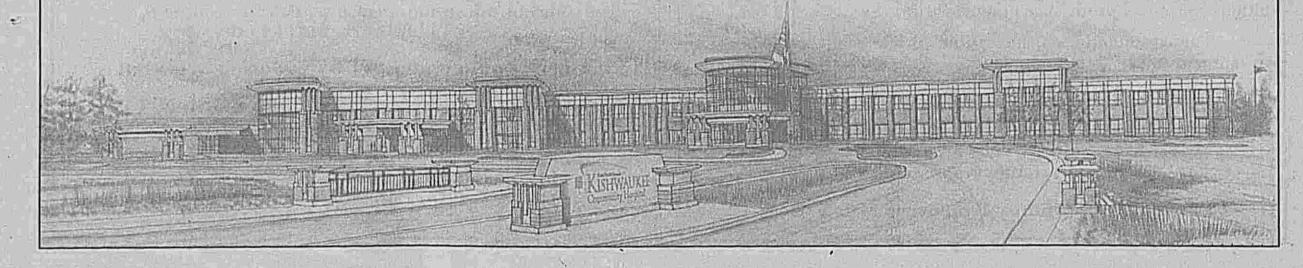
New technology for the hospital includes a 64-slice CT scan and a PET scanner that will greatly improve the hospital's diagnostic capabilities, especially for cancer and cardiac patients. A diagnostic cardiac catheterization lab, inpatient dialysis and onsite MRI are other new features.

The promise of the new hospital is attracting physicians, many of whom represent new specialties for the community, such as neurology, rheumatology and pulmonology.

A medical office building will share lobby space with the new hospital. Diabetes Education and Bariatrics are among the hospital services that will be located in the

The attraction to work at Kishwaukee Community
Hospital is not just the new hospital and all its bells and
whistles, but the quality of life for those who choose to
make their home in the area. Northern Illinois University,
the state's second largest university, is in DeKalb, providing
many opportunities for professional growth and
development, not to mention athletic and cultural activities.

Within a one-hour drive from DeKalb, you can be in downtown Chicago, O'Hare International Airport, Rockford, the Rock River or Lake Geneva, WI.



## Maximize Earning Potential With a Strong Resume



In order to reap the rewards of a high salary, you'll need to dive into today's competitive job market. Your resume will be the first line of communication between you and a potential employer, so you'll want to be sure yours is top notch. More so than ever, your resume will be put under a high-power microscope. Even the slightest comma out of place or a misspelled word can rule you out of the competition. That's why you have to know how to put your resume at the top of the stack to land the job you want. Follow these tips:

1. Don't use personal pronouns and articles. A resume is like a job application. It should be written as concisely as possible. Don't use "I" or "me," and avoid using articles like "of" and "the.'

2. A resume should be free of typos. Even

one mistake can send your resume to the garbage. Proofread and have someone else look it over to ensure that there are no misspellings or extra words and that all punctuation is accurate.

3. Focus on what you've accomplished instead of on your responsibilities. Detail how . you've made or saved money, streamlined processes, built relationships or attracted new customers. If you focus on your results at a company, it will show that you were able to exceed your daily duties. For example, instead of saying "Duties included selling products," reword it to say "Increased product sales by 30 percent over a six-month period."

4. Avoid big words. SAT vocabulary won't impress employers. Avoid jargony words like "utilize;" try "use." Don't say "implement" use words like "adopted" or "set up."

5. Keep job descriptions consistent and or derly. Jobs should be listed in order of importance to the reader. That means: title, name of employer, city/state of employer, and dates of employment - although dates are not as important to employers as your position and who you worked for.

6. Make your resume easy to read. Use bullets and indents to make it reader-friendly, using them in a consistent manner throughout the resume. Also, use a legible font like

Times or Courier in an easy-to-read 10- or 12point size so it's gentle on the eyes.

7. Include your contact information. Always

include your name at the top of your resume in a font that's a point or two larger than the rest of the text, as well as your mailing address, phone number, and e-mail address.

## Working From Home Requires Discipline, Balance

Many people are trading in their commuter passes and cubicle life to work from home. After all, technological advancements enable remote access to servers, and Internet access is sometimes the only tool needed to conduct business from a home office.

The appeal of working at home is very alluring, particularly for those who view it as the ideal way to remaining in the workforce, while also caring for children. Many think at-home workers have it easy. Don't they have free reign to wake up late, remain in their pajamas and probably goof off more than they put in productive hours?

#### FLEXIBILITY, BUT NOT FREE REIGN

One of the biggest challenges is the perception that a home worker is slacking off instead of putting in a full 8-hour day. In response, many at-home workers remain on the clock extra hours to compensate for this notion or to reassure their bosses that they're pulling their weight. Their work may receive extra scrutiny, just to make sure performance is up to par.

Other at-home workers have a hard time "turning off" work, and may spend more hours than necessary in front of the computer.

### NO SUBSTITUTE FOR CHILD CARE

Many mothers and fathers work at home so they can spend more time with their kids and save the expense of sitters or daycare. However, experts say that it should not be a substitute for child care. In many cases, neither work nor a child gets the attention deserved.

What working at home may allow is flexibility to engage in car pools or attend after-school activities. Work-at-home parents should still have alternate forms of child care.

#### FEELING INVISIBLE

While most in-office workers benefit from socializing with coworkers, many at-home workers experience a feeling of isolation. Doing the things that a traditional office worker would lunching at a restaurant, meeting with friends, or just window shopping - can be refreshing and much needed.

## Manufacturing Opportunities

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# Nail the Interview: New Process Awaits Job Seekers Gain a leg up on the competition during job interviews.



As the old saying goes, "You never get a second chance to make a first impression." For job seekers, truer words were never spoke. Particularly today, when job openings attract applicants like honey does bees, setting yourself apart from the legions of others applying for the same position can prove quite difficult.

A greater number of graduates paired with an oversaturated market of individuals looking for new work has only increased the competition. More than ever before, job seekers are fighting an uphill battle to get themselves noticed, a battle that seemingly grows more demanding with each passing day.

Such a reality only heightens the importance of making a strong first impression, one that will make you stick out in the interviewer's mind, hopefully earning you a second interview along the way. While nearly everyone is aware that appearance and education go a long way toward making a positive impression, there are several other areas job seekers can address to make themselves stand out from the rest.

Preparation.

In addition to knowing all about yourself, you should know about the job you're applying for as well. Candidates who enter interviews with little or no knowledge of

the open position rarely, if ever, get a second interview, much less a job offer.

Research the position as well as the company. Don't be afraid to write down questions that might arise during that research and refer to them throughout the interview. Doing so will show the interviewer you're genuinely interested in the position and the company, setting you apart from applicants just looking for a job. Include in your research any recent company developments that perhaps made headlines in the news.

Expect the unexpected.

A side effect of the boom in job seekers is that recruiters are expanding their horizons to better whittle the applicant pool. While in the past interviews were more predictable with respect to questions asked, the wide and largely qualified applicant pool many job openings create has forced recruiters to ask less predictable questions to help them choose between otherwise equally qualified candidates. Therefore, preparing for such questions can be a great way to set yourself apart.

In addition to the more traditional inquiries, topics such as conflict resolution, problem solving and how well you work with others are now subjects many recruiters prefer to broach. The more specific your answers, the more likely you are to stick out in the interviewer's mind. A popular trend among many interviewers is presenting hypothetical situations and asking applicants how they might deal with such situations. Think about the job before your interview and what situations might arise that the interviewer could present hypothetically. Strong responses to such questions will certainly make you stand out.

## · Be mindful of mannerisms.

Though most job seekers are smart enough to look the part with a nice suit and haircut, many don't realize their behavior during the actual interview. Regardless of how nice your suit is or how good your hair looks, fidgeting, failing to make eye contact and even taking too many notes while the interviewer is speaking can distract the inter-viewer from you and what you have to say. Even if your insides are racing, appear as calm and collected as possible on the outside.

If offered a glass of water, take it. You'll want to speak as clearly as possible anyway. When responding to questions, be mindful of how long you've been speaking. While you'll want to avoid "yes" or "no" answers, rambling on will only make you appear nervous and ill-prepared.

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# Trade/Civil Service Jobs Are a Viable Idea for Many A vocational job is likely be stable and in demand for years to come.



Each year, schools across the country churn out young and impressionable twentysomethings who are ready to make big bucks in the corporate world. With their degrees in hand, they interview for positions that would maximize their liberal-arts educations. However, reality soon strikes as these recent grads learn it's quite difficult to secure employment in this fluctuating economy. And if they're lucky to find a position even remotely related to their areas of study, the entry-level salary offered may not even be a livable wage.

Unfortunately, many educators instill highschoolers with the mindset that obtaining a college education is the only way to succeed in life. Similarly, most businesses won't even consider an applicant who doesn't possess a college degree. As a result, students who may not normally view themselves as "college material" are enrolling in pricey schools and coming out four years later none the wiser. And with student loan payments looming on the horizon, the heat is on for them to find a job - fast.

#### VOCATIONAL EDUCATION

Students who don't want to go the traditional college route shouldn't overlook the option of attending a vocational or trade school in lieu of a college or university. Trade jobs, like mechanics, plumbers, electricians

or beauticians comprise an important segment of the country's economy. And their entry-level salaries may be considerably higher than some non-trade-oriented positions. Whether you call it vo-tech, trade school, or career college, it all basically boils down to the same thing - a post-high school, non-academic education that has a curriculum in a particular field of study built right into it. Trade education has its pros and cons, just like with any other field of study:

Advantages: Programs tend to be shorter in duration than "regular" academic college programs because they are field-specific. If you want to enter the job market faster, this is the way to go. In addition, your instructors will have personal experience in the field in which they teach; they may even be known experts in their field. Also, if you need a license to be employed in a particular field, vocational schools will let you know exactly what it takes to get one.

Disadvantages: Vocational schools are intense in pace. If you have trouble keeping up, this might not be the way to go. In addition, schooling may be costly. If you decide on a particular trade and then find out it's not for you, you may have wasted time and money in the process. Also, such a specific area of study may leave you with limited employment options and no room

for advancement, particularly if demand for your trade decreases. Always investigate the market and demand for workers in your desired trade before making a firm commitment to a school.

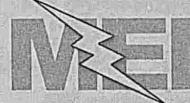
To browse a list of possible vocational positions, visit www.jobprofiles.org.

#### CIVIL SERVICE POSITIONS

Another option is to pursue civil service positions and government jobs. States, cities, even counties have their share of jobs that need to be filled. From law enforcement personnel to bookkeepers and teachers to computer programmers and administrative workers, there may be a position that fits with your personality and skills. Civil service jobs may require a certain number of college credits. Military or on-the-job experience may be acceptable in lieu of college credits.

One big advantage to these type of positions is job security. Oftentimes, once you're in a government or civil service position, your job is guaranteed until you retire. Retirement packages, pensions, and structured salary increases are often the perks that come with these kinds of positions. They are good for those who desire structure and predictability.

For a listing of available government positions, visit www.usajobs.gov.



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Millennium Electronic, Inc. was founded in 1995 and has grown from one employee and zero customers to over one hundred employees and dozens of cutting edge customers at our state-ofthe-art facility. We have just completed a 17,000 sq. ft. expansion, brining the total facility to over 55,000 sq ft.





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Millennium Electronics, Inc. has been awarded the prestigious Chicago's 101 Best and Brightest Companies to Work For in 2005 & 2006. We have demonstrated that we have a strong dedication to creating a positive culture, providing a competitive compensation benefits package, ensuring that our employees have opportunities for career development and providing a well-balanced work-life mix. Millennium is committed to providing an environment that fosters respect for each person irrespective of background, race, age, gender, disability, values, religion, or interests. We provide a culture where everyone feels welcomed, valued, and energized about the contributions they make and the opportunities that are available to them. We are committed to equal employment opportunity.

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## Working Mom's Tips to Take Control of Mornings



December 2006

CN8's Connie Colla makes the most of her mornings with simple steps like preparing her children's lunch before bedtime.

According to the Bureau of Labor Statistics, almost 75 percent of all mothers are employed, and as most working moms would agree, balancing the demands of home and office is no simple task. In fact, these women concur that the toughest job they ever had was being a mom.

Such is the case for CN8 "Your Morning" host and managing editor Connie Colla, a mother of two, whose day begins before the sun even rises. Monday through Friday, from 7 a.m. to 10 a.m., Colla hosts a three-hour live television show. This job demands her to arrive in studio at 5 a.m., research all top news stories that happened overnight, manage her staff of 14, and prepare to deliver news and lifestyle stories to almost nine million homes, across 13 states from Maine to Virginia, and in Washington, D.C. Not to mention, she must look great and remain upbeat throughout the process. But that dwarfs what she oversees at home.

Before even arriving in studio, Colla must conquer a hectic morning schedule to prepare her family for the day, while making sure she gets out the front door on time. Every second counts, so Colla has come up with a few easy ways to maximize her morning routine:

1. Tap Into Technology - Colla swears by her Blackberry, "It's the world's best invention." The PDA stores hundreds of contacts; is a daily appointment book; contains details on important meetings; sends reminders of important family events such as her daughter's upcoming camp project; and alerts her of at-home needs such as picking up dog food on the way home from work.

2. Avoid Fashion Emergencies - Preventing last-minute clothing crises is a must, so Colla sets aside time Sunday night to pick out a week's worth of clothing, from shirts to shoes and even accessories. Colla says, "It sounds

like a big project, but it will save you a lot of time in the morning, and help you avoid wearing two different shoes on your mad dash out the door."

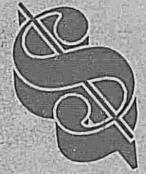
3. Do Today, Done Tomorrow - Growing up, Colla could not understand why her grandmother would set the kitchen table for breakfast before bed. Now, she appreciates her grandmother's forethought. Colla says, "There is nothing worse than waking up to a long list of things that have to get done." To get a head start on the day, Colla has come up with a nightly ritual to make mornings easier, including loading the washer, folding the clothes in the dryer, filling the coffee pot, packing lunch for her children and placing their school bags and shoes by the door.

4. The List - One list Colla can't live without is posted in her kitchen. Any time an empty milk carton is thrown out, the family member must add it to the kitchen's "To Do" list. At the end of the week, she grabs the list and heads to the store. "Shopping is easy, and a new jar of peanut butter is back in place in no time."

5. Add 15 Minutes - By setting her alarm clock 15 minutes early, Colla says her day starts off well with a little bit of stretching and personal time. "I don't jump out of bed and hit the treadmill or anything crazy, but spending a few minutes with yourself, stretching, getting the blood back in your sleepy body, praying and mentally running through the day, can empower you for what's ahead."

6. Keep the Kids Busy with ON DEMAND Entertaining her children while getting ready
for work is not always easy, so Colla uses ON
DEMAND from Comcast to occupy their time.
"It's reassuring to know that my kids can
choose from more than 7,500 shows each
month that are educational and age appropriate," Colla says. "The ability to stop, rewind and
fast forward also makes life easier by allowing
us to watch what we want, when we want."
The extensive library of children's programming
includes 50 hours dedicated just to preschoolers, and special features like parental control
that provide mom and dad the final say in what
their kids watch.

Learn more great ways to start your day with Connie Colla and "Your Morning," week-days, 7 a.m. to 10 a.m. on CN8, The Comcast Network, or by visiting www.cn8.tv. CN8, the nation's largest and most honored regional 24-hour diversified television network, provides award-winning original programming in four main areas: live, interactive television; regional news; entertainment; and coverage of high school, college and professional sports.



5-

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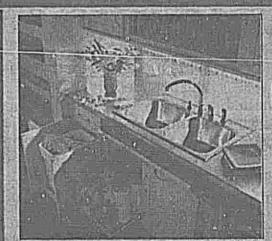
Friday, December 15, 2006

# JOURNAL MARKETPLACE



Sandy Bressner - stiressner anwnewsgroup.c

A pig statue dons a Santa hat in the front lawn of a home in Wadsworth.



HOW TO MAKE MOVING INTO A NEW HOME STRESS FREE Page B2

MAKING SENSE OF INNOVATIVE MORTGAGES Page B2

DO YOU HAVE ANY PHOTOS YOU WOULD LIKE TO SHARE?

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Lakeland Journals, 30 S. Whitney St., Grayslake, IL 60030, or email to psmoll anynewsgroup.com. And we will print them right here on this page.

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CONSUMER
FINANCIAL LOSS
ON AUTOMOBILES
DECREASES WITH
EXTENDED
WARRANTY

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## Unique Octagon Home in Bamington Gets Makeover

Irene Richardson and her family, moved into her home in the winter of 1979. The octagon home was built and designed by Erickson & Stephens, a firm heavily influenced by Frank Lloyd Wright. After living there for over 25 years, she decided she wanted to modernize the interior and chose Signature Flooring & Design to install new rive inch wide Brazilian Cherry exotic hardwood floors throughout the living room and dining room, and a rich, thick contemporary shag carpet in the bedrooms and fireplace seating area.

When asked how she decided to use Signature Flooring & Design as her flooring contractor, Irene said, "I went out and got four quotes. I saw the look I wanted at one of those big box retail stores but found out after talking with John at Signature that I was not able to have 3/4 inch thick solid wood installed in my home because my home has concrete floors and an indoor pool. John came out to my home and inspected areas I wanted to have done and verified it should be engineered wood flooring installed in my home because of the concrete and pool which would effect the humidity levels of my wood."

When asked if she had any anxiety about having her home under construction she said, "No, I had complete confidence in them because of the way I was treated before the installation. John returned all of my calls and followed through on everything he said he would do. After talking with John, I spoke with other stores and 3 out of 4 agreed that he was correct, I needed engineered wood. The one flooring store still thinks I can put 3/4 inch solid wood in my home. Could you imagine what I would've gone through with them? I am very happy with the experience, if you have any one interested in getting new floors and need a referral, just have them call me!"

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## ES A LAKE COUNTY

# How to make moving into a new home stress free

Moving to a new home can be exciting but also stressful. Fortunately, a few tips from the ing stress.

These following tips were com- process. piled after watching videotapes of actual moving experiences:

unpack by rooms.

2. Pack one room at a time and experts can help reduce the mov- by zones within the rooms. This unpacking streamlines the

> 3. Label all the boxes clearly with your name, the room, the

will be stored.

documents separately.

5. Pack your cleaning supplies separately so that when you arrive at your new home you can find them when you need them.

6. Don't overpack boxes. If boxes are too heavy, you won't be able to lift them, or the boxes may break when you lift them.

7. To make sure nothing is lost during the move, number each of the boxes and create a checkoff list. When in the new home, cross off each number as you see the box being removed from the truck.

8. Use hand lotion throughout the day because handling cardboard and paper can dry out your hands.

9. Label the kitchen boxes by the following zones: cooking zone, food preparation zone, food storage zone and cleaning zone.

When unpacking, it is important to know the zones of the kitchen and what items should be stored in those zones.

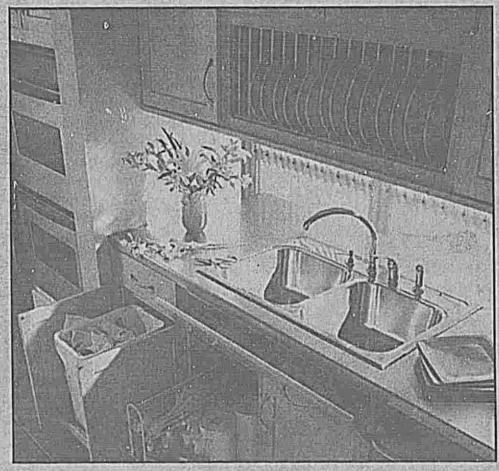
For example, the food preparation zone should house cutting boards, knives, storage containers and spices. The cooking zone includes having the pots and pans close to the stove and oven. And the

date all your cleaning supplies in 4. Pack important financial an organized and easy-to-use manner.

pointers that all homeowners should know: Focus on unpacking the essential items first. Take they need to be.

1. Pack by rooms so you can contents and where the contents cleaning zone should accommo- your time to unpack things you don't need right away.

> When you do get around to unpacking all items, carefully con-There are also some basic sider where you'll store them. Think about how often you'll use them and how easily accessible



One of the keys to a hardworking kitchen is an organized cleaning zone, as it can minimize clutter and make cleanup easier.

## Making sense of innovative mortgages

New kinds of mortgages are making it possible for some consumers to become homeowners for the first time. However, these mortgages come with risks.

Traditional mortgages require that each month you pay back some of the money you borrowed (the principal) plus the interest on that money. The principal you owe on your mortgage decreases over the term of the loan.

In contrast, what's known as an interest-only or I-O payment plan allows you to pay only the interest for a specified number of years. After that, you must repay both the principal and the inter- irregular income-such as comest.

interest rates. Having an adjustable-rate mortgage, or ARM, monthly payment will change ods. over the term of the loan.

payments could go up a lot-by 50 percent or more.

Another innovation in mortgages is a payment-option ARM. This is an ARM that allows you to mortgage payment or a paymentchoose among several payment options each month. The options typically include a traditional tives you could consider. For inpayment of principal and interest, stance, find out if you qualify for a an interest-only payment or a community housing program that minimum (limited) payment.

The risk with making minimum payments is that you will be adding to the amount you owe. more affordable. Your future payments could double or even triple.

However, an I-O mortgage pay-



missions or seasonal earnings-Most mortgages that offer an I- and want the flexibility of making O payment plan have adjustable I-O or payment-option ARM minimum payments during low-income periods and larger paymeans that the interest rate and ments during higher-income peri-

Interest-only or option ARM When the I-O period ends, your minimum payments may be risky if you won't be able to afford the higher monthly payments in the future.

> If you are not sure that an I-O option ARM makes sense for you, there are several other alternaoffers lower interest rates or reduced fees for first-time homebuyers, making homeownership

To learn more, visit the Web site at www.federalreserve.gov.

An interest-only payment plan ment or a payment option ARM allows you to pay only the interest might be right for you if you have for a specified number of years.

## A holiday classic: The Poinsettia

In addition to their role as are poinsettias. traditional Christmas decora- · When purchasing your Americans will purchase a poinsettia plant this holiday season.

While 75 percent prefer the familiar red version, there are able. White, pink, yellow and even variegated poinsettias are Mexican plant to the United heating vents or appliances. States during the 1800s while he served as the U.S. ambassador to surface feels dry to a light touch. that nation, poinsettias have be- It's very important not to let your new growth. come America's best-selling pot- plant sit in standing water. of all potted plants sold annually dize your poinsettias when they did chilling temperatures did did

tions, poinsettias can serve as plant, select a poinsettia with tokens of goodwill, friendship dark green foliage, strong, stiff and joy during the holidays and stems, and completely colored beyond. More than 50 million flowers. Make sure your plant has no fallen or yellow leaves and that it is fully balanced and attractive from all sides.

 Poinsettias thrive on bright, more than 100 varieties avail- sunny, natural daylight. Place your plant in indirect sunlight for at least six hours per day. gradually gaining popularity. Keep your room temperature be-Named after Joel Poinsett, who tween 68 to 70 degrees. Do not are in bloom. However, after the introduced this indigenous place your plant near drafts,

Water the plant when the soil

ted plant. More than 85 percent 1 1 1 It is not necessary to fertil 1 outside, as the plant is sensitive



This Christmas Cookie Poinsettia, with leaves that resemble perfectly shaped holiday cookies, arrives beautiful and blooming for the yuletide celebration.

holidays, a balanced, all-purpose household plant fertilizer will help maintain the rich, green foliage color and promote

Do not place your poinsettia



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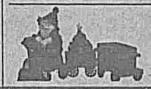
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> COUCH - Retro 50's style Perfect for Rec or Sun room. Black metal frame, burnt orange cushlons, \$85./obo 815-455-0397

> DESK - Leather top, Wood Great condition. \$75.00 1-708-287-4042 Huntley

DINING room table, 42 x 78. Glass top with 2-pc. cream pedestal bases. \$95. 630-587-8388.

GLASS COFFEE TABLE 46.5"x31" stands 17". Silver legs, Ex. Cond. \$40./obo 815-344-1873

LA-Z-BOY Chaise Rocker recliner. Excellent condition. Eggplant fabric. \$50.00 847-658-5964

LEATHER RECLINER Burgundy, large, rocks, swivels. Good condition. \$99.00 815-455-8308

MIRROR - 26" x 42" Excellent condition. Solid maple frame, wall/dresser. 530. 224-569-6162

MOVINGII Living Rm Set \$1800, Queen Bdrm Set \$1000, Washer \$200, Dryer \$150, Refrigerator \$100, Gas Grill \$50, Desk \$50. Pressure Washer \$100 Bar & 2 Stools \$50, Call 847-265-4165

OAK KITCHEN TRASH BIN. 13 gallon size. Brand new! \$99. 847-497-9169

Recliner: large, brown, storage area in arms. \$70 815-385-0471

Recliner: large, brown, storage area in arms. \$70 815-385-0471

Set of 4 Antique dining room chairs \$75.00 815 943-2007

www.chicagojobs.com Journal Classified (800)589-8237.

Furniture 4240

Sewing Machine desk w/ 4 drawers, 48"Lx231/2"Wx 30"H, \$30, 815-861-0078

SLEEPER SOFA queen size, modern. w/pastels & black Exec. cond. \$99.00 847-516-9072

SOFA & loveseat, good condition. Navy chenille. \$99/best. 630-232-1969.

SWIVEL CHAIR, good condition. \$45 815-459-1827

Collectibles 4250

"Best of National Lampoon #3" ('72) Very Good Cond. Vietnam Era \$7.00 815 363-0408

BARBIE ORNAMENTS 12 Classic Barble omaments with display stand. \$99. 847-915-1679

Dale Earnhardt Nabisco cardboard display for dis-playing Nascar/Busch tems. \$25. 847-669-9411

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4270 Holiday

EZ TREE-ARTIFICIAL X-MAS TREE, LIKE REAL 7.5" tall, 62" diameter \$65.00 815-356-7266

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X-MAS TREE Mountain King. Dark forest pine w/stand, lights, & ornaments incl. 4 It. \$50. for all 815-338-4021

**OPEN HOUSES** 

Watch for the Journal Classified Open House Di-rectory every Friday, Sat-urday and Sunday. In-clude your listing by calling (800) 589-8237.

Home Electronics 4280

20° SONY COLOR TV Old, but works well. \$15.00 847-395-6242

27" CONSOLE T.V. BEAUTIFUL PICTURE, READY \$75.00 847 395-3362

> 32" Toshiba TV 847-875-6681

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PANASONIC Reel to Reel Tape play/rec 4 track 25pd 40 tapes incl. endless + more \$49, 815-344-2354

SANYO FAX/PHONE Needs minor fix \$5.00 847-395-6242

Sonly VCR SLV-NS00 DVP-N5315, CVD-CD player \$70.00 gets both 312-391-5340 •

STEREO SPEAKERS (2) For Bookshelves or floor. Must Hear \$20,00/obo 847-639-4719

TV - Sears 20 in. Good condition. \$25 or best offer, 630-232-7054,

Housewares 4290

CANNISTER SET-WHITE with Ivy design. \$10.00 - brand new. 815-479-9388

COMFORTER- NEW King size, off-white, multicolored floral sprays, plus bedskirt, & 2 shams. \$99. 847-658-4478

COOKBOOKS - Hardback 648 recipes in 14 categories, \$18.00 847-689-4331

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Lawn & Garden 4310

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GARDEN TRACTOR TRAILER 3'x4' Ft. 815-790-6201 will deliver

Machinery & 4320 Tools

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Miscellaneous

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4340

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> DEHUMIDIFIER 847-669-6820

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WEDDING Decorations Fabric/flower arch more. All for \$50.00. 847-658-5074

Musical Instruments 4360

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SNOWBLOWER TORO S200 - Not used since last season. \$50,00 847-878-8388

TORO S200 Snowblower Good condition. \$125.00 847-973-23147

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BEAN BAG GAME World series teams, ply wood exterior, folding legs. \$85.00 847-836-9543

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SKIS & BOOTS Dynamic 180 skis, Solomon bindings S98. Boots 9/10 & 7/8 \$55. pr. 847-395-1177

SKIS - Rossignol 190's Solomon bindings, poles, travel bag. \$50.00 847-462-0120

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WEIGHTS 6' Standard Nickel plated bar w/ collars & 2-50 lb. plates. \$55.00 773-895-2358 Huntley

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Air Hockey Table Perfect x-mas gift Great condition! \$50.00 815-455-6711

BOARD GAMES; Bingo, Monopoly, Scrabble Jr., Battleship, Yahtzee, Match game \$5/ea 815-678-3701

DOLL-American girl type doll with 6 outfits \$90.00 call between 10a-3p/or ly msg. 815-338-6672

FISHER PRICE - Little house, car, People; amusement park, & all the people & animals. \$50./all 815-943-55711

GAMEBOY ADVANCE w/Grip, light, charger carry case, \$40.00 815-385-4402

LEGO Building Blocks, \$5.00 Gallon Bag 815-385-4743Toys 4440

TYKES LITTLE KITCHEN Like New! \$20.00 815-477-4837

MGM SCREEN TEST GAME, DVD/Movie Trivia \$15.00 847-639-4177

NINTENDO 64 W/ 2 controllers & games. \$50.00 847-548-9884 Grayslake

TOYS FOR AGES 1-3 Brand names, great for gifts, Grandparent's or daycare. B items \$25.00 847-669-3091

TOYS FOR BOYS ages 1 3 yrs. Brand names, perfect for Grandma's house, daycare or gifts. \$20.00 for 6 items. 847-669-3091

TY Beanie Kids, Buzz 8 Princess w/14 outlits. Excellent condition, \$40. for all. 815-477-2566

Pets & Supplies 4460

"Basic Training" Dog Crate Great cond. Black w/extenders. 36"x23"x25" \$75. 815-307-8201

55 GALLON AQUARIUM With Lid \$55., flight cage \$40., bird cage \$35. 815-814-5507

ADORABLE female Kitty, loving & great with kids. Gray, black & white. Free to the right family 815-307-8245

ANIMAL CAGE 19"Wx24"Dx21"H Medium size dog or cat. \$30.00 312-391-5340

> CANARY - Male Guaranteed singer. Home raised. \$80.00 815-648-4006

CAT, 5 yr. old female, short haired Tortie, spayed, front declawed exc. w/children, loves people. Needs good home. 630-768-2300

CAT: 2yrs old, black & white, micro chip, Due to infant allergies must give away to good home. Very loving 6 toed cal! 815-344-

Cockatiels(2)-One gray & one white. Parakeet(1) blue & yellow cage incl. FREE / 847-487-1420

FERRET: Sweet, female with cage & accessories \$50.00 815-455-9509

FREE TO A GOOD HOME 1yr Dutch rabbit white 8 gray, comes w/ lg cage & extras, 815-276-8919

ITALIAN GREYHOUND MALE, 2 1/2 Yrs. old, Beautiful, Red fawn & white markings, \$75.00 815-477-3621 Good Home

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SMALL ANIMAL CAGE Ramp included. 16"Tx29"Lx16"W \$15.00 815-338-6523

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Livestock & Supplies

4480

HAY - 3'x3' sq. Alfalfa and Mix Hay. Also Straw, large amounts. 815-648-2424

Iransportation

Auto Parts & Supplies 5100

'05 Jeep Liberty trailer hitch. Class V5 Jeep brand wiring. Harness extra. \$99. 815-334-9006

87-90 Jeep Wrangler & Cherokee front rotors, calipers, hose's rear w/cyl, & hardware \$99. 815-334-9006

MINI COOPER SNOW TIRES. Pirelli Run Flat. 20545 R17 84V. 4 for \$200 - 847-223-5161

Small Black Chevy chrome aluminum valve covers. New in box. \$60.00 815-276-6240

TIRES - 2 High performance, 225/45/17. Off of a Ferrari. Good Cond. 599/obo 815-481-8474

TWO pairs snow tires on wheels. P205 75 R14 and P235 75 R15. \$25/pair. Call 630-232-6351.

Autos

5150

'01 CHEVY IMPALA \$7,995, 847 623-3000 Gurnee Dodge

\$3,995. 847 623-3000 Gumee Dodge

'04 MAZDA 3 HATCH-BACK \$15,995. 847 623-3000 Gumee Dodge

'05 CHEVY COLORADO 4DR. \$19,495. 847 623-3000 Gurnee Dodge

'05 DODGE NEON \$9,995. 847 623-3000 Gumee Dodge

'06 CHRYSLER PACIFICA TOURING \$18,695. 847 623-3000 Gurnee Dodge

'07 TOYOTA YARIS \$14,995. 847 623-3000 Gurnee Dodge

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'98 DODGE AVENGER ES \$4,995, 847 623-3000 Gumee Dodge

99 NISSAN QUEST \$6,995. 847 623-3000 Gurnee Dodge

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5150 Autos

2000 ACURA 3.5RL

\* Excellent Condition 2 owner car, fully main tained! 97K hwy mi, take over payments \$290/mo, \$13,474. 847-271-8845

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2005 Hyundai Elantra, 26,500 ml, runs great, owner moving out of country, \$10,000- below the Kelly Blue Book. Call Bud @ 309-840-0006

Classic Autos 5200

1974 Triumph TR6-Needs restoration, no rust, \$2900/obo 815-474-1110

1987 CHEVY CORVETTE Garaged kept, excellent condition, full documentation, 350 motor, ABS brakes, blue metallic, auto. **Great Christmas Present!** \$11,500 847-514-6520

5250 Pick-ups

'89 DODGE RAM \$4,995. 847 623-3000 Gumee Dodge

'99 DODGE DAKOTA **CLUB CAB SPORT** \$9,995. 847 623-3000 Gurnee Dodge

> 1987 F-150 With cap, many new parts, parts worth \$3000, asking \$1300. 224-636-2456 Round Lake Area

Sport Utility 5275 Vehicles

'06 JEEP GRA CHEROKEE LAREDO \$19,995. 847 623-3000 Gumee Dodge

2004 ACURA MDX Touring, NAVI, RES. 31K mi, exc cond! Blk w/tan int, under warr, \$30,995. 847-516-1111

4x4's 5350

1999 Jeep Wrangler-6 cyl. Auto, a/c, hard/soft top, remote start exc. cond.\$8250 847-265-5438

Snowmobiles 5550

SNOWMOBILE HELMET Adult Red Bell Yamaha with Bagman Case. \$85. 815-861-0078

Job Facts According to the Newspa-

per Association of America; 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

Real Estate for Sale

Housesfor 6250 Sale

Darien, WI: 2 bdrm, 1.5 bath, separate 2 car gar In town, 1mi from treeway, \$155,000 262-728-9898

GOV'T REPO'S Zion, Waukegan, N. Chicago Round Lake plus more NCL Realty (847)401-3700

MARENGO FARMETTE Secluded GREAT Views! Almost 2 Acres, zoned AG. Nice Ranch, 2 bdrm, 2BA full bsmt, 2 car gar. Gated entry, black top drive, patio, gazebo, some woods. \$295,000 815-943-0008

Condos/Townhomes 6300 For Sale

\*Grayslake / Wildwood\* Royal Oak Condominiums 3 bed / 2 ba. 1190 sqtt. \$159,900. New crpt, wash er, dry, gar., on 17 ac. On Gages Lake Rd, btwn Rt. 45 & Hunt Club. IGL R.E. 847-548-5100

#Gumee / Wildwood# Large 1 Bedrm from \$109,900. - 2 Bedrms from \$119,900. Royal Oak; on Gages Lake Rd. btwn Rt. 45/Hunt Club Rd. IGL R.E. 847 548-5100

Whats Important to You?

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Real Estate for Rent

Rooms For Rent

7150

LONG LAKE-private bath hot tub, screened-in porch located on 1 1/2 acre w/ lake view. 847-740-4399

Apartments 7250 For Rent

ANTIOCH 1 BDRM. COURTYARD APTS. \$650. 1". mo. FREE. Senior Discounts Avail. (773) 457-1925

BEACH PARK, studio apt. wooded lot, private parking & yard. \$550 + electric & gas. 847-731-7312

DWNTOWN WAUKEGAN FREE UTILITIES - 1 BDR Newly remodeled. 847-962-1221



FOX LAKE 2 bedroom, bath. No pets, \$750-\$850 815-403-9558

FOX LAKE Overlooking Lake! Spacious 2 bdm Apt, 1.5 bath, \$875/mo incl 847-331-5268

FOX LAKE- 2 & 3 bdrm

apts w/ 2 full baths, 1 car gar, Section 8 OK, \$850-\$1200/mo. 847-973-2286 Fox Lake: 1 bdrm, remod-

eled ground floor, heat incl, eat-in kitchen, \$700+sec. 847-630-9011

SOMETHING FOR NOTHING! Place a FREE 4-line, day ad in Journal Classified to sell any item under \$100. Look for the free ad coupon in our Journa Classified section.

Apartments For Rent Grayslake / Wildwood

RENT w/option TO BUY | Gar. parking/near Gurnee Mills shopping. On Gages Lake Rd. between Rt. 45/Hunt Club Rd. IGL R.E. 847-986-2988

Royal Oaks Apts.

1 & 2 Bedrms from \$825.

7250

GRAYSLAKE 1 & 2 bd. apts., newly painted, new carpeting, C/A. Avail. carpeting, C/A. Av. Immed. 847-910-0304.

> INGLESIDE WOOSTER RIDGE

APTS., 26445 W. State Rt. 134. Near Wooster Lake, quiet location. Water included. Avail immediately \$775/mo+sec. dep. & credit check fee.

Ask about our specials! WAUCONDA NORTH MAIN APTS 420 N Main St

Walking distance to town, parks, beaches & schools. 2 BDRM, avail Nov 15th, \$840/mo + util + sec dep. Laundry facility on site.

(847)487-0232

KENOSHA 3 bedroom 2 bath Duplex attached 1.5 car garage, pets OK, \$1150/mo + sec. 262-652-7271

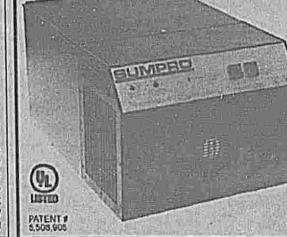
KENOSHA WI, remodeled 2 bdrm, 1 bath. Section 8 OK. No pets. \$600 + utili ties & sec 847-846-1295

North Chicago: 3bdrm, dwn staris, part, furn., full bsmt.\$800. 2Bdrm upstaris, unfurn, 2 car gar.\$1100. Fenced yd You pay heat & elec. 847-473-4385

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Apartments For Rent

\*Grayslake / Wildwood \* Savanna Ridge - Builder's Model, In-Unit W/D hardwood floors, granite tops, appl. 2 BR - \$1,250. Also available furn. IGL R.E. 847 548-5100

WATER TOWER APTS. BRISTOL, WI.

2-bdrm. apt for rent. \$650/mo. NO PETS. Call Paul 262-496-5981.

WAUCONDA 2bdrm. Apt. heat & hot water included. \$675/mo. Lease, sec. dep., refs. No pets. (847)433-0891

WAUKEGAN WEST SIDE 1-bd. apts \$600-\$650/mo. gar, extra. Walk in closets, laundry, individual storage, sec. entry. (847)244-6448

Condos/Townhomes For Rent 7300

Fox Lake-TH 3bdrm. 1.5 bath full bsmnt/laundry, Imm. Occ. NO PETS \$1300+util 847-344-8055

Gravslake: 2 car gar, 2b-drm, 1.5ba, \$1400 mo, Agent Owned, 847-366-

GURNEE - 2 BDRM, 1 BA, 2.5 car gar., FP, balcony, Near Gurnee Mills. \$1,200/mo + util + 1 mo sec dep. 847-406-0554

\*\*WAUCONDA\*\* 1yr. old 2-bdrm., 1-1/2 baths, T.H. 2story, full bsmt., w/d, gar, avail. Starting @ \$995/mo. 12 Month Free!!! 847-331-0428.

Condos/Townhomes For Rent

ROUND LAKE SOUTH OF RT 120 Grayslake School Dist. New T.H. For Rent. 3-bdrm., 2.5 bath, 2.5 car gar., maintenance free, walking trail. \$1,350/mo. View at:

847-877-2314

Houses For Rent

7400

Entloch Township: Grass Lake School dist, 5+bdrm. w/ in-law arrangement \$1,485/mo. 708-788-7700

Gumee: SEE THIS GREAT HOUSE-2 bdrm, THIS 1.5 ba, Newly Decorated, 1 Acre setting, \$1100/mo 847-623-1900 ext 215

NEW TODAY!

Gurnee-Ranch 3 bdrm, 2 bath, full bsmnt, 2 c. att gar, large yard, \$1600/mo No sect. 8, 847-204-3276

ISLAND LAKE Nice 3 bdrm on 176, all appl fenced yard, 2.5 car heat ed garage, \$1,050/mo.-630-726-0122

ISLAND LAKE/Fox River Shores 3 bdrm, 2 car attach gar, hardwood floors, basement, no smoking Price Neg. 815-455-0467

OVERSTUFFED?

Then you should run a 4line, 7-day power package in Journal Classified your stuff could become someone elses treasure. Call (800) 589-8237 todayl Visa, Mastercard, and Discover accepted.

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Houses 7300 For Rent

THE CONTRACTOR OF THE PERSON OF THE PROPERTY OF

7400

Lovely Home on dead end street/country priva-cy/Beach Park School Dist. Features 2+ spacious bdrms, all appl, wood burning fireplace formal dining room. Avail Now \$1,000/mo 847-791-0209

McCullom Lake 4903 Orchard-Rent w/option to Like new 3bdrm, 2 buy! bath, cathedral ceilings in kitch & LR, 2c att. gar. nice yard. \$1400/mo 815-236-1994

MCHENRY 1 bdrm with den, 2 years new, hard-wood thru-out, all appl incl, 1 car gar, 1 month sec \$1100/mo. B15-759-6976

Comm. Property For Rent 7500

Gurnee: Excellent Loca tion! 5 office, Turn key, 900 sq ft. \$900/mo 847-623-1900 ext 215

NEW TODAY!

WINTHROP HARBOR

632-634 Sherldan Rd. 1100 sq ft store with parking, \$900/mo and/or attached 3 bdrm residence for \$900/mo or both 847-845-8184

Retail/Office Space For Rent

GRAYSLAKE DOWNTOWN STORE FRONT FOR RENT Approx. 1400sq.ft. \$1,495/mo. Ask about FREE rent offer. 847-682-0562 Bresnahan R.E. Services

WE'VE GOT IT! Journal Classified. (800) 589-8237. Visa, Mastercard & Discover Card accepted.

Industrial Legals For Rent 7600

RICHMOND Land Holdings Rt. 12 Fountain Head Center includes OH door, 18 ceiling, office with AC, dock, 3 phase electric, professionally landscaped. 2,750 sq. ft. \$992/mo.

847-566-8100

Legals

PUBLIC NOTICE

8100

WARREN TOWNSHIP HIGHWAY

DEPARTMENT

Notice is hereby given that sealed proposals will be received at the office of Town Clerk at 17801 West Washington Street Gurnee, Illinois 60031 until 10:00 o'clock A.M. Wednesday December 27, 2006 for furnishing the following equipment:

One (1) 2007 GMC Sierra 2500 4x4 regular cab pickup with optional trade-in

Proposals shall be made on forms furnished by the Township Highway Com-missioner, and Shall be addressed in a sealed envelope to Warren Township Highway Department, C/O Margaret Keenan-Margaret Keenan-Denniston, Town Clerk and shall be marked "EQUIPMENT PROPOS-

Letting of Wednesday December 27, 2006, Warren Township.

Further information regarding the letting may be obtained by contacting the Highway Commissioner at (847) 244-1101, ext. 301.

The Township in accor-dance with the laws of the State of Illinois hereby notifies all bidders that it will

## PUBLIC NOTICE

VILLAGE OF FOX LAKE VILLAGE BOARD MEETING SCHEDULE 2007

Please be advised the following is a list of dates for the calendar year of 2007 for the regular scheduled meetings of the Village of Fox Lake Board of Trustees, Lake and Mc Henry Counties,

The meetings will be held in the Council Chambers at 7:00 p.m. (the meeting are held the 2nd, and 4th Tuesday of every month) 66 Thillen Drive, Fox Lake, IL 60020.

January 9, 2007 January 23, 2007 February 13, 2007 February 27, 2007 March 13, 2007 March 27, 2007 April 10, 2007 April 24, 2007 May 8, 2007 May 22, 2007 June 12, 2007 June 26, 2007 2007\*\*

day)

July 10, 2007 July 24, 2007 August 14, 2007 August 28, 2007 September 11, 2007 September 25, 2007 October 9, 2007 October 23, 2007 November 13, 2007 November 27, 2007 December 11, 2007 December (Wednes-

Samantha Weeks Village Clerk

(Published in the Fox Lake Journal, December 15, 2006.)

8100

affirmatively insure that the contract entered into pur suant to this advertisement will be awarded to the lowest responsible bidder without discrimination on the grounds of Race, color, or national origin.

The awarding authority reserves the right to waive technicalities and to reject any or all Proposals as provided in article 102.08 of the "Standard Specifica-tions for Road and Bridge Construction," prepared by the Department of Transportation.

By Order of Gerald Rudd Warren Township Highway Commissioner Published in the Gumee Journal, December 15, 2006.)

## PUBLIC NOTICE

STATE OF ILLINOIS COUNTY OF LAKE

IN THE CIRCUIT COURT OF THE NINETEENTH JUDICIAL CIRCUIT LAKE COUNTY IN PROBATE

IN THE MATTER OF THE ESTATE OF DAVID B. LeCLAIRE, DECEASED

> NO 06 P 1039 **CLAIM NOTICE**

NOTICE IS GIVEN OF THE DEATH OF DAVID B. LeCLAIRE of Wauconda, Ilinois. Letters of Office were issued on November 27, 2006, to BARRY ELKES, 1130 Hilary Lane Highland Park, IL 60035, whose attorney is James W. Kalser, Esq., 121 East Liberty Street, STE 3, Wauconda, IL. 60084.

Claims against the Es-tate may be filed in the Office of the Clerk of Court at 17 N. County Street, Waukegan, IL or with the representative, or both, within six (6) months from the date of issuance of letters and any claim not filed within that period is barred. Copies of a claim filed with the Clerk must be mailed or delivered to the representative and to the attorney within ten (10) days af-ter it has been filed.

> Barry Elkes Representative

James W. Kalser Attorney (Published in the Wauconda Journal, Docember 8, 15 & 22, 2006.)

SOMETHING FOR NOTHING!

Place a FREE 4-line, 7-day ad in Journal Classified to sell any item under \$100. Look for the free ad coupon in our Journal Classified section.

Job Facts

According to the Newspaper Association of America, 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and Chicago lob. ployment and ChicagoJobs.com, you've got it cov-ered! To connect with qualified candidates, call (800) 589-8237 today.

Assumed Name 8200

## PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Custom Installation and Nature/Purpose: Installation of public

tion equipment Address(es) where business is to be conducted or Iransacted in this county: 2259 Masters Lane, Round Lake Beach, IL 60073, 847-231-4175

Name(s) and post office or residence address(es) the person(s) owning, conducting or transacting business

Brian Grant, 2259 Masters Lane, Round Lake Beach, IL 60073, 847-231-4175

STATE OF ILLINOIS COUNTY OF LAKE This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Brian Grant November 17, 2006 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 17th day of November, 2006.

OFFICIAL SEAL /s/ Barbara J. Doder Notary Public Received: Nov. 17, 2006 Willard R. Hellander Lake County Clerk (Published in the Lake County Journals, December 1, 8 & 15, 2006.)

Looking for a Career Change? According to the Newspa per Association of Ameri-Fairs, Markets ca, approximately 1/3 of all job changers said they were still checking ads in & Bazaars

newspapers, and half that number had been consulting online employment ads since their job change. With the Journal Employ ment section and Chicago Jobs.com, you've got it covered! To connect with Wadsworth qualified candidates, call (800) 589-8237 today.

Employment

## Look No Further!

According to the Newspaper Association of America, 47% of job seekers say newspapers are their principle information source, compared to 15% who cite online sources. With the Journal Employment section & ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today!

Looking for a Career Change?

According to the Newspaper Association of America, approximately 1/3 of all job changers said they were still checking ads in newspapers, and half that number had been consulting online job ads since their job change. With the Journal Employment sec-tion and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 loday.

Assumed Name 8200

## PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business: Name of Business: LexiWynn Designs Nature/Purpose: Design and manufacture of purses and home intesafety and communicarior products such as pillows and small window treatments.

Address(es) where business is to be conducted or transacted in this county: 518 E. Austin, Libertyville, IL 60048.

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business

Alexa C. Holzwarth, 518 E. Austin, Libertyville, IL 60048; Seth D. Holzwarth, 518 E. Austin, Libertyville, IL 60048.

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

Is/ Alexa C. Holzwarth is/ Seth D. Holzwarth November 29, 2006 The foregoing instru-ment was acknowledged before me by the person(s) intending to conduct the business this 29th day of

November, 2006. OFFICIAL SEAL /s/ Barbara J. Doder Notary Public Received: Nov. 17, 2006 Willard R. Hellander Lake County Clerk (Published in the Lake County Journals, Decem-ber 15, 22, 29 2006.)

9550

16TH ANNUAL SPRUCE MOOSE Craft Bazaar & Bake Sale Nov. 16, 17 18 9 am to 8 pm Saturday 9 am to 4 pm 13941 Stiehr Road

Craft display featuring the creativity of many crafters. Come visit our old fashion Christmas bazaar of beautiful crafts, delicious baked goods & holiday gift items From Wadsworth and Delany go N 1 mile turn Rt on Stiehr Road.

9580

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9680 Pets

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Cockapoo Pups- Home raised, vet checked, tails docked, dew claws, 1' shots. 815-344-6050

Cockapoo Pups- Home raised, vet checked, tails docked, dew claws, 1" shots. 815-344-6050

DOBERMAN PUPS - M/F AKC, red/rust, 8 wks, dewclaws and tails done, bred for health & disposition, championship lines, priced for good homes \$250. 815-675-2768

Yorkie Pupples Bom 09/02 1 male \$750 4 Female \$850 815-433-8853

Ads that work pay for themselves. Ads that don't work are expensive. De-scription brings results! Journal Classified (800) 589-8237.

#### Horses & Tack 9685

ARABIAN 21 year gray Mare, Great bloodlines, pretty head. Sweet & lady broke to ride! \$1500/obo 715-748-3949

LEOPARD APPALOOSA Gelding 2 yrs old. \$1200/obo 37" Shetland Pony w/3 mo. old colt \$1000/obo 847-910-1568

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9720

Ricks Small Engine Repair, we service all makes & models. New & Used snowblowers for sale. 815-923-2567 or 815-715-8778

9810 Costumes

Santa Suits - Mrs Santa, elves, reindeer, Costumes for rent or for sale. Fantasy Festival Costume/Magic Center Cary Rd & Rt 31 847-658-2000

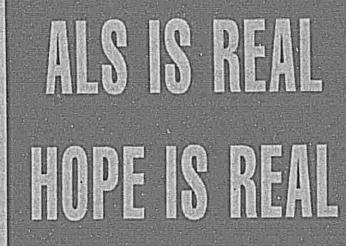
Employment

### Look No Further!

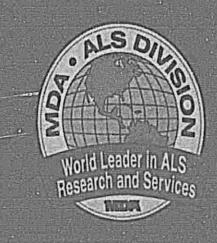
According to the Newspa-per Association of Ameri-ca, 47% of job seekers say newspapers are their principle information source, compared to 15% who cite online sources. With the Journal Employment sec-tion & ChicagoJobs.com, you've got it covered! To connect with qualified can-didates, call (800) 589-8237 today!

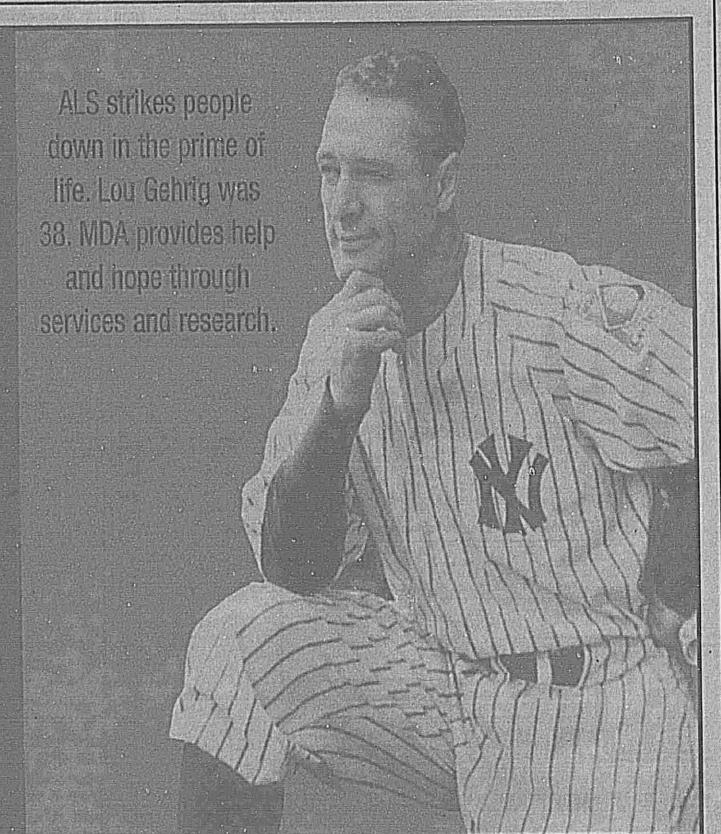
Looking for a

Career Change? According to the Newspaper Association of Ameriper Association of America, approximately 1/3 of all job changers said they were still checking ads in newspapers, and half that number had been consulting online job ads since their job change. With the Journal Employment sec-Journal Employment sec-tion and ChicagoJobs, com, you've got it covered To connect with qualified candidates, call (800) 589-8237 today.



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2-year-old and new mother of twins, contributes her insights on Sunday and finds answers to your parenting-related questions in the blogs and Thursday's column

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## Everymom

a new parenting column in the Northwest Herald SUNDAYS and THURSDAYS.

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nwherald.com

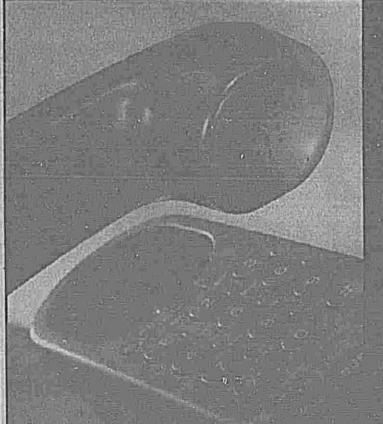
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We will call you during normal hours to verify your your ad. Along with your ad, please include your name, address and telephone number for billing. Also include the phone number where you can be reached for verification between 8 am and 5 pm. Monday through Friday.



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OURNALS



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MAIL TO: Northwest Classified, Attn: Free Ads, P.O. Box 250, Crystal Lake, IL 60039-0250

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General, FT 3400

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General, FT 3400

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Customer Service

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General, FT 3400

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Business

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HR/Outside Sales P.O. Box 250, Crystal Lake, IL 60039-0250 Email: recruitment@nwnewsgroup.com

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the last two years NorthWest News Group of Greater Chicago has made significant acquisi-tions and launched dozens of new print and on-line publications. We are growing, and we serve one of the fastest growing regions in the nation. Our flagship paper, the Northwest Herald, has recorded circulation growth in 16 of the last 18 years.

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for creating and main laining an environment in which all associates have opportunity for success in their jobs.

If you are looking for a title and another notch on your resume, please look elsewhere. If you are looking to make your mark and you want to make a difference: then perhaps you are the person to help us make history.

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Attend our JOB FAIR and learn about Peapod's opportunities at our Lake Zurich Distribution Center.

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\$500 Sign-on bonus for Drivers hired during month of December!

1st shift (6am-2:30pm approx) 2nd shift (2:30pm-11pm approx) Weekend availability required! Great earning potential with base salary + TIPS! Earn up to \$17/hr. Must be at least 21 years old. No special license required.

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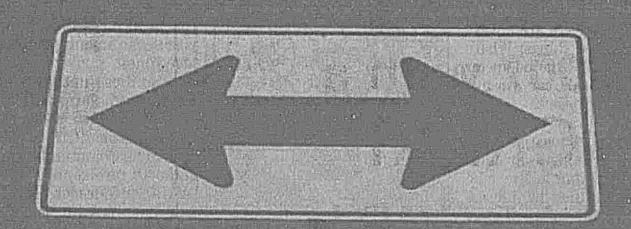
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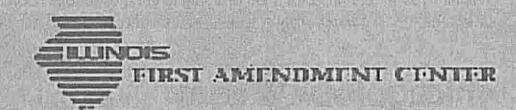


# Thank the First Amendment.

The First Amendment of the Constitution of the United States of America grants everyone the freedom to choose their RELIGION, the freedom of SPEECH, the freedom to be informed by the PRESS, the freedom to peaceably ASSEMBLE and to PETITION the government.

To learn more about your basic 5 Freedoms in the First Amendment, go to www.illinoisfirstamendmentcenter.com.

TAKE COUNTY OURNALS



# Tips on selling your current car yourself

If you are buying a new car cially mileage. and want to get rid of your present vehicle, it can often be to your wondering three things: What's benefit to sell the car yourself. the mileage? Was the odometer That's because you can often get rolled back? Was the car ever in a more by selling a car than you wreck or junked before? would get for it as a trade-in.

four years old, a trade-in will only a copy of the vehicle's history. yield about 25 percent of the mar- That way, they won't have to take ket value. For many people, the just your word that the mileage difference could be several thou- has not been rolled back or your sand dollars.

However, sometimes you have junked in a wreck. to spend a little bit of time and money on marketing to save a lot- can often be effective. Web-based particularly when it comes to selling a used car. Here are some tips:

 Give the inside and outside a thorough cleaning or spend the tial buyers who live outside of money to have it detailed. Let no nook and cranny go overlooked.

 Gather up all service and repair records. Be up front about online classified site where your mind at ease by giving him or her any incidents to build trust with ad stays until the car sells. any potential buyers.

· Used-car buyers are always

Usually, you can set a buyer's Chances are, if your car is over mind at ease by giving him or her car has never been flooded or

> Placing a classified add online classified ads at places such as can help you connect with potenyour immediate area, without eliminating local buyers.

> Experts recommend using an

· If you have a home page, cre- Take lots of pictures. Include ate your own ad and post it there. as many details as possible, espe- You can scan in pictures and



drawings and a copy of the car's maintenance records. You may even be able to add links to other services.

 If you're more comfortable AutoTrader.com and cars.com with the low-tech approach, you can always post flyers around town, in major traffic areas like malls or shopping centers and in community bulletins.

You can often set a buyer's a copy of the vehicle's history. which shows whether a car has ever been flooded or junked in a wreck.

## How old is too old to drive?

how to drive, driving is a hot driving skills. topic for families. What's more, practices among their older years by: loved ones.

dealing with the sensitive issue of older driver safety," says fresher course Elinor Ginzler, AARP's Director of Livable Communities and an vision changes authority on older driver safety. "AARP encourages families to talk openly with loved ones cally active about safe driving practices. Older drivers trust the advice of continue to experience a decline family-be it spouse or childrenwhen it comes to their wellbeing."

Today, about one in seven drivers is age 65 or older. This one experiences any of the folfigure is expected to rise significantly in the years ahead, in- talk about safe driving practices creasing the need for safe driving practices. By the time the last baby boomers turn 65, in near accidents) 2029, about one in four drivers drivers face different challenges doors, curbs, etc. on the road than do their

Driving has long been a fam- younger counterparts. Age-reily affair. Be it family road trips, lated changes-such as impaired the infamous "backseat driver" vision and slower reflexes and in the family or teaching a teen response time-can affect their

Older drivers may be able to families also play an important maintain safe driving skills as role in encouraging safe driving well as extend their driving

 Conducting regular self-as-"Families nationwide are sessment of driving capacities

· Attending a driver-re-

Recognizing and addressing

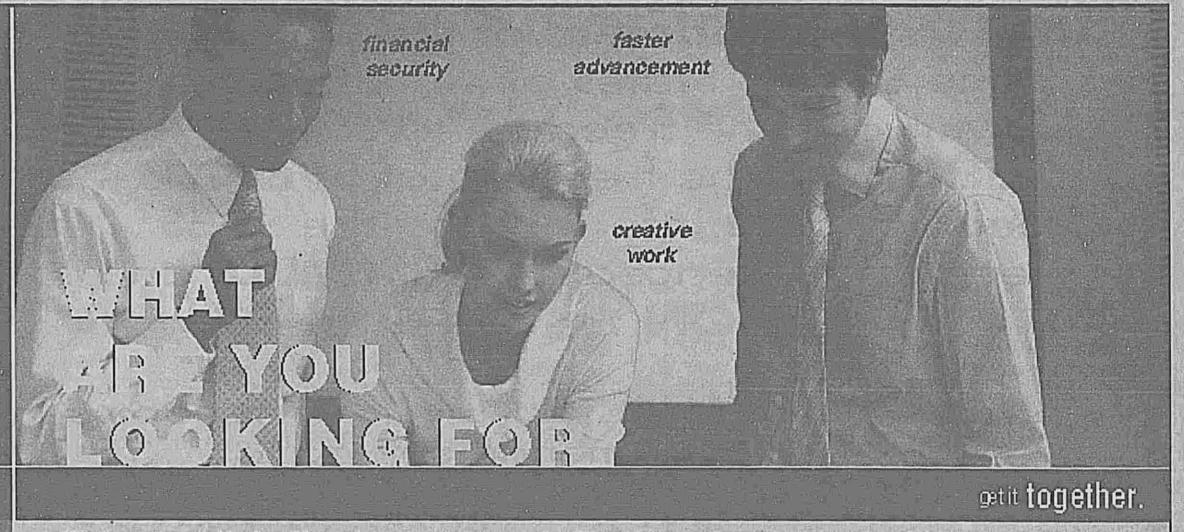
 Maintaining quick reflexes and flexibility by staying physi-

However, if older drivers in driving abilities, it might be time for them to consider limiting driving or hanging up the keys altogether. If you or a loved lowing signs, it might be time to and transportation alternatives:

· Frequent "close calls" (i.e.,

 Dents or scrapes on the car will be age 65 or older. Older or on fences, mailboxes, garage

Getting lost



Whether you're searching for a job or trying to get a better one, look to ChicagoJobs.com, the award-winning online employment source. With thousands of local careers in a wide variety of industries throughout Chicago, the suburbs and beyond, it's the easiest way to find the best local opportunities.



# Consumer financial loss on automobiles decreases with extended warranty

pendent testing laboratories, 33 plex, thus increasing the need limited-time warranties because percent of automobile repair for an "expert" to make repairs. shops overcharge customers. Though the cost of a given re-tended automobile warranties pair can vary by hundreds of that allow customers to be at usually last only three years, dollars depending on the garage, worry about the ever-changing technology associated with automobiles.

mobiles make up nearly 50 per- of Dealer Services. "We undercent of a car's value. This makes stand that not everyone buys a it almost impossible for car new car and that not all cars are owners to work on their own ve- under three years old. What we hicle, and more costly to have do know is that repairs are repairs made at a shop. Further costly and we believe our Rest complicating the issue, electron- Assured Dealer Services warics in automobiles are rapidly ranty helps car owners out."

According to leading inde- becoming more and more com-

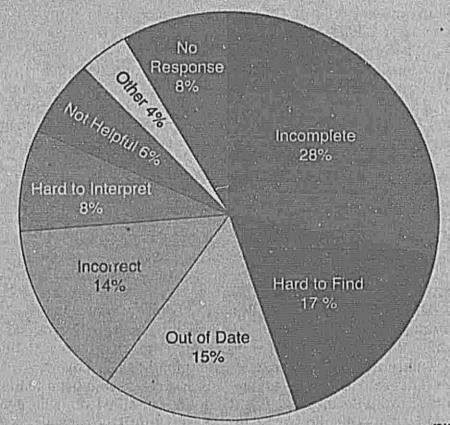
Dealer Services offers exease, with no-hassle coverage count on.

that-limited," said Today, electronics in auto- Edwards, senior vice president

Manufacturers provide only they have studied the average length of time a car's various parts last. These warranties whereas Dealer Services covers the average repair exceeds for a price that is about equal to a vehicle for an additional pe-\$1,200 on vehicles over three the sales tax of most new vehi-riod of time. Because of this, years old, resulting in financial cles. The Rest Assured Dealer customers can get the most loss for car owners not covered Services warranty provides car value out of their car. They by a warranty. In addition to owners with security, protec- avoid the loss of money inthis, car owners must also tion and support that they can curred by trading in a car too early, such as every three years, "Limited warranties are just or by paying for expensive re-Mark pairs. On top of that, they receive hotel and car-rental discounts whether their car breaks down or they are just traveling.

> "Ultimately, Dealer Services has allowed us to save money,' said Betty, a Dealer Services customer in Pensacola, Fla. "We've kept the same car for seven or eight years now but our coverage has allowed us to save on all of those repairs that inevitably pop up."

**Top Problems Experienced with Service Information** 



Car repairs can be costly and frustrating when the problem cannot be fixed or found.

Graph Source: Manufacturing Insights & SAE.

## Are you road trip ready?

When it comes to "getting away from it all," many Americans are skipping the pricey trips abroad and opting to enjoy the many amazing, closer-to-home sights from the comfort of their own vehicles.

If you're planning a getaway, remember that road trips can be tough on cars, and few things turn a vacation into a nightmare quicker than breaking down in the middle of nowhere. So, before you load the car and take off, make sure that your vehicle is in tip-top condition.

of an overall maintenance program can give you peace of mind and help prevent costly repairs.

Inspect and repair, if needed, the following:

- Radiator and cooling system, including water pump, fan and thermostat
- Brakes, brake pads and brake linings
  - Battery and cables
  - Belts and hoses
  - Engine oil and oil filter-
- fluid
- Tire pressure and overall tire condition (including the \$100. spare).
- leave on a long trip with your car's "Check Engine" light on.

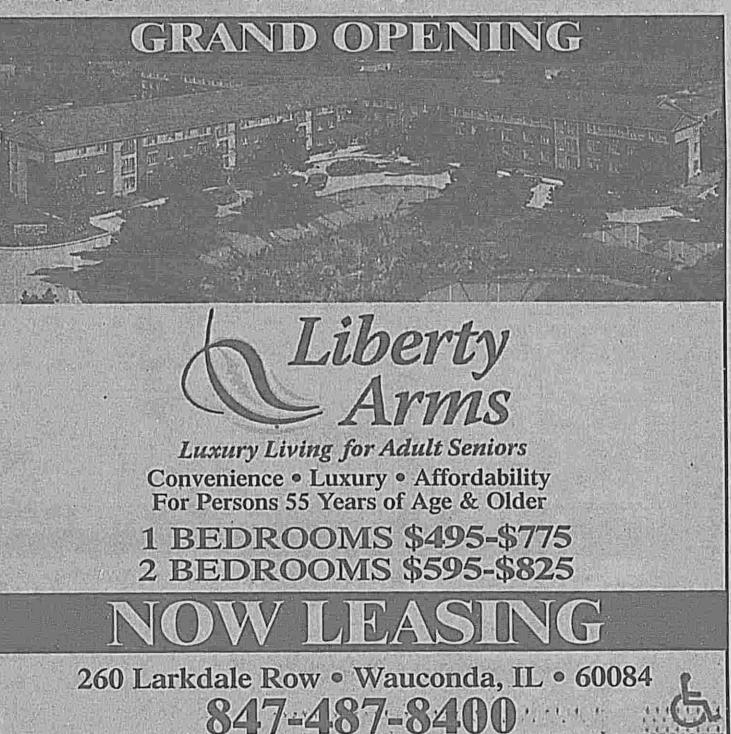


The Check Engine light appears when your vehicle's On-Board Diagnostics (OBD) computer detects a problem. According to several state Air A pre-trip inspection as part Pollution Control Districts, the Check Engine light is designed to limit air pollution, as well as alert drivers to a condition that can waste fuel, shorten engine life and result in potentially expensive repairs.

If the light does come on, a quick check of your vehicle's service manual can often identify the problem and a course of action.

Those who take their car to a mechanic often find that techni-· Wiper blades and washer cians use a diagnostic tool to scan their vehicle and access trouble codes at a cost of \$55 to

When planning a road trip, a · Most importantly, don't pre-trip inspection can give you peace of mind; it also helps prevent costly repairs.



LAKE COUNTY JOURNALS / weeklyjournals.com Page B16 Friday, December 15, 2006 www.championautomall.com
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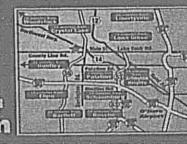


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**Friday** December 15, 2006

LAKE COUNTY JOURNALS Section C

## This Weekend

Tickets for Wayne Newton, also know as "Mr. Las Vegas," go on sale at 10 a.m. on Dec. 15. Newton will perform at 8 p.m. on April 13 at the Genesee Theatre in Waukegan. The theater is located at 203 N. Genesee St.

#### Page C6

Vicki Lawrence will perform as her hit character "Mama," which she played on the "Carol Burnett Show," at 5:30 and 8 p.m. on Saturday, March 3, at the Genesee Theatre in Waukegan. Tickets for the performance cost \$33 and \$43.

Page C3

## **Pulitzer Prize photos**

Don't miss your last chance to see Pulitzer Prize-winning photos, displayed through Dec. 17, at the Lake County Discovery Museum.

## A web of love

Dakota Fanning stars as Fern in "Charlotte's Web," the classic tale of Wilbur, a young pig, who learns the true meaning of friends.



# Talkin' toys



Dolls were some of the toys in demand during the American Rare Collectibles Roadshow that came to the Ramada Inn in Waukegan last week. Also in demand were antique farm toys. One such toy, a pull-behind combine, was bought for \$175,

# Calling for collectibles

BY KATHY GRESEY kgresey@nwnewsgroup.com

GRAYSLAKE - Toys.

The word can evoke powerful memories, bring excitement to children and is extremely relevant during the holiday season.

Just last week, a variety of toys were brought to the American Rare Collectibles Roadshow in Waukegan. Vintage playthings far out-

weighed any other type of collectible at show.

the traveling Among the

many colorful items brought the Ramada Inn in Waukegan dolls, were

George McCurley

Matchbox cars, trucks, trains and a children's balloon-blowing machine.

George McCurley, roadshow coordinator, said toys are one of the most popular items collected in the U.S.

'We do a lot with toys, dolls and train sets," he said, adding that most toy collectors are unyielding in their searches. "Adult toy collectors are nuts. And they're nuts all year long."

One of the more valuable playthings brought to the American Rare Collectibles Roadshow last week was a postSandy Bressner - sbressner@nwnewsgroup.com

(Above): This mint condition Tonka truck was one of the finds purchased during the American Rare Collectibles Roadshow. (Below): Antique Matchbox cars were some of the many toys in demand during the exhibition at the Ramado Inn in Waukegan.

Products Inc., was purchased by prior to them coming to his one of McCurley's collectors for show.

roadshow do not pay an entrance fee. And, if their items are purchased, they are paid on thing for them with one of our the spot.

McCurley, who has been in WWII farm toy. The 1953 pull-be- the roadshow profession for a hind combine, made by Reuhl decade, also will assess items

"[People] can contact us, and Those who bring items to the they can send us information about what they have," he said. "Then, we can set up someleads."

A collector of Hollywood memorabilia and guitars himself, McCurley said he enjoys his job. He has coordinated more than 600 roadshows.

"I get to enjoy these items before we send them out," he said. tion: Call George years."

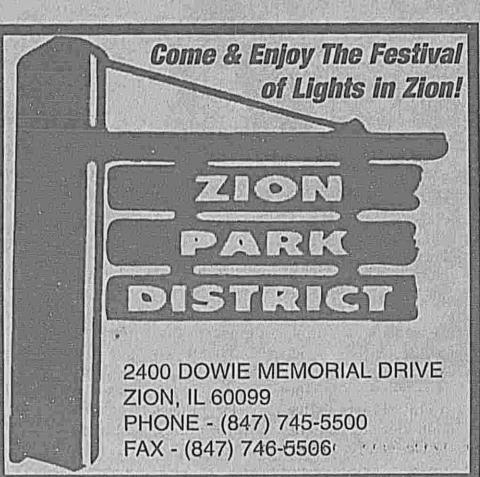
## Want to go?

What: The American Rare Collectibles -Roadshow

Where: Lee's Inn, 1500 N. State Road 50, in Bourbonnais

When: 10 a.m. to 7 p.m. on Dec. 16, 17 and 18.

For more informa-







## Drama takes new look at famed architect's life

ON STAGE-

By TOM WITOM thomaswitom@yahoo.com

"Frank's Home," Richard Nelson's incisive new play making its world premiere at the Goodman Theatre, looks at the human side of distinguished Chicago architect Frank Lloyd Wright (1867-1959).

Set in late August, 1923, the unsparing picture that emerges of Wright the man isn't nearly as flattering as his public persona.

A shameless self-promoter who was frequently ahead of his time, Wright wholly immersed himself in his calling. The "prairie style" architectural design he developed was much admired for its openspace layout and horizontal structural lines in tune with the flat Midwestern terrain; at the same time, his family life suffered.

Nelson's play finds a contentious 56-year-old Wright in

## Tickets, please

What: "Frank's Home" Where: Goodman Theatre, 170 N. Dearborn St., Chicago When: Through Dec. 23 Tickets: \$10 to \$35 Show information: (312) 443-3800

California, where he is going through a divorce and facing an estranged family after a prolonged separation. Wright is back in the U.S., following a four-year absence during the construction of the innovative, and supposedly earthquake-resistant, Imperial Hotel in Japan.

After decades in the limelight, he finds himself not in Chicago, but Los Angeles, hoping to reignite his stalled career.

Director Robert Falls has cast seasoned actor Peter Weller as the venerated, but ill-famed Wright, and Weller manages the demanding role with exceptional clarity. Through his eyes,

we see Wright, who would reform society through architecture.

He throws up his hands in frustration at what he perceives as the country's "hopelessly derivative" and "shamefully un-American" approach to design,

Wright's entourage includes his mentor, architect Louis Sullivan, the "father of modernism," whose credo was "form follows function." (Good work by Harris Yulin as a penniless genius whose illustrious career is on the wane.) Wright's eccentric girlfriend Miriam Noel (fitfully played by Mary Beth Fisher) is there as well, along with his two grown children, Catherine (Maggie Siff) and Lloyd (Jay Whittaker), both of whom have this love-hate relationship going with their father for leaving them in their youth.

In a priceless scene, Wright does a take-off on a Gilbert & Sullivan song, which, for a brief



A scene from "Frank's Home," by Richard Nelson, features (from left) Jay Whittaker (Lloyd), Jeremy Strong (William), Peter Weller (Frank Lloyd Wright), Maggie Siff (Catherine), Harris Yulin (Louis Sullivan), Holley Fain (Helen Girvin) and Mary Beth Fisher (Miriam Noel).

moment, transports the son and daughter to happier childhood memories.

Rounding out the cast are Holly Fain as the sprightly schoolteacher who catches

Wright's wandering eye; Chris Henry Coffey as Catherine's clueless banker husband; and Jeremy Strong as an aspiring architect and Wright's allaround flunky.



Tickets for "Ralph's World" are on sale now. The show will take place at the Metropolis Performing Arts Centre in Arlington Heights.

## 'Ralph's World' is coming

Tickets for the children's musi- banjos and fiddles are used durcal "Ralph's World" are on sale ing the performance. now. The show will be per-Centre in Arlington Heights.

place where boys and girls can can "dive" along a sea floor and Heights. "ride" on a train.

ARLINGTON HEIGHTS - writer Ralph Covert. Mandolins,

Tickets for the show are \$12 formed at 10:30 a.m. and 1 p.m. for kids younger than age 12 and on Saturday, April 7, at the \$18 for adults. For ticket infor-Metropolis Performing Arts mation, call the Metropolis box office at (847) 577-2121, or visit Ralph's World is a musical www.MetropolisArts.com.

The Metropolis Performing sing and dance with their folks. Arts Centre is located at 111 W. Those who enter "Ralph's World" Campbell St., in Arlington

For more information about The musical event is the cre- "Ralph's World," visit

## 'Mama' to perform at Genesee

WAUKEGAN - Vicki Lawrence is coming to Waukegan.

The beloved comedy sketch artist from the "Carol Burnett Show" will present "Vicki Lawrence and Mama: A Two-Woman Show" at 5:30 and 8 p.m. on Saturday, March 3, at the Genesee Theatre.

Star of "Mama's Family," Lawrence will present a hilarious and musical show at the Genesee. Tickets, priced at \$33 and \$43, are on sale now.

Currently, Lawrence brings to the stage her endearing personality (and Mama's) to present a hilarious mix up of performances. Vicki takes the stage first, and according to her, this new act will not be retrospective.

"We've designed a show that's filled with stand-up comedy, music and my observations about real life," Lawrence said in a release.

The comedian is an Emmy-Award winner. Plucked out of total obscurity as a high school senior, she went on to become part of the now legendary cast of the "Carol Burnett Show."

During the show's seventh season, and hundreds of hilarious sketches later, Lawrence created her most endearing character to date, Thelma Harper, or "Mama," as she is better known by her fans.

After the Burnett Show, Lawrence went on to throughout most of the country. star in "Mama's Family," which consistently topped the ratings for its entire six-year run of original shows.



Vicki Lawrence will perform in Waukegan as "Mama," a character she created on the "Carol Burnett Show."

## Where it's at

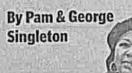
The Genesee Theatre is located at 203 N. Genesee St., in Waukegan.

Genesee Theatre tickets for the "Vicki Lawrence and Mama: A Two-Woman Show" can be purchased at the Genesee Theatre Box "Mama" has attained almost a cult status Office, all Ticketmaster outlets, charge-byamong her legions of loyal television viewers, phone at (312) 559-1212 or online at www.ticket-

# REEL MOVIES Movie Review Key 4 = Don't miss this movie! 3 = Worth seeing, but could've been better 2 = Wait until this movie comes out on video

2 = Wait until this movie comes out on video

1 = Someone should be fired for making this movie



Page C4 LAKE COUNTY JOURNALS Friday, December 15, 2006



Will Smith and his son, Jaden, star in "The Pursuit of Happyness," a film directed by Gabriele Muccino. Will stars as Chris Gardner, a man who loses his wife and money. Gardner, however, never gives up on his pursuit for happiness.

# Finding true happyness'

By PAM and GEORGE SINGLETON welisten@playrules.com

Aspiration and a dedication to ideals motivated Chris Gardner to move through a time of struggle to become a multimillionaire in the world of finance. "The Pursuit of Happyness," starring Will Smith as Gardner, is based on this real-life story.

Set in the 1980s in San Francisco, Gardner has invested all his money in a line of portable bone scanners (in an entrepreneurial effort), which he sells (with little success) from one doctor's office to another.

His wife Linda (Thandie Newton) works as many hours a week as possible as a hotel maid. It's a parenthetical life, to stay one step ahead of the landlord and creditors and bracketed on each end of the day by arguments.

The couple has an adoring, bright-eyed, 5-year-old son named Christopher (Will's reallife son, Jaden, appearing in

resident or with the cert

## "Pursuit of Happyness"

Director: Gabriele Muccino

Genre: Family drama

Additional information:

Columbia Release; rated PG-13 for some language; running time is 117 minutes.

his first film). But Linda feels worn down, and she leaves. Gardner insists that Christopher stay with him.

Gardner is struck by the air of confidence (and the expensive sports car parked at the curb) of a guy hurrying up the stairs of a building in the financial district, and he asks the man what he does for a living. Stockbroker is the answer, and Gardner learns there is an internship program at Dean Witter to learn the business.

Persistent and smart, Gardner wins a spot in the crowded competition. What he didn't realize was the internship was unpaid..

SELEVATER BOTH TO BENT

Determined to win the one job offer that is promised at the end of the line, Gardner draws on all his prowess as a salesman, his knack with people and his savvy as a survivor. While he pries millions of dollars from investors, Gardner is evicted from his apartment, and his living accommodations go downhill.

He and his son are homeless. And Gardner's challenge is to keep his son (and himself) safe and unafraid.

We lived in the San Francisco area for more thanfive years and attended the church featured in the film, where Gardner and Chris found shelter on many nights.

Glide Memorial United Methodist Church is real and does offer support, housing and education to thousands each year. And they do serve more than one million meals to the poor and homeless.

We still support its many programs. We are all entitled to the pursuit of "happyness."

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ERAGON (PG) 1:45 (4:15) 6:45 9:30 DECK THE HALLS (PG) 2:15 (5:15) 7:45 10:00 DEJA VU (PG-13) 12:45 4:00 7:00 9:50 UNACCOMPANIED MINORS (PG) 2:00 (5:00) \*7:30 10:20; \*No 7:30 SAT. DEC. 16

WE ARE MARSHALL (PG) SPECIAL SNEAK PREVIEW 7:30 SATURDAY DEC. 16 APOCALYPTO (R) 12:30 (3:40) 7:15 10:15 BLOOD DIAMOND (R) 1:30 (4:45) 8:00 THE NATIVITY STORY (PG) 1:00 (3:50) 6:30 9:15 THE SANTA CLAUSE 3 (G) 1:15 (3:30) 6:15 9:00

## SHOWPLACE 8

CHARLOTTE'S WEB (G) 11:30AM 2:00 (5:00) 7:30 9:50 THE PURSUIT OF HAPPYNESS (PG-13) 12:15 1:00 (3:30 4:00) 6:30 7:00 9:20 10:00 12:00 1:45 (3:15 4:45) 6:40 8:00 9:40 CASINO ROYALE (PG-13)

12:30 1:15 (3:45 4:30) 7:15 7:45 10:20 HAPPY FEET (PG) 1:30 (4:15) 6:50 9:30

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**Advanced Screening** "We Are Marshall" (PG) 🐱 Charlotte's Web (G)

11:35, 12:40, 1:55, 3:00, 4:15, 5:20, 6:35, 7:40, 9:00, 10:00

Eragon (PG) 🗸 X

11:25, 12:30, 1:45, 2:55, 4:05, 5:20, 6:40, 7:45, 9:05;10:05 Pursuit Of Happyness (PG13) X

12:10, 1:30, 2:50, 4:15, 5:30, 7:00, 8:15, 9:45 Apocalypto (R)

11:35, 1:00, 2:40, 4:00, 5:45, 7:00, 8:45, 10:00 The Holiday (PG13) 🗸 🗶 11:50, 12:50, 2:50, 3:50, 5:55, 6:50, 8:55, 9:55 Blood Dlamond (R) 12:15, 3:30, 6:45, 9:50

Unaccompanied Minors (PG) Fr, Su- Th 11:30, 1:50, 4:10, 6:30, 8:50 Sa Only, 11:30, 1:50, 4:10 Guadalupe (PG) / The Nativity Story (PG) 12:10, 2:35, 5:05

11:50, 2:10, 4:30, 6:50, 9:15 Turistas (R) Ends Tu 7:15, 9:30 Van Wilder Deux: Rise Of Taj (R) 7:35, 9:55 Deja Vu (PG13) 12:35, 3:20, 6:05, 8:50 Deja Vu (PG13) Deck The Halls (PG) 12:45, 3;00, 5:15, 7:30, 9:50 Happy Feet (PG) 11:25, 1:50, 4:25, 7:10, 9:40 Casino Royal (PG13) 11:30, 2:35, 5:50, 8:55

Santa Clause 3 (PG) Ends Tu 11:45, 2:00, 4:10 Borat (R) 1:20, 3:25, 5:30, 7:35, 9:45 Deck The Halls (PG)

NO PASSES NO MOVIE FUNTICKETS FI-RATED POLICY-ID Required & No Children Under 6 UPCOMING FILMS BEGIN AT ADVERTISED SHOWTIMES www.marcustheatres.com

Open Captioned Fr 5:15, Sa 12:45, Su 7:30

## Still playing

Déjà Vu: PG-13 The Departed: R Fast Food Nation: R Flags of our Fathers: R Flushed Away: PG Happy Feet: PG The Holiday: PG-13 **Blood Diamond: R** Turistas: R Flicka: PG Apocalypto: R

The Nativity Story: PG

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SHOWTIMES-FRIDAY, DEC. 15 THRU THURSDAY, DEC. 21 CHARLOTTE'S WEB\* [07] Dally 12:10 2:20 4:30 6:40 8:50 ERAGON\* [PG] Daily 12:50 3:00 5:10 7:20 7:3

THE PURSUIT OF HAPPYNESS\* [PG-13] Daily 12:00 2:30 5:00 7:30 10:00 THE HOLIDAY\* [PG-13]
Daily 1:20 4:10 7:00 9:45

UNACCOMPANIED MINORS\* [PG] Daily 12:30 2:30 4:30 6:30 8:30

APOCALYPTO\* (R)
Daily 12:45 3:45 6:40 9:30 THE NATIVITY STORY [PG]
Fri-Tue 12:45 5:00

DECK THE HALLS [PG] Fri-Tue 2:55 7:10 9:15

HAPPY FEET [PG]
Daily 12:05 2:25 4:45 7:05 9:25
CASINO ROYALE [PG-13]
Daily 12:55 3:50 6:45 9:40
ROCKY BALBOA\*
[PG]
Wed/Thu 12:40 2:55 5:10 7:25 9:45

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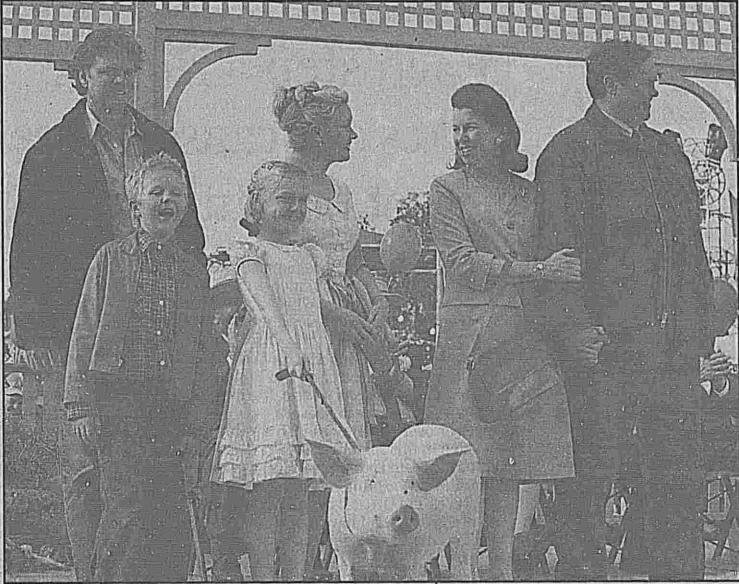


Photo provid

Dakota Fanning stars as Fern in the heart-warming story of "Charlotte's Web." The classic film tells the story of Wilbur, a young pig, who is saved by Fern and learns the true value of friendship.

# Spinning a web of how friendship lasts forever

By PAM and GEORGE SINGLETON welisten@playrules.com

This live-action/animation adaptation of E.B. White's children's classic of the same name, is top-notch family entertainment.

Just about everyone knows the story of the unassuming, runt-of-the-litter pig named Wilbur (voiced by Dominic Scott Kay). The pig is saved from the Zuckerman Farm's smoke house by an industrious spider, (and true friend) named Charlotte (voice of Julia Roberts).

770

25

Along with a host of other barnyard buddies, including a cantankerous rat, Templeton (a creepy-voiced Steve Buscemi), and the maternal Gussie (voiced by Oprah Winfrey), a doting goose, everyone in town learns a lesson in loyalty and humility.

Brilliantly talented Dakota Fanning plays compassionate young Fern, who nurses Wilbur to health and a suitable

## "Charlotte's Web"

**Director: Gary Winick** 

Genre: Family comedy

Additional information: Paramount Pictures; rated G;

running time is 97 minutes.

weight to join the other animals in the barn. Fern visits Wilbur everyday because she knows that Wilbur is special. And she hears the animals communicating.

Children are better listeners than adults are. Wilbur and the quiet, observant spider in the upper corner of the barn door become friends.

As autumn approaches, the time for harvest and food preparation, Wilbur understands his days might be numbered. But he doesn't give up hope.

Charlotte promises she will do something to keep him alive.

Her great gift is the delicately beautiful patterns she can weave into her web, which sparkle in the daylight.

Charlotte begins to spell out intricate words in her designs. Words that describe the wonderful qualities that Wilbur possesses. People come from miles away, amazed by Charlotte's ability. The farm prospers, and Wilbur basks in the love he's shown.

As with most opportunities in life, challenges are not far behind. And this charming and thoughtful tale explores what we all face.

Gary Winick ("13 Going on 30," "Tadpole") directs a menagerie of characters with great appeal. Susannah Grant ("In Her Shoes," "Erin Brokovich") and Karey Kirkpatrick ("Over the Hedge," "Chicken Run") bring a wealth of talent to offer a delightful script. If you don't have one of your own, find a child to share this tale with.

## ─ To Do

#### Winter hotline

The Lake County Forest Preserve winter sport's hotline provides current winter sports conditions 24 hours a day, seven days a week. The number is (847) 968-3235.

A recorded message conveys current trail and ice conditions for sledding, cross-country skiing, snowmobiling, ice fishing or ice skating at Lake County Forest Preserve locations. Condition reports, maps and other winter sports information also are available on the Lake County Forest Preserve Web site, www.LCFPD.org.

## **Holiday Magic**

Throughout the month of December, Brookfield Zoo will host its 25th annual Holiday Magic event. The festival features a new, spectacular laser light show, live entertainment, ice-sculpting demonstrations, visits with Santa Claus (through Dec. 23), "Sing to the Animals," craft activities and more.

Admission to Holiday Magic is \$10 for adults and \$6 for children ages 3 to 11 and seniors 65 and older. The event will take place from 4 to 9 p.m. on Dec. 9, 16, 17, 23, and 26 through 31.

For more information, call (708) 485-0263, or visit the zoo's Web site at www.BrookfieldZoo.org.

### Adopt a manatee

Looking for a special gift this holiday season? This year, Save the Manatee Club offers a chance to adopt a manatee. For \$25, Save the Manatee Club will send gift recipients an adoption certificate, a photo and life history of a manatee, plus a fact-filled membership handbook. Four printed newsletters and six e-newsletters also will be sent to gift recipients throughout the year.

For \$35, each new member who adopts a manatee will get the adoption packet, as well as a 24x12-inch, full-color 2007 wall calendar featuring manatee photos. A personalized holiday message can be included with each adoption to anywhere in the world.

For more information, contact Save the Manatee Club at 500 N. Maitland Ave., Maitland, Fla., call (800) JOIN (5646), or visit the Save the Manatee Club Web site at www.savethemanatee.org.

## **Winchester Christmas**

The Winchester House is looking for generous donations to support an exciting shopping experience for residents in the nursing home. The program recently opened, and there are opportunities for individuals or groups to participate. Volunteers and donations of specific gift items are needed.

For more information, call Patty Schultz at (847) 377-7224.

## **Festival Arts of Antioch**

Festival Arts of Antioch is preparing a gift for the Antioch community and surrounding areas. The Christmas portion of Handel's Messiah will take place at 7:30 p.m. on Sunday, Dec. 17, at St. Peter Church, 557 Lake St., in Antioch.

The Antioch Community Chorus, directed by Kris Bolin, of Antioch, and guest soloists will perform this hour-long concert. Soloists are Melissa Kelly Cardamone and Jennifer Beil Franco, of Kenosha, Brent Billock, of Chicago, and Nathaniel Olson, of Vernon Hills. Accompanists are pianist Chris Kusher, of Grayslake, The Tim Montalvo String Ensemble and several musicians from the Lakes Area Community Band.

The concert is made possible by the generosity of businesses and individuals who support Festival Arts of Antioch financially.

For more information, contact Ken Smouse at (847) 395-1333, or Mabel Lou Weber at (847) 265-3152.

## Gallery 57 works of art

This holiday season, Gallery 57 is helping create holiday cheer through beautiful works of art. Through Dec. 31, Gallery 57 will showcase original works of worldwide jewelry artists with bracelets, necklaces and earrings, along with original paintings and sculptures. Included in these items is "The Runner," a sculpture that could go to the 2008 Olympics.

Gallery 57 is open from 1 to 9 p.m. and is located at 323 Waukegan Street in Highwood's Restaurant Row.

For more information, call (847) 443-4750, or visit the Gallery's Web site at www.gallery57.com.

## Wayne Newton prepares to bring Las Vegas to Genesee

WAUKEGAN - Las Vegas legend Wayne Newton will perform at 8 p.m. on Friday, April 13, at the Genesee Theatre in Waukegan.

Tickets for the performance, priced at \$55 and \$68, go on sale at 10 a.m. on Friday, Dec. 15. They can be purchased at the Genesee Theatre Box Office (203 N. Genesee St.), all Ticketmaster outlets, chargeby-phone at (312) 559-1212; or online at www.ticketmaster.

As a man who has forever been synonymous with Las Vegas, Newton is known all over the world as simply "Mr. Las Vegas." His memorable performances have garnered numerous "Entertainer of the experience.

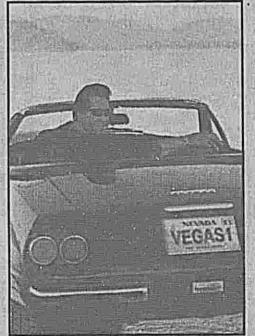
"His show is the standard by which I will henceforth judge each future concert of any Greer said, in a release. "I'm Newton Dynasty Collection." not talking about camp, or

His show is the standard by which I will henceforth judge each future concert of any genre. I'm not talking about camp, or kitsch ... I'm talking about full-blooded American entertainment.

> Jim Greer Spin Magazine

Year" awards and reviewers kitsch ... I'm talking about fulltout his act as "The" Las Vegas blooded American entertainment."

In addition, more television the world.



Wayne Newton will perform at the Genesee Theatre at 8 p.m. on April 13. Tickets will go on sale Dec. 15.

and movies starring Wayne are in negotiation. After five Newton has recorded and re- decades of performing, the perleased 158 albums to date, in- former shows no signs of slowcluding the recent six CD (or ing down, which is great news genre," Spin Magazine's Jim cassette) box set, "The Wayne for the masses of fans that pack his sold out shows throughout - Health beat

## Each step a runner takes can cause bones to get painful breaks

Question: I recently started running and have been diagnosed with shin splints. What can I do?

Answer: Most runners. whether experienced or new to the activity, will experience calf or shin pain. There are several types of overuse injuries that develop in this region as a result of repeated pounding from running. Shin splints, stress fractures and chronic compartment syndrome all have a common mechanism of development.

What causes these overuse injuries to happen is excess training with inadequate recovery and muscle imbalances. Excess and inadequate are relative terms and must be judged against one's experience and length of time doing the activ-

A simplified view of the mechanics of running is needed, that way you will understand the specifics of how shin splints develop.

There are phases the foot goes through in running: the foot strike, then a loading/energy transfer phase and finally a push-off ("toe-off") with the forefoot. Each foot strike delivers a shockwave that travels up the leg. This energy must be absorbed through the musculoskeletal system. The harder the running surface, the greater the shockwave.

Shin splints refers to a painful condition that develops along the inside (medial edge) of the shin (tibia). The usual location is along the lower half of the tibia, anywhere from a few inches above the ankle to about half-way up the shin.

The repeated running cycle of pounding and push-off results in muscle fatigue; which then leads to higher forces being applied to the fascia, the attachment of fascia to bone and finally the bone itself. Respectively, this represents a spectrum of mild to severe.

On the more severe end of the scale, the injury might progress from stress reaction within the bone to an actual

stress fracture.

The treatment for shin splints is rest, ice, stretch the tight muscles and strengthen the weak muscles. Depending on the severity, it is often necessary to completely stop running until completely pain free.

When running is resumed !! this is where many runners



**Linda DeFever** 

take - it must be significantly different from the schedule that lead to the injury in the first place. The concept of relative rest employs lengthening the time be-

make a mis-

tween training, as well as decreasing the volume and intensity of training.

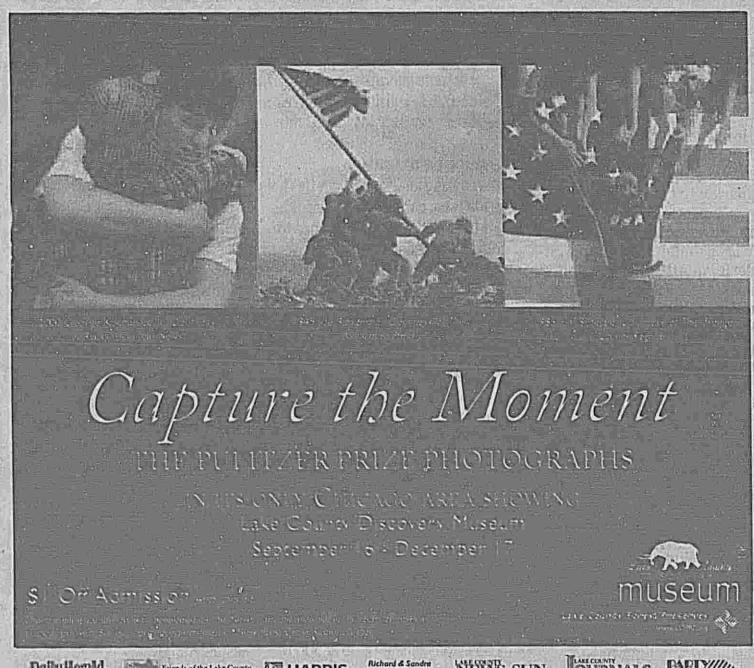
I think it is important to cross train - run the first day, use an upright bike the next day day, the elliptical the next day, perhaps rest on the fourth day, and resume running on the fifth day. There has to be a graded and gradual increase in run training.

Stretching the muscles in the front of the leg and the calf muscle (back of leg below the knee), along with strengthening the calf muscle, also should be incorporated into training. The most important preventative strategy is to not repeat the mistakes that lead to the injury.

Examine all training variables: surface, shoes, training volume, intensity, workout type, hills and weather conditions, to name a few.

Seek the help of a C.H.E.K Practitioner or a qualified trainer and coach to help you. This all takes time and effort, but is worth it, if you want to run pain free.

 Linda DeFever is the owner of Vitality Inc., Where Exercise and Nutrition Meet in Balance at Serenity Health Resources in Wauconda. To have your health and fitness questions answered, e-mail DeFever at ocfever01@ yahoo.com.



# Give the gift of high definition for the holidays

(HD) video is taking center stage. With earlier this year, Blu-ray Discs offer as HDTV sets now available for less than much as 50 gigabytes of capacity. That is \$1,000 and HD programming widely of- more than 10 times the capacity of fered by cable and satellite providers, today's 4.7-gigabyte, recordable DVDs. many consumers are ready to take the plunge.

to HDTV sets and broadcast programming. In fact, new technology is making it possible to capture and record home movies in HD.

To get started, shoppers need a high definition camcorder, sometimes referred to as a HDV camcorder. With HDV troduce the recordable discs. camcorders costing around \$1,500, they might seem expensive. But as with all next few years will come with a Blu-ray new technologies, prices quickly fall.

ties in stunning HD quality to later enjoy with a DVD burner," Youmans said in a on a HDTV set. By connecting a HDV camcorder to a computer, people can create professional quality edits, titles, with making their own HD videos." fades, special effects and much more with a click of a mouse.

sharing with family and friends, videog-player. raphers need to save their footage and offload it from their PC. That's where Blu- · Courtesy of ARA Content

This holiday season, high definition ray comes into the picture. Launched

As wonderful as they are, DVDs don't have enough storage capacity to handle What many people might not realize HD video, but Blu-ray Discs do. One can is that the transition to HD isn't limited store up to four hours worth of HD quality home videos on a 50 gigabyte recordable Blu-ray Disc.

Bruce Youmans, vice president of product research and development at TDK, said the future of Blu-ray looks bright. TDK was the first company to in-

"Many computers purchased in the recording drive pre-installed, much like Imagine capturing the holiday festivi- most of today's computers are equipped release. "That will encourage a large number of consumers to experiment

Of course, one needs a way to play the home-burned Blu-ray Discs on a HDTV. Once the home movie is ready for 'The final piece of the puzzle is a Blu-ray



Photo provided by Sharon White of White\_Packert Photography

This holiday season, high definition (HD) video seems to be the perfect gift. New technology is making it possible to record home movies in HD, thanks to Blu-ray products, such as Blu-ray disks. These disks offer more storage capacity than DVDs.

## This season, buy the presents people really want to receive

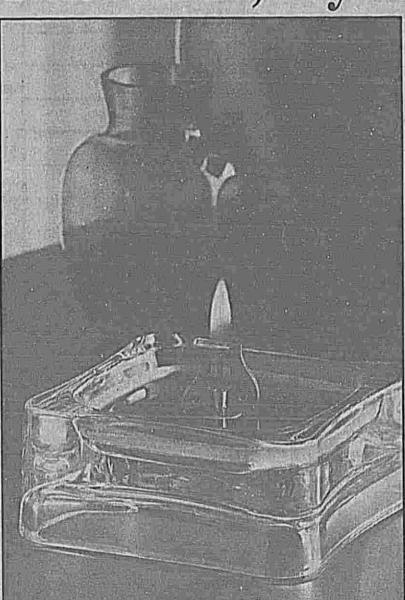


Photo provided

Scented candles are one of the most appreciated holiday gifts. Candles were voted more popular than twinkle lights and poinsettias by women. Some of the least-wanted gifts included seasonal decorations.

Think you're ready for that holiday party? Maybe it's day spirit. time to double check.

Party dress on?

Check.

Fancy shoes?

Check.

Candy for the hostess?

Oops, better think again.

According to the new Glade Holiday Home Survey conducted in honor of Glade's 50th anniversary, that box of candy might make it to more than one party.

That's because, according to the survey, nearly 40 percent of women would prefer to receive a candle as a hostess gift over cookies (24 percent), candy (16 percent), or holiday hand towels (12 percent).

### The 'scents' of the season

Scented holiday candles are the most popular holiday décor item, as well, according to the survey.

Scented candles (32 percent) edged out twinkle lights (30 percent) and poinsettias (20 percent). Only 3 percent of women favor mistletoe to set the mood.

Glade fragrance experts explain that candles are popular because smell is the sense most closely linked to emotion.

Scents spark memories, so they help create ambience and enhance experiences. It's no surprise then that festive music (79 percent) and candles (66 percent) top the list of holiday mood enhancers.

Today's favorite holiday scents are sweet, fruit-inspired fragrances, with pine trees and baked goods a close second, according to the survey.

In addition to the holiday favorites noted in the survey, other scent trends that work for the holidays include beverage-inspired fragrances like hazelnut cappuccino, espresso bean and French vanilla.

These intoxicating scents have the power to create a warm, welcoming atmosphere to get people in the holi-

## Winter watch-outs

So, if candles are hot for holiday décor, what's not? Almost half of the women surveyed don't like those giant inflatable reindeer, snowmen and Santas.

And 40 percent are not sweet on those larger-thanlife candy canes, either.

Big decorations become a hassle when the holidays have passed.

More than half of the survey respondents said that putting decorations away is the holiday chore they dread most.

But, thankfully, there's a little time to take down the outdoor décor, as only 27 percent of people say they don't like it when the neighbors leave their holiday decorations up until Valentine's Day.

So, this holiday season, be sure to give a gift that really counts.

· Courtesy of ARA Content



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	Week 16 Games of Dec. 21-25	HOW TO PLAY Select a winner from each of the week's
	16	names, listed below. Select in descending
	15	order of your CONFIDENCE in your choices. Win points at left for each correct selections
l	14	tion toward possible total of 136 points. Se complete rules below. You must be at least
	13	8 (eight) years old to enter. To enter, cl
-	12	along dotted line, then place game entry POWER POINTS container at cosponsor
	11	retail outlet(s). Entrants must list nam
	10	address and phone number below.
STATE OF STREET	9	I IMIT: You may enter the contest only
出るを心形	8	LIMIT: 100 may since did solves any once per week.
固		

DEADLINE: NOON THURSDAY Total points scored (both teams) in CHIEFS game.

THIS WEEK'S GAMES Minnesola at Green Bay Tampa Bay at Cleveland Tennessee at Buffalo Kansas City at Oakland Washington at St. Louis Arizona at San Francisco Carolina at Atlanta Cincinnati at Denver Chicago at Detroit San Diego at Seattle New England at Jacksonville Philadelphia at Dallas

## · · · · POWER POINTS OFFICIAL RULES · · · · 1. Object of the game is to amass as many of the 136 possible 3. Entries that tell to forecast a winner from each and every game accepted. Enter contest by dropping entry form into POWER POINTS into as you can Simply review the week a schedule of games, listed will be disqualfied, as will entries that had to distinguish between the Jets container at participating co-

on entry form, and decide which game you are SUREST of picking a and Gants of New York and other similar learns. and so on down to the 1-point line, which game you figure to be a loss- played for any reason during its scheduled week. inner in. Write the name of your projected winner on the 16-point line, n this game. If a winner still doesn't emerge, a drawing will be held mong those contestants still find. Decisions of the judges are Snal. The intelligible to participate. weekly Michaest, regional wisher will receive \$1000.

FREE POINT

136 TOTAL POINTS

4. No points are awarded on the games or in case any game is not

week's designated game. If this step falls to produce a winner, the — for his or her name and photograph to be used for news and reasonable B. No purchase necessary. Facsanile game entry forms will be Sunday of any week sploy.

**Entries** 

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Everymom

## Acting like your mom is a natural part of life

It happens to all of us. For me, I knew I'd officially become my mother when I heard myself tell my daughter, "No, I'm not sleeping. I'm just resting my eyes."

Not that it's a bad thing. For the most part.

I'm still fighting the hereditary traits that make my voice inexplicably grow louder when I'm on the phone or sing a beat behind everyone else.

I called on my sister to help me round up some more signs that our mother's influence has taken control.

We know we've become our mother after the following take place:

 We buy hamburger in bulk. And we make things like tater tot casserole and macaroni cheeseburger.

· We say things like, "My name is not Mom ... just call me Jinglehopper," or "Mom is not here ... she left this morning on a plane to Mexico." We say these things right after we say, "If I hear one more person say Mom, I will go insane!"

· We always think the television is too loud.

• We tell our children, "I can't hear myself think."

· We schedule "snack dinner" and "leftover night."

· We get our children's names wrong. (For my sister, it's "Jay ... Bry ... Say ... whichever one you are, stop that!" This includes calling them by the name of the

· We drive the speed limit or slightly under it.

 We listen to "easy listening" radio stations.

· We're in bed by 10 p.m., sometimes by 9 p.m.

· We talk about how television "used to be."

· We use "the mom arm," the

straight right arm that flings out at sudden stops to protect the passenger from lunging forward

· We think anyone driving by the house is driving too fast.



Jami Kunzer

• We put a flashlight in our kids' Christmas stockings (the biggest stockings we can find) and get them new pajamas on Christmas Eve.

 We tell our kids about what it was like when we were kids, like how we didn't have VCRs. Our children don't seem to care.

 We sing songs in the car like "Go Tell Aunt Rhodie" and "John Jacob Jingleheimer Schmidt."

 We act offended when our children tell us to stop singing. We keep singing anyway.

· We reserve grape, cream and orange pop for vacations and special occasions.

 We tell our children we need a minute in the morning to drink our coffee and wake up.

• We say things like, "Let's hit the road, Jack!" and "Are you ready, Freddy?" and "After a while crocodile!" and "Later alligator!" and "Okey dokey, smokey."

I can't say I mind inheriting many of mother's traits. Of all of them, the one I hope I possess the most is the trait that made her children want to be just like

Just the other day, I discovered she's been printing out and copying everything I've written, a tradition I thought she'd given up after my first newspaper story at least 15 years ago. This one's for you, mom.

· Columnist Jami Kunzer is the mother of Summer, 2, and infant twins Anna and Lilly. She writes about the everyday challenges facing parents. You also can connect with Jami online Tuesday, Thursday and Saturday through. her blog, which can be found at www.nwherald.com. Reach Jami at jkunzer@nwnewsgroup.com, or (815) 459+  Game dork

# Children's video games do not need gore to entertain

The moment I realized "Wallace & Gromit: The Curse of the Were-Rabbit" was one of the best children's games was when I played as Gromit the dog. As Gromit, I pulled levers to make a giant, fake rabbit atop a van do a seductive dance. The dance convinced a grumpy character this big bunny was as appealing as he was told it would be.

"Well," the character said in his proper British tone, "I can see where you're coming from. You even had me going for a minute, and I'm allergic to rabbits!"

By this time, I'd already had so much fun with "The Curse of the Were-Rabbit," it was clear that it has taken years to get something this great in a kid's game, after we've suffered through an enormous number of bad children's games starring other animated icons, from Mickey Mouse to SpongeBob SquarePants.

Note to parents: Just because a popular character is on the cover of a video game box does not mean the game is worth \$50. To the contrary, most are terrible.

But this is a masterpiece,



**Doug Elfman** 

worth the money, and enticing enough for adults to play. In fact, I am a "Curse of the Were-Rabbit" addict.

Whata big and wondrous land Wallace, an inventor, and Gromit, his dog, live in. It's a collection of town centers, soccer fields and neighborhoods, where charming Brits talk you up in the streets and ask Wallace, Gromit and a helper bunny named Hutch to get rid of bunnies, squirrels and turkeys that are going amok.

Wallace has invented a nongun called a "Bungun" that sucks little animals to the end of a hose, like a vacuum. You

suck up the animal and walk it to one of the town's many vacuum drains, which send the animals harmlessly to the basement of Wallace's pestcontrol basement.

In his basement, Wallace tries to brainwash rabbits to stop overeating vegetables: "Veg. bad. Say 'no' to carrots, cabbage and cauliflower."

Side games abound. Wallace uses a wrench to open gates in a lock-picking method that never seems as if I'm learning something so nefarious as breaking-and-entering. Animated scenes show up, like very short film clips. And two gamers can play together, as the duo.

This goes to show game makers that just because a kid's game isn't riddled with blood and gore, it doesn't have to be a boring, oversimplified adventure.

 Doug Elfman is a video game critic for the NorthWest News Group. To contact Doug Elfman, e-mail him at elfmonster@cox.net.

# Award-winning photos displayed

WAUCONDA - Experience Admission prices the national touring exhibition "Capture the Moment: The Pulitzer Prize Photographs" in its final week at the Lake County Discovery Museum, near Wauconda.

The exhibit, which features the Pulitzer Prize-winning images and stories behind the photographs, closes Dec. 17.

"Capture the Moment: The Pulitzer Prize Photographs" features 135 pictures, including the Pulitzer winners from the award's inception in 1942 to the most recent 2006 winners.

ers to experience more than 60 years of history, from the Ford 1982 winner, is a staff photogra-Strikers Riot in 1942 to pher at the Chicago Sun-Times Hurricane Katrina in 2005. The and a photojournalism teacher large format photos offer pow- at Columbia College in Chicago. erful views of moments that In addition, 2006 winner Todd changed our nation.

- . Admission is \$6 for adults and \$2.50 for youth ages 4 to 17. Admission is free for children 3 years and younger.
- . Through Dec. 17, admission is free for middle, junior high, high school and college students.
- Admission is always free for Friends of Lake County Discovery Museum members.

The exhibition allows view- Arizona, where he does freelance work. John H. White, the Heisler, of the Rocky Mountain Jack Dykinga; the 1971 win News; previously worked for a nen corrently resides in variety of community newspa-

pers in Chicago, including the Lake County Journals, formerly Lakeland Media.

Displaying the true nature of photojournalism, some of the exhibit's images capture joyful moments, some depict disturbing situations. Parental discretion is suggested.

The entrance to the Lake County Discovery Museum is located off Route 176, just west of Fairfield Road and east of Wauconda in the Lakewood Forest Preserve.

Gallery hours are 11 a.m. to 4:30 p.m. Monday through Saturday and 1 to 4:30 p.m. Sunday. The Museum is open special extended hours, until 8 p.m., on Dec. 15.

For more information, or to download discount admission coupons, visit LCFPD.org/Pulitzer, or call the exhibit hotline at (847) 968-3393.

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# Bamboo makes its way into the kitchen

## Totally Bamboo offers a new type of counter top

High-grade bamboo is a wood that has proved popular in recent years for cutting boards, kitchen utensils and flooring. But now it is making its way to the top - countertops that is.

After years of research and endless hours of kitchen testing, Totally Bamboo has unveiled its new solid bamboo counter tops. Totally Bamboo is the first company to market 1.5and 2-inch-thick planks that are ready to be fabricated into by the do-it-yourselfer as well. kitchen counters or islands.

countertops are constructed called Multilam.

discovered that this is the ideal said. way to glue up bamboo," Totally Bamboo President Sullivan said in a release." [It more keeps] the plank both flat and www.TotallyBamboo.com, true."

Totally Bamboo countertops are laminated with a completely non-toxic, food grade, formaldehyde-free adhesive.

The countertops are offered in four different grain patterns: flat caramelized caramelized vertical grain, and caramelized and natural parquet end grain.

Totally Bamboo also offers a wide variety of inlayed or solid bamboo back splashes, as well as edge trim.

The company recommends installation by a qualified, woodworking professional for home installation. But the bamboo material is simple to work with, and can be easily installed

'People feel good about using All Totally Bamboo brand this renewable resource, and they are surprised that they can with cross-band laminates get such beauty and strength a without breaking the bank or "In our early testing, it was the environment," Sullivan

> Totally Bamboo countertops Tom sell for \$30 a square foot. For information, call (818) 765-9000.



Bamboo countertops can now be a part of attractive kitchen décor. Totally Bamboo brand countertops are laminated with a completely non-toxic adhesive.

## Fight off sicknesses this winter with aromatherapy

The arrival of cold and flu season ommends to ward off the flu bug. doesn't mean healthy humans have to choose between pharmaceutical drugs and the misery of colds or flu. With aromatherapy, one can use completely natu- and flu than to cure them. In addition to ral essential oils to relieve congestion, a healthy diet that's rich in preventative sore throats and other symptoms.

therapy that utilizes essential oils from to help boost one's ability to fight off aromatic plants to help people literally colds and flu. smell their way to good health.

ial by nature, can be used in a number of lemon or cinnamon) that stimulate the mint, eucalyptus or other essential oil ways during cold and flu season. One immune system. method of use includes diffusing the oils into the air and inhaling their aro-

Blakley recommends tea tree, eucalypbefore each gargle, and be careful not to tus, peppermint, and rosemary for swallow any of it. needy noses. He has written extensively about aromatherapy and taught at con- evening bath promotes immunity ferences, schools and stores around the country - using aromatherapy and herbs to maintain his health while trav- a body's defenses. Simply place four

flammatory, antiviral, expectorant and immune-stimulant properties, making it one of my key essential oils for fighting colds and flu," he said in a release.

Here are some strategies Blakley rec-

An ounce of prevention Of course, it's better to prevent colds

nutrients such as vitamin C, there are Aromatherapy is a natural healing several ways aromatherapy can be used

Essential oils, which are antibacter- with natural scents (like lavender, simply placing five drops of pepper-

each of lemon and tea tree essential oils your face over the steam with a towel diluted in a half glass of water can be Herbalist and aromatherapist Tim helpful. Be sure to stir the solution well

A calming lavender and marjoram tion. through both its aromatherapy effects and by relieving stress that can weaken drops of each oil in the tub after run-"Tea tree has anti-infectious, anti-in- ning the bath. To maximize therapeutic benefits, keep the water comfortably Effective essential oils

Sometimes - despite efforts to pre- For more information on essential • Courtesy of ARA Content

vent catching a cold or the flu - people might find themselves feeling under the weather. At the first signs of symptoms, try these simple remedies to get yourself on the road to recovery.

Relieve congestion away from home by placing a drop or two of peppermint or eucalyptus essential oils on a tissue and inhaling throughout the day.

While at home, undergo a full treat-One can use a diffuser to fill the air ment of steam inhalation. Prepare by in three cups of simmering water. Also, gargling daily with one drop Remove the water from heat, and place draped over your head. Inhale the steam through your nose for at least five minutes, taking breaks as necessary to break up your head and chest conges-

If you have a sore throat or cough, mix three drops of tea tree, eucalyptus or ginger essential oil into a glass of cold water. Gargle with this solution several times a day, without swallowing it.

To be therapeutically effective, essen- oils and their uses, visit www.auracatial oils should be of the highest quality cia.com. Treat yourself right and cultivated in the best conditions.

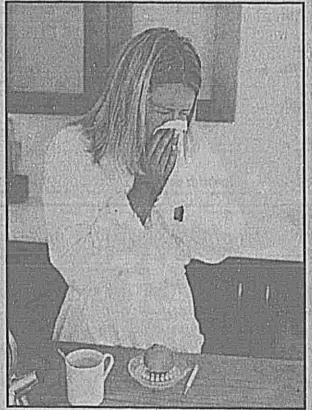


Photo provided

This winter, prevent getting a cold or flu by using aromatherapy to maintain health. Taking vitamin C is a good preventative measure to fight common ailments.

Pets

## A love-filled home is all pets need for a fulfilling life

Michael Jordan, the famous former Chicago Bulls basketball player, is very fortunate. He is famous, wealthy and has adoring people all around him. But that can't be said for a dog named Michael Jordan, or MJ for short, his namesake.

Months ago, I received a tip about a dog living in a garage in We walked back around to the Lake County. Dogs kept in a garage are always a concern of ours, especially as the weather gets colder. So, I went with another humane investigator to see what was going on.

We arrived at the home in suburban Lake County. A man and woman answered the door. We explained who we were and said that we received a complaint about a dog being kept in a garage, adding that we needed to see the dog.

The man opened the garage, and standing inside, tethered to a rope, was a Border collie mix he said was named MJ-after Michael Jordan.

MJ lived in deplorable conditions. The garage floor had many urine stains, and the odor in the air was foul. There were chemicals in containers on the floor, as well as various sharp objects.

After some questioning, we also found that MJ had not been vaccinated since 1997. The dog had lived that way for more than nine years!

MJ was let out twice daily to eliminate. And that was it. And, frankly, they had lied about numerous other things. So, whether that was even true ... we'll never know.

We issued the man a notice of violation and explained what he needed to do to obey the law.

Three weeks later, we returned to the home. Upon arrival, we heard MJ barking in the garage. We knocked on the front door and heard the door from the garage into the house open and close. It was obvious someone was bringing MJ in the house.

We stood around five more minutes, knocking on the door. It was obvious we were being avoided. Undeterred, we headed to the backyard and knocked on the sliding glass door. The woman, standing in the kitchen, opened the door.

I explained we were there to see proof of a current rabies vaccine, and we needed to see MJ's living quarters. She

handed me the medical records from the vet and said the dog lives in the house now. I told her that I knew she was lying, and I heard her take MJ out of the garage and into the house. I was not leaving without seeing the garage.

Reluctantly, she complied.

Sandy Wisniewski

front, and she opened the garage door. The garage was in worse shape then before. More dangerous items and chemicals were littered around and

both feces and urine were on the floor.

Trying to prove she was a good dog owner, she boasted the dog "doesn't have heartworm, the doctor said so."

Not recalling seeing that on the medical records, I asked to see the paperwork again. Reading through the paperwork, I said the only thing you did for MJ when you took him to the doctor was get his rabies shot, the bare minimum.

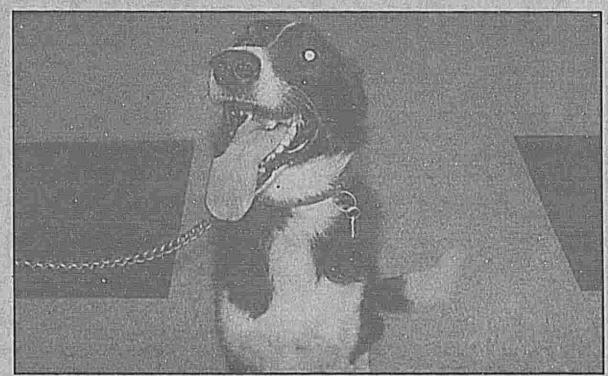
I said, "This dog could have heartworm, or anything else."

The woman decided to give the dog up. She said she didn't have the time for him. Without looking back at his owner, MJ got in my car and onto my lap. His eyes said it all. He looked so grateful. I told him I was sorry it took us so long to help him and that his life from now on would be wonderful.

We headed to the vet for a check up. I was looking forward to seeing him blossom. Unfortunately, MJ tested positive for heartworm. It is a devastating blow, but not surprising considering the lack of medical care he received all his life.

We will do whatever it takes to give MJ the best life. If you can help, or would like to help with his medical expenses, check out our Web site at www.animaleducationandrescue.org.

 Sandy Kamen Wisniewski is president of The Pet Sitters of America, Animal Education and Rescue and SKW Enterprises. To contact her, email petsitters@anet.com, or visit www.animaleducationandrescue.drg.



MJ, named after basketball great Michael Jordan, is a Border collie mix looking for a loving family after living in a home where he was mistreated. He is available for adoption through **Animal Education** and Rescue. For more information, visit www. animaleducationandrescue.org, or call (847) 816-0831.

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Pam and George Singleton review "The Pursuit of Happyness," starring Will Smith.

—(see page C4)



Page C14 LAKE COUNTY JOURNALS Friday, December 15, 2006

# Entertaining does not have to equal stress

By TOM WITOM

thomaswitom@yahoo.com

· Entertaining and stress seem to go together, but Irish celebrity chef Darina Allen says that needn't be the case.

In "Easy Entertaining" (Kyle Books), Allen serves up some 250 company-grade recipes designed to provide elegant eating whenever friends get together. Yet the recipes allow busy hosts to spend quality time with their guests.

She touches many bases: brunches, cocktail parties, Christmas dinners and birthday parties.

A good company dish is Allan's Italian omelet, "Frittata with Oven-Roasted Tomatoes, Chorizo and Goat Cheese." Fix it stove-top as she recommends (it took us longer than 15 minutes), or bake it in a preheated oven at 320 degrees Fahrenheit, until done.

Frittata with Oven-Roasted Tomatoes, Chorizo and Goat Cheese (Serves 6 to 8)

Ingredients:

1 pound ripe tomatoes (about 3 medium)

Salt and freshly ground black pepper 8 large cage-free, organic eggs 2 1/2 tablespoons chopped parslev

4 teaspoons fresh thyme leaves 4 teaspoons chopped fresh basil, mint or marjoram

4-6 ounces chorizo, thickly sliced and each slice quartered (about 1 cup)

1 1/2 ounce Parmesan cheese, grated (about 3/4 cup) 2 tablespoons butter

4 ounces soft goat cheese (about 1/2 cup)

Green salad and olives, for serving

**Directions:** 

If using fresh tomatoes, preheat the oven to 350 degrees
Fahrenheit. Cut the fresh tomatoes in half around their equator, arrange them cut side up in a single layer in a nonstick roasting pan, and season with salt and pepper. Roast for 10 to 15 minutes, until almost soft and slightly crinkly. Remove from the oven and let cool.

Whisk the eggs in a bowl and add salt and pepper, the herbs, chorizo and grated cheese. Add the tomatoes, and stir gently.

Melt the butter in a nonstick frying pan. When the butter starts to foam, tip in the egg mixture. Reduce the heat as low as it will go. Divide the goat cheese into walnut-sized pieces, and drop gently into the frittata, spacing them regularly. Let the frittata cook on a heat-diffuser mat for 15 minutes, or until the underneath is set. The top should still be slightly runny. Meanwhile, preheat the broiler.

Pop the frittata under the boiler for 1 minute to set and barely brown the surface. Slide the frittata onto a warm plate, and serve, cut into wedges, with a good green salad and a few olives.

Parmesan and Gruyere Cheese Souffle (Serves 8 to10)

Ingredients:
For the molds:
Melted butter
1/4 cup grated Parmesan cheese,
optional

For the souffle:
3 tablespoons butter
2 1/2 tablespoons flour
1 1/4 cups milk
4 cage-free, organic eggs

1/2 cup finely grated Gruyere cheese

1 cup grated Parmesan Salt and freshly ground pepper Pinch of cayenne pepper Freshly grated nutmeg 8 individual souffle dishes, 2 1/2by-1 1/2-inches high, or 1 large dish 6-by-2 1/2-inches high

**Directions:** 

First, prepare the souffle dish or dishes: brush evenly with melted butter and, if you like, sprinkle with a little freshly grated Parmesan.

Preheat the oven to 400 degrees Fahrenheit, and warm a baking sheet. Melt the butter in a heavy saucepan, stir in the flour, and cook over a gentle heat for 1 to 2 minutes. Take off the heat, and whisk in the milk, return to the heat, whisk as it comes to a boil, and simmer gently for 3 to 4 minutes. Remove from the heat.

Separate the eggs and put the whites into a large copper, glass or stainless steel bowl, making sure it is spotlessly clean and dry. Whisk the yolks one by one into the white sauce, and both cheeses, season with salt, pepper, cayenne and a little freshly grated nutmeg. It should taste hugely seasoned at this point because the egg whites will dull the seasoning. Stir over a gentle heat for just a few seconds, until the cheese melts. Remove from the heat (this can be made ahead up

to this point).

Using clean beaters, beat the egg whites with a little pinch of salt, slowly at first and then faster, until they are light and voluminous and hold a stiff peak when you lift up the beaters. Stir in a few table-spoons into the cheese mixture to lighten it, and then carefully fold in the rest with a spatula or table-spoon.

Fill the mixture into the prepared souffle dish or dishes (if you fill them 3/4 full you will get about 10, but if you smooth the tops you will have about eight.) Bake in the oven for 8 to 9 minutes for the individual souffles, or 20 to 25 minutes for a large one. For a large one, you will need to reduce the temperature to 350 degrees F after 15 minutes, and putting it in a water bath (baking tray of hot water) to bake is a good idea. Serve immediately.

**Tip:** If you fill the souffle dishes to the top, smooth off with a palette knife or spatula, then run a washed thumb around the edge of the dishes before they go into the oven to help get the "top hat" effect when the souffle is well risen.

**Note:** Individual frozen souffles can be baked from frozen, but they will take a few minutes longer to cook.

## A dish family members will talk about for holidays to come

The holiday season is a time for family gatherings, entertaining and cooking.

Whether hosting a dinner for a large family or a few close friends, planning a holiday meal can be a lot of work.

Consider the following times aving tips to help make the most of time in the kitchen to focus on what is truly important – family and friends.

1 cup Smucker's Cherry 1/4 cup red wine vinega 2 tablespoons light corr 1/4 teaspoon cinnamon 1/4 teaspoon ground nu

Stock up on non-perishable baking ingredients that can be used in an assortment of dishes. Pantry staples such as jelly, preserves, peanut butter and flour can be used in a variety of delicious recipes.

Cherry-Glazed Ham (Makes 10 to 12 servings)

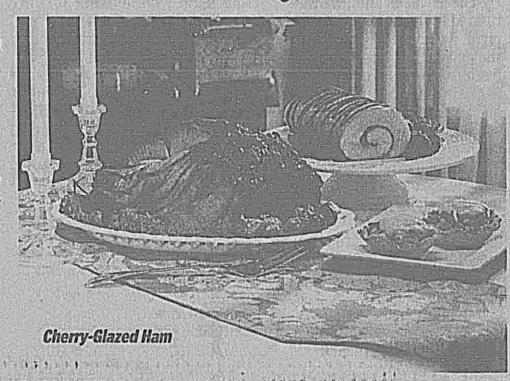
Ingredients:
1 10-pound fully cooked whole

1 cup Smucker's Cherry Preserves
1/4 cup red wine vinegar
2 tablespoons light corn syrup
1/4 teaspoon cinnamon
1/4 teaspoon ground nutmeg
1/4 teaspoon ground cloves
1/3 cup toasted slivered almonds
3 tablespoons water

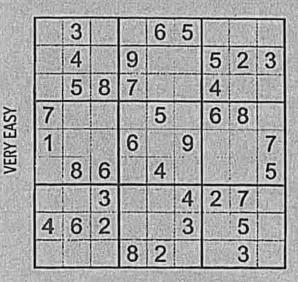
Directions: Place ham on a rack in a shallow

-113 11 1, 6130 E. Y. 417 E. IT.

baking pan. Bake, uncovered, at 325 degrees Fahrenheit about 1-1/2 hours (or until thermometer registers 140 degrees F). Meanwhile, in a saucepan combine cherry preserves, vinegar, corn syrup and spices. Cook and stir until boiling. Reduce heat; simmer two minutes. Stir in almonds. Remove from heat. Set aside 3/4 cup of the glaze. About 15 minutes before the meat is done, spoon glaze over the ham, basting occasionally. Remove ham from oven; place on a heated serving platter. Stir the water into reserved 3/4-cup glaze; heat and serve along with ham.



## SUDOKU



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## CROSSWORD

#### **ACROSS**

- War gear (slang) 5. Engine additive
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- the Hebrew alphabet
- 19. Deliberate subversion
- 21. One who presents a bond for payment 23. A leaf attached di-
- rectly by the base 24. Basic, one two three
- 25. Term of address to
- a boy 26. Nut covering the end of a bolt
- 27. Patti Hearst's captors 30. Bearded reddish
- sheep 34. Seated 35. Cain and
- 36. Pisces or Leo 40. Slang for requests
- 41. Caviar 42. Turkish tour specialists 43. Volcanic mountain
- in Japan 44. Digital tape recording of sound 45. Compass point
- between north and northeast 47. The length of time someone has lived
- 18. Membrane that vi-
- 53. African hunting expedition

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- 61. Japanese socks
- 62. Mormon state 63. A British peer
- 65. Decays 66. Something that links
- Design Assoc.

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- 5. Lightly burnt 6. A figure that
- single root 7. Standard strokes
- 8. Cake soaked in rum & syrup
- 10. Having relatively
- 11. Bert \_\_, Oz Lion 12. Mama \_\_, rock
- singer 14. Collective farm
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56. Expresses

pleasure 57. Dress in India

60. Take in solid food

achievement

54. Highest adult male

53. Boot

## Horoscope

SAGITTARIUS - Nov 23/Dec 21 Keep two steps ahead of everyone around you at work, Sagittarius. You certainly don't want to be left behind, especially since this is a crucial time for performance reviews.

CAPRICORN - Dec 22/Jan 20 A lot is on your plate, so it doesn't need to be added to, Capricorn. Ask others if they can take on some of your responsibilities.

AQUARIUS – Jan 21/Feb 18 That goal you've been aiming for finally comes to fruition, Aquarius.

PISCES - Feb 19/Mar 20 A family member is in need of assistance and looks to you for some guiding words of wisdom.

ARIES - Mar 21/Apr 20 You shake things up at work this week, Aries, and it ruffles a few feathers. Moving forward, you may want to keep a low profile.

TAURUS - Apr 21/May 21 You will receive great news from someone you haven't spoken to in a while, Taurus.

GEMINI - May 22/Jun 21 A big announcement is made by someone close to you, Gemini.

CANCER - Jun 22/Jul 22 Don't rush a big decision you need to make this week, Cancer. You won't be

LEO - Jul 23/Aug 23

satisfied with the results if you do.

Stop worrying about the things you have no control over, Leo. Focus on the things you can control.

VIRGO - Aug 24/Sept 22 A move is coming your way, Virgo.

LIBRA - Sept 23/Oct 23 Don't be so quick to believe everything you hear this week, Libra.

SCORPIO - OCT 24/NOV 22 It may seem like your emotions are all over the place in the next few days, but it's only a temporary situation, Scorpio.



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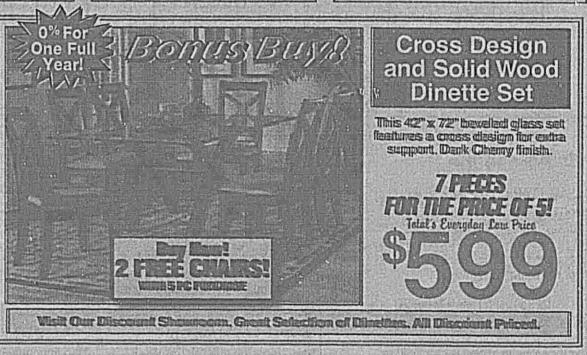
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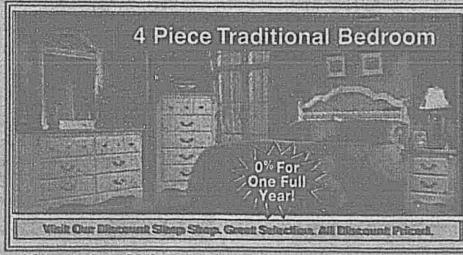
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